# VALAIS. THE RHÔNE VALLEY. TREASURES AT EVERY TURN. 



## The plains of Valais.

## he plains of Valais are united by powerful bonds,

 including the river Rhône, the hillside vineyards, and the canton's exceptional heritage. They are another world - a land within a land that is full of contrasts and abounds with riches.We've put together this new brochure to show you what makes it so special. The brochure aims to provide a source of continuing inspiration, to kindle an irresistible desire to come and visit us here.

Of course, it can't replace the information provided by local tourist offices or a more general introduction to Valais and its exceptional mountains. Instead, it focuses on the touristic offering in the canton's Rhône valley area - one that never fails to deliver

[^0]
## Bilingualism.

Valais has the good fortune of being a bilingual canton - both French and German are spoken here. French is the language of lower and central Valais, while German is spoken in upper Valais to the east of Sierre. In your time here, you may well encounter places whose names are different in the two languages.

If you do, you can use this table to find your bearings again.

| French | German <br> Sion |
| :--- | :--- |
| Sierre | Siders |
| Salquenen | Salgesch |
| La Souste | Susten |
| Loèche | Leuk |
| Tourtemagne | Turtmann |
| Rarogne | Raron |
| Viège | Visp |
| Brigue | Brig |

The place names used in this brochure correspond to the language spoken in the locality concerned.


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## Summer.

ith its vast open spaces, mountainous landscapes
and unspoilt nature, Valais is a dream playground and a magical setting for outdoor activities. At the heart of its main valley, the Rhône cuts through the canton for more than 140 km , offering the opportunity for relaxing walks along its banks as you savour the fresh air and panoramic views.

[^1]
## Excursions.

Whether it's swimming pools, theme parks, wildlife parks, adventure parks, via ferrata, dams, or panoramic railway and gondola excursions, there's no shortage of activities on offer in the Rhône valley. Getting to the summits couldn't be easier either, with access by road or via an extensive public transport network

## Hiking.

The valley is often used as a starting point by hikers looking to escape into the mountains and see Valais from a fresh perspective. On the 8,000km of marked trails, you'll cross suspension bridges, travel along bisse irrigation channels, walk along historic roads, sleep in mountain huts, trek beside glaciers and enjoy much more besides - incredible experiences are part and parcel of hiking in Valais.



## Cycling and mountain biking.

Cyclists can enjoy 2,000km of routes on marked trails that pass along the Rhône, among vineyards and up to the canton's dams and mountain passes via side valleys and slopes. MTB and e-bike fans will find what they're looking for too, with no fewer
than $1,500 \mathrm{~km}$ of official trails in the heart of nature. From valley to summit, a choice of single trails, flow trails, bike parks, pump tracks and skills parks have been created that are sure to delight.

## aînzère



## Winter.

f you like winter, you'll love Valais - it's a snowy wonderland between heaven and earth. The canton's impressive peaks provide a spectacular backdrop for winter sports activities. The possibilities are endless and you can always count on the snow.

## Skiing.

Valais offers snowsports fans an impressive $2,000 \mathrm{~km}$ of ski pistes to tackle. With the highest ski areas in Switzerland, snow is guaranteed here. In Valais, you can enjoy alpine skiing and cross-country skiing as well as tackling the ski touring itineraries or the powdery snow of the freeride routes.

## Winter hiking.

There are a host of well-maintained trails on offer here, whether you're looking for a relaxing stroll or an energetic hike against a spectacular backdrop. Under the winter sun, you'll pass through snowy forests and stop off for a break on superb open-air terraces with breathtaking views.


## Snowshoeing.

From demanding excursions to gentle strolls, anything is possible here. Magnificent trails guide you through forests and vast, snowy landscapes overlooked by 4,000-metre peaks. Once you've enjoyed your first hike, you'll want to keep returning again and again.


## Ski touring and other activities.

Valais is a unique alpine playground for ski mountaineering, with climbs through unspoilt landscapes followed by dizzying descents through powdery snow that will delight anyone seeking a thrilling change of pace. The high valleys and frozen lakes provide the perfect setting for cross-country skiing, while the sledge runs, ice rinks and dog sledding are there for families in the cold season.



## Regional produce.

لalais benefits from an exceptional amount of sunshine, making it a great place to grow all sorts of produce. Whether it's rare spices, wines with subtle aromas, or fruit that's packed with flavour, Valais is a true garden of delicacies that will charm any palate. Embarking on a discovery of the canton's produce means experiencing the ultimate alliance of authenticity and quality. From Valais rye bread AOP made with a strict respect for tradition to saffron harvested like precious gold, Valais gastronomy extracts the very best from what nature has to offer.
valais.ch

## Wine.

With more than 5,000 hectares
of vineyards, Valais is home to
Switzerland's largest winegrowing region. Just under 60 varieties of grape are cultivated at an altitude ranging between 450 and 1,100 metres. The region's Mediterranean climate and calcareous soil produce world-class wines that never fail to tell an amazing story that's charged with emotion Every tasting becomes a unique sensory experience defined by the friendliness and hospitality Valais cherishes so dearly.

## Local delicacies.

The Valais platter is the canton's iconic dish and is great fun to share. Always a star at aperitifs, it combines a range of produce from the canton, including Valais cured meat IGP, Valais cured ham IGP Valais cured bacon IGP, Valais rye bread $A O P$, and Valais salami. Raclette is eaten all year round, while seasonal products such as saffron, apricots and asparagus
offer up deliciously intense taste experiences at different points in the year. In addition to the spices, fruit and vegetables that thrive in the sunshine, Valais has a number of other products that encapsulate all the subtleties of the terroir, including liqueurs, cereals, dried fruit, herbal tea and even locally raised perch.



From 2 persons Guided tour of the old town including the tasting of 5 Sion wines and a selection of cold cuts and the discovery of 3 historical sites of the old twon (Place de la Planta, Sorcerers'Tower, Roman baths) Monday to Saturday at $10.00,15.15$ or 17.00 Duration 2h Fr. 59.- per person


# Living and working here. 

Valais is a dynamic canton and the perfect place to settle major urban centres are easily accessible via an extensive public transport network. There are also exciting career opportunities at family-run SMEs, major international groups, and start-ups with innovative projects, ensuring everyone can find a welcoming space that meets their needs!
valais.ch

## Quality of life.

Valais stands out from other cantons through its competitive cost of living in areas such as real estate, health insurance premiums, tax and childcare. In addition, it offers many residents the chance to live close to nature while working in the valley's cities

## Education.

Considerable emphasis is placed on the quality of education provided to students in a range of different fields. This bilingua canton offers cutting-edge infrastructure and attractive educational opportunities, notably thanks to its competitive universities and the presence of a dedicated EPFL campus and various research institutes

## Technology.

Valais is a true hub of innovation and tech nology, and attracts international groups renowned for their excellent products in the fields of biotechnology, pharmaceutics and chemistry, as well as microtechnology precision mechanics, robotics and aluminium processing. The Valais Innovation Park also offers a fertile ecosystem for developing ideas and encouraging the growth of start-ups.



## Wellness/ thermal baths.

The warm water that bubbles up from the depths of the canton's mountains is perfect for relaxing and unwinding. The thermal baths harness the benefits of nature to create a true oasis of well-being that promotes relaxation and recovery. There's nothing better for body and soul than a soak in an outdoor thermal bath, where you can enjoy a superb view of the Valais mountains.

## Families.

Valais is both a unique natural playground and a great place for families to get away from it all. It benefits from a wide range of offers and infrastructure suitable for kids and grown-ups alike, whether they're keen hikers, nature fans, or looking for adventure in the leisure and wildlife parks.


## Culture.

Valais is proud of its heritage and has plenty of stories to tell. The traces of its glorious past can be seen in its historic ruins, castles and museums. There are many ways to experience the canton's heritage: you can walk the trails that follow the ancient bisse irrigation canals or travel along the historic roads, pilgrimage routes and cultural itineraries that run across the canton, such as the Via Francigena or Via Stockalper.

## Events.

Cow fighting festivals, sporting competitions and wine tastings: the plains of Valley offer a host of outstanding events throughout the year. Whether it's as a spectator or a participant, sports fans, culture aficionados, music lovers and visitors from far and wide will find what they're looking for here along with an unparalleled atmosphere and a breathtaking natural backdrop.

## SION



Enjoy beautiful walks along the water, through vineyards, past terraced walls, in forests, orchards or pastures...

Terroir wines
designed to share.
\#tavolataVS
Switzerland. Naturally.


VOUCHER* CHF 15.00
*Valid in our shop from purchases of CHF 100.00 on wines or activities

TAKE A TOUR OF OUR WINE CELLAR

AND TASTE OUR WINES AFTERWARDS

CHILDREN CAN TASTE SYRUPS

## PRACTICAL INFORMATION

(\#) Find out more about our wine-tasting and make your
reservation at www.gilliard.ch
(J) Open Monday to Saturday and on Sundays for 10 people and above
(2) CHF 15.- per pers. (free of charge until 16 years old) A variety of tasting packages to choose from

Wine-tasting at Sion Vinotèque
Monday to Friday
Saturday
$9 \mathrm{am}-\mathrm{no}$ $9 \mathrm{am}-4 \mathrm{pm}$

## Offers.

## i <br> Information \& reservations at the tourist office and/or the relevant partner.

## LE BOUVERET/SAINT-GINGOLPH

## $25 \%$ off

Swiss Vapeur Parc
Ride scale models of trains through this charming leafy park, with its replicas of buildings and features in typical Swiss style.

## SAINT-MAURICE

## From CHF 237.

Tour des Dents-du-Midi
This hike, open to all over 2,3 or 4 days
between June and October, leads through a spectacular landscape of lakes, glaciers and waterfalls.

## MARTIGNY <br> CHF 15.

Follow the guide
This tour offers you the discovery of the town of Martigny, its attractions including its famous archaeological sites, its castle
(Bâtiaz) and even the Morand distillery.
You won't be disappointed.

## SAILLON

One entry fee, one entry free Musée de la Fausse Monnaie

Nested in the heart of the medieval town, the Museum of Counterfeit Monney offers a historical approach that compares the ancient and current techniques of making reliable currencies alongside the know-how of the best counterfeiters.

## SION

CHF 49.- instead of CHF 59.
Guided tour offering:

- Tasting: 5 Sion wines and a Valais selection of cold cuts
- Discovery: 3 historical sites of the old town (Place de la Planta, Sorcerers' Tower, Roman baths)


## SIERRE

CHF 99.-
CHF 149.- e-bike included

## Gourmet excursion

For your next trip to Sierre, take the Tourism Office's advice and embark on a gourmet excursion - on foot or on bike. A harmonious blend of the region and its heritage, discover unfamiliar local places, taste five regional wines and savour a regional meal.

LEUK
CHF 49.-
Savurando / Enjoyable hike
This enjoyable puzzle hike takes you on a playful, informative and culinary tour through a scenically very impressive part of the nature park. You walk along natur- oriented cultivated vine terraces with a grandiose panorama of the Pfynwald conservation area and the free-flowing Rhone.

## VISP

CHF 3.-
Audio guide
Explore the Old Town of Visp with an audio guide.

BRIG
-50\%
Stockalper Palace
Join a guided visit of the Stockalper
Palace at half price.

LeBouveret
Les Evouetes Port-Valas

## We come

to pout mintis
www.bouveret.ch (f) (o) Bouveret Tourisme


REGION
Le Bouveret/ Saint-
Gingolph
(i) sided tours


1 / Aquaparc
Water park for all the family Open all year. More than 7 km of giant slides. Swimming pool with waves

Rte de la Plage 122 Le Bouveret
+41 (0)244820000 www.aquaparc.ch

## Q Bouveret



4 / Léman Forest
Rope park through treetops. Outdoor lase game. "Kids' forest". Adventures in nature

Chemin du Crêt Saint-Gingolph (France) +33 (0)4 50767474 www.leman-forest.com

Q St-Gingolph (Switzerland)


2 / Swiss Vapeur Parc
Miniature railway (scale 1/4) offering passenger rides. Replicas of historic Swiss buildings

Rue du Port 10
Le Bouveret
+41 (0)2448144 10
www.swissvapeur.ch
Q Bouveret


5 / The Mosimann Collection
Tribute to the chef Anton Mosimann: the man, his innovations and his love of art and gastronomy César Ritz Colleges.

César Ritz Colleges
Route Cantonale 51a Le Bouveret
+47 (0)24 4828282
www.mosimanncollection.ch
Q Bouveret


## THE SALT ADVENTURE

STEP ON BOARD THE MINERS'TRAIN


- alf-way between Lake

Geneva and the Valais Alps, Monthey is a lively town whose liveliness owes a great deal to its cultural, sporting and festive activities.

Monthey Tourisme
Place Centrale 3
1870 Monthey
+41 (0)24 4757963
tourisme@monthey.ch
www.montheytourisme.ch


1/Théâtre du Crochetan
Cultural powerhouse staging more than 50 shows a year, from classical offerings to daring creations. Don't miss the gallery inside and lovely park outside.

Rue du Théâtre 6, Monthey +41 (0)24 47579 O9
www.crochetan.ch

## Q Monthey



3 / Verney sporting complex
Multifunctional site. Skating rink, tennis, skatepark, beach volleyball, athletics track, football and basketball.

Rte du Verney, Monthey
Q Monthey


2 / Pont Rouge

One of the Valais' biggest venues for today's edgiest music. International names and local talent perform here.

Av. de la Plantaud 122, Monthey www.pontrouge.ch

## 2 Monthey



4 / Weekly market
Every Wednesday morning since the Middle Ages and going strong. Local produce and friendly atmosphere.

Centre-Ville, Monthey
Q Monthey-Ville


5 / Vièze gorge
The gorge of the Vièze river showcases both local nature and local history. Surprisingly close to the town centre and ideal for an educational hike, including a breathtaking 90-metre-high footbridge.

B Monthey, Vieux-Pont


6 / Erratic boulders
Educational trail between Monthey and Collombey and skirting huge blocks of rock deposited by the Rhone glacier as it receded 15000 years ago.

Q Monthey-Ville


7 / Outdoor swimming pool
A place to relax for watersports fans. Olympic pool, pool for non-swimmers paddling pool, toboggans, river, diving boards, beach volleyball. Water heated o 25 degrees.

Monthey
47 (0)244712543
www.piscinemonthey.ch
Q Monthey, Europe/Plantaud


8 / La Gare, arts and jeunesse
Cultural hub for the
children. Shows of all
kinds for all generations.
Av. de la Gare 60
Monthey
ww.la-gare.ch


## Use your smariphone to discoyersaintraurce



## Saint-Maurice.

Lower Valais

Situated at the foot of dramatic cliffs, between the shores of Lake Geneva and the Alpine summits, Saint-Maurice is a town full of charm, art and history.

Saint-Maurice
Tourist Office
Place de la Gare 2
1890 Saint-Maurice
info@saint-maurice.ch
+47 (0)24 4854040
www.saint-maurice.ch

REGION
Saint-
Maurice


1/ Abbey of Saint-Maurice
Abbey founded in 515 AD 1,500 years of uninterrupted monastic life. Archaeological site. Priceless treasury. Fun tour with audioguide
Av. d'Agaune 19
Saint-Maurice
+41 (0)24 4851534
www.abbaye-stmaurice.ch
©
t-Maurice


2/Grotte aux fées
The first tourist cave opened to the public in Switzerland in 1864. "Fairies' cave" with 0.5 km theme trail. Thousands of years of history. Small underground lake and impressive waterfall.

Rte du Chablais 1
Saint-Maurice
441 (0)24 4851045
www.grotteauxfees.ch
St-Maurice


## 3 / Château de Saint-Maurice

Original exhibitions wit visual storytelling. Castle with a rich history, built to guard the entrance to the Rhône valley.

Rte du Chablais Saint-Maurice
+41 (0)24 4852458
www.chateau-stmaurice.ch

## 4 / Historical forts

The hidden face of military fortifications once classified "top secret". Cindey and Scex in Saint-Maurice, but also Dailly in Morcles to relive the history of the military fortifications
www.forteresse-historique.ch www.cipad.ch


5 Bains de Lavey
Thermal spa: 3 pools with power jets, waterfalls, flowing currents and water beds.
Oriental area with 2 ham mams. Nordic pavilion

Rte des Bains 48 Lavey-les-Bains 44 (o)24 4861555
www.bains-lavey.ch
B Lavey les Bains, Et. Thermal


## 8 / The Martolet Theater

The largest performing arts venue in Valais. High quality performances including music, theatre, singing, dance and variety shows. Throughout the year.

Rue Charles-Emmanuel de Rivaz 1890 Saint-Maurice www.martolet.ch

/ An entertaining anecdotal stroll in Saint-Maurice

Original and entertaining tour of Saint-Maurice using a smartphone. Recorded anecdotes, and challenges $f$ or you to meet, with the GuidiGO app.
www.saint-maurice.ch/guidigo

Q St-Maurice


## / Art Galeries

Espace ContreContre Galerie OBLIQUE et Fondation Ateliers d'Artiste. Contemporary and modern temporary exhibitions. A different programme every year.
www.contrecontre.com www.galerieoblique.ch www.ateliersdartiste.org


7 / Veni Vidi Bibi
A guided walking tour of the town as well as a visit to the Abbay Treasury and an opportunity to taste the Abbey's wines and/or the beers. In an authentic room of the monastery.
wwwsaint-mauricech/venividibibi Q St-Maurice


10 / The village of Mex
Mex is a small, picturesque and unusual village at an altitude of $1,118 \mathrm{~m}$. Starting point for many hikes, including he Tour des Dents-du-Midi. At the foot of the Cime de l'Est.
www.mex-vs.ch
(1) Mex VS


## Jeu de piste $O$ gourmand



## Martigny.

Lower Valais

$M_{\text {with a rich historical }}^{\text {artigny has been left }}$ past (Roman remains, Bâtiaz Castle) two museums unique in Switzerland and an impressive collection of sculptures complete the cultural elements of this artistic town.

Martigny Tourist Office Av. de la Gare 6
1920 Martigny
info@martigny.com +41 (0)27720 4949 www.martigny.com

## REGION

Martigny

i. guided tours

## 1/ Fondation Pierre Gianadda

Major art museum with prestigious exhibitions. A park with more than 50 sculptures. Automobile museum and Gallo-Roman museum Concert season. A leading arts venue since 1978

Rue du Forum 18, Martigny +41 (0)27 7223978
www.gianadda.ch

## Q Martigny-Bourg



## 3 / Roman Martigny

The most striking structure from the Roman period in this region, the Amphitheatre is freely accessible. Today, it is still an entertainment venue (shows, open-air cinema, opera and even cow fighting).
+47 (0) 277204949
www.martigny.com


## 2 / Barryland

St-Bernard dogs. Permanent exhibition on the history of the Great St-Bernard Pass and hospice. Souvenir shop. Restaurant with attractive terrace.

Rue du Levant, Martigny
+41 (o) 277205353
www.barryland.ch

Q Martigny-Bourg


## 4 / Bâtiaz Castle

Tavern and medieval events. There's an exceptional view over the Rhone valley from the top of the dungeon. Open from May to October. Guided visits.
+47 (0) 277212270
www.batiaz.ch
©


## / Town manor

18th-century manor house. Contemporary art space. Mix of visual arts, literature, music and philosophy. In the attic, the Sound museum explores the history of sound throug various objects and instruments

Rue du Manoir 3, Martigny +41 (0)27721 2230
www.manoir-martigny.ch
(B) Martigny, Bassin du Manoir


8 / Earth Sciences Museum
Collection of minerals
Temporary exhibitions Lecture series. Replica of a mine in the basement.

Av. de la Gare 6, Martigny
+47 (0)27 7231212
www.sciencesdelaterre.ch

## Q Martigny



7 / Distillerie Morand
Syrups and well-known eau-de-vie such as Williamine ${ }^{\circledR}$ and apricot liqueur. Ideas for gifts. Guided visits.

Rue de Plaisance 2, Martigny +47 (0) 277222036 www.morand.ch

B Martigny, Hôpital

/ Semblanet Mill
One of the few 18th-century watermills still in operation. Exhibition venue for local artists. Sampling and bread manufacture from the mill (by reservation on Fridays), local wines and typical dishes.


## o / Plan-Cerisier

Typical small winemaking village of stone-roofed houses surrounded by vineyards. Café with shaded terrace. Magnificent views of the Rhône valley. Plus small vineyard museum.
B. Martigny-Croix, Croisée
+47 (0)277225198 www.moulinsemblanet.ch


Active in more than 160 countries in favour of the right to good, clean and fair food for all, the Slow Food movement networks local artisans and invites the public to understand their approach in order to promote responsible consumption.

## Discovering the Valais through the prism of its local artisans

Tours centered around regional products and wine with a notion of sustainability? - This is what the "Slow Food Travel" project offers through didactic and friendly experiences with local craftsmen.

Along the Rhone Valley, its dedicated offer allows you to become familiar with emblematic indigenous grape varieties through targeted and richly narrated tastings.

Discover exclusive activities: www.slowfood-rravel.ch

## Fully. <br> Lower Valais

W<br>lll-known for its Petite Arvine and its Chestnut Festival, Fully is first and foremost a destination of stunning nature. Located at the foot of the Chavalard, its glorious landscapes include a wide vineyard domain and the "Follatères" nature reserve.

Fully Tourisme
Rue de l'Eglise 54
1926 Fully
+47 (0)277462080
ot@fully.ch
www.fullytourisme.ch


3 / Combe d'Enfer
(Valley of Hell)
Unique vineyard and milestone of the "Grand Tour of Switzerland". Stroll through this steep domain on the vineyard and gatehouse trail.
+47 (o)277462080 www.fullytourisme.ch
© Fully, Pont de la Louye


1/The Chestnut Grove An educational trail meandering through this picturesque forest. Every October, Chestnuts are in the spotlight of the traditional Chestnut Festival.
+47 (0)277462080
www.fetedelachataigne.ch
© Fully, Creppier


2 / Les Follatères
The "Follatères" nature reserve offers a breath-taking view on the Rhône bend. Every year, as soon as snow starts melting, you might be able to enjoy a spectacular display of blooming spring meadow saffron (bulbocodes).
+47 (0)277462080 www.fullytourisme.ch
(a) Branson, Pont du Rhône


4 / Belle Usine
Former hydroelectric power plant repurposed as a renowned cultural centre with its concerts and exhibits taking place all year round.
+41 (0)27746 2080
www.fullytourisme.ch
© Fully, Creppier


## 5 / GeoTour

Discover our town's touristic and historical gems through a 20 geocaches adventure on Fully'shill side.
+41 (0)277462080
www.fullytourisme.ch
(a) Fully, Mazembroz



## Saillon.

Central Valais

- alfway between Martigny
and Sion, Saillon is known
as the capital of asparagus - and above all as one of the most beautiful villages in French speaking Switzerland.

Tourismusbüro Saillon Route du Centre Thermal 14 1913 Saillon
tourisme@commune-saillon.ch +41 (0)27 7441895 www.saillon.ch

Bains de Saillon - Route du Centre Thermal 16 - 1913 Saillon T +41 (0)27602 1111 - info@bainsdesaillon.ch

## REGION

Saillon
guided tours


1/Bains de Saillon
Thermal spa complex with 4 pools including a semiOlympic pool. Thermal river. Sauna/hammam area. Carpe Diem Spa. Slides, giant water slide and paddling pool (in summer).
+47 (O)27 60217
www.bainsdesaillon.ch
Baillon, Les Bains


3 / Stained-glass window trail
Path leading from the Rhône valley up to the Farinet vine. Less than an hour's walk. Through the vineyards.
C. Saillon, Collombeyres


2 / Medieval village
One of the best-preserved medieval villages in Switzerland. Twisting, steep cobbled streets. Vaulted passageways and flights of steps.

Q Saillon, Collombeyres


5 / Via Farinetta
Via ferrata. In the wild gorges of the river La Salentze.

C Saillon, St-Laurent


## CHAMOSON

Conviviality as a way of life

18 RESTAURANTS, 4 WINE-TASTING CELLARS, 30 WINE CELLARS
MANY HAPPY TIMES


## CHAMOSON

terre de culture

REGION
Chamoson

guided tours

## 

2 / From the Vine to the Peak trail Sentier du Cepà la Cime

Leading through vineyards, forests and waterways, thi educational trail takes you on a tour of discovery through the many facets of the Chamoson landscape, and it tells the tale of the people who shaped it.

From Chamoson
Saint-Pierre-de-Clages station +47 (0)27 3065006 www.chamoson.ch

Q Chamoson-St-Pierre-de-Clages


5 / Espace Johannis
A modestly-sized events venue offering concerts, theatre, cafe-theatre and dance in a warm and festive atmosphere
Rue Plane Ville 24
Chamoson
+41 (0)27 3065006
©
Chamoson, Poste


guided tours


## 2 / Pedestrian city centre

Renovated, cobbled heart of the Old Town. 700 shops, restaurants with terraces. Meeting zone with priority for pedestrians.

## Q Sio

 the "bisses". Restaurants.www.musees-valais.ch
Q Sion, Nord

## 1 / Castles Valère and

 TourbillonLandmark castles: Tourbillon (14th century, open in summer) and Valère (11th-13th century, open all year), home of the Valais History Museum.
+47 (0)2760647 15
www.musees-valais.ch

## 4 / "Bisses" waterways

Six footpaths along "bisses", the historical irrigation channels of Valais. Spectacular views over the terraced vineyards and Rhône valley along


3 / Valais cantonal museums
Three complementary museums: the Valais Art Museum, Valais History Museum and Valais Nature Museum. Located in the Old Town.


5 / P'tit sédunois
Small tourist train. Rides through the Old Town and the surroundings (Domaine des Îles and the Montorge nature reserve). June to September


## 8 / Alaïa Bay

The first wave pool in con tinental Europe, accessible to beginners and advanced surfers. A place open to everyone with a restaurant with a panoramic view on the pool and the alpine scenery. Open from February to December.

[^2]

6 / Weekly marke
Every Friday, frome 8 am 2 pm . One of the largest in French-speaking Switzerland. A link between local wines, gastronomy and the Old Town.
www.mvvsion.ch
Q Sion


9 / Domaine des Îles
Recreation area prized by locals and visitors. Lakes and green spaces. Restaurant and picnic area. Mini-golf. Climbing wall. Adventure park.
www.bourgeoisie-de-sion.ch
Sion, Les Iles Est


7 / Realfly - indoor skydiving
Switzerland's first and only closed-circuit skydiving simulator. Flights at $200 \mathrm{~km} / \mathrm{h}$. Supervised by an instructor. Accessible to all.
+47 (0)27 3229292 www.reallly.ch
(1) Sion, Voirie


10 / Discovery Walk
Itinerary linking the highlights of Switzerland's oldest town. 14 stops. 2.3 km. 1 hr 30 min of walking.



DISCOVER UNIQUE SPOTS IN THE REGION OF SIERRE
and taste 5 iconic wines from the region with an authentic Valaisan meal

## Sierre.

Central Valais

Situated on the canton's linguistic border, Sierre aptly deserves its nickname "Cité du Soleil" - or "City of the Sun" - due to its impressive sunshine record. Nestling between Val d'Anniviers, Crans-Montana and Leukerbad, the Sierre region is an exceptionally sunny landscape shaped by a generous number of vineyards. In our region, wine is a way of life!

Tourist Office of
Sierre, Salgesch
\& the surrounding area Avenue Général-Guisan 6 3960 Sierre
info@sierretourisme.ch +47 (0)27 4558535 www.sierretourisme.ch
sierre
the wine capital of switzerland


1 / Château de Villa
Ultimate paradise for lovers of Valais specialities. Nowadays, this 16th century patrician residence is home to a restaurant dedicated to Valais specialities and a wine emporium boasting nearly 650 of the canton's finest crus.

Rue Ste-Catherine 4, Sierre +41 (0)27 4551896 www.chateaudevilla.ch

## © Sierre, Villa



2 / Wine Museum \& Vineyard Trail

This 6 km educational trail links the two wine museum exhibitions in Sierre and Salgesch. The trail is marked with 80 informative signs among the vines, inviting you to discover local wine-making villages and viticultural techniques.
a) Rue Ste-Catherine, Sierre +47 (0)27 4563525 b) Museumplatz, Salgesch +47 (0)274564525
www.museeduvin-valais.ch
Q Sierre/Siders or Salgesch


3 / Château de Venthône
A medieval tower at the heart of a typical village, Château de Venthône is home to a gallery exhibiting renowned artists.
Rue du Château, Venthône
+47 (0)27 4557633
www.galerie-venthone.ch
©. Venthône, Village


4 / Underground lake
Formed at the same time as the Alps themselves, the Saint-Léonard underground lake lies 30 to 70 metres deep beneath the vineyards above and extends to an incredible 300 m in length.

Rue du Lac 21, Saint-Léonard +47 (0) 272032266
www.lac-souterrain.com


## 5 / Pfyn-Finges Nature Park

One of the most important sites of biodiversity in Switzerland, the park's landscape is shaped by an untouched part of the Rhône, marshes, steppes, an alluvial forest, a virgin forest and meadows where a great variety of flowers come into bloom.
Natur- und
Landschaftszentrum
Kirchstrasse 6, Salgesch
+47 (0)274526060
www.pfyn-finges.ch
Q Sierre/Siders, Salgesch ou Leuk


## 8 / Rilke Foundation

Tribute to the poet Rainer Maria Rilke. Permanent and special exhibitions. Lectures Readings. Poetry walks.

Rue du Bourg 30, Sierre +47 (0)27 4562646
www.fondationrilke.ch
Q Sierre/Siders


6 / Salle Recto-Verso
Multi-functional venue. Cultural seasons blending music, theatre and comedy Sporting events, seminars and conferences.
Rue Centrale 182, Grône +41 (0)2745810 24 www.salle-recto-verso.ch Brône, Écoles

7 / Château Mercier
Built in 1908, Château Mercier is a unique attraction that melds architecture, culture and exceptionally beautiful gardens. In a superb location amidst the vineyards on the hill of Pradegg, it has a wonderful view overlooking Sierre.

Montée du Château, Sierre +41 (0)27 4512222 www.chateaumercier.ch
© Sierre, Beau Site


10 / Théâtre Les Halles
Théâtre Les Halles offers the best in contemporary creativity. This means that while remaining true to its roots, Théâtre Les Halles is as much about life as it is about art.

Rte de Ancien Sierre 13, Sierre +47 (0)27452 0290 www.th-sierre.ch




## Leuk.

Upper Valais
deally situated at the heart
of the Pfyn-Finges regional
nature park, Leuk is notable for
its castles and its centuries-old vineyards.

Leuk Tourist Office Bahnhof 6
3952 Susten
info@leuktourismus.ch +41 (0)27 4731094 www.leuk.ch

REGION
Leuk


1/Bhutanese Bridge
134 metres long across the Illgraben, the bridge connects the Upper and Lower Valais. A bridge to different cultures. Circular hike 2.5 h

B Susten, Ober Feithieren


2 / Castle \& village of Leuk
$13^{\text {th }}$ century castle. Restored by the architect Mario Botta Open: July - October Mo-Fr Leuk town, 15th century village with a mediterranean character.
www.schlossleuk.ch
B) Leuk, Stadt


5 / Turtmann
Historical village. Stone buildings from the 17th century.
+41 (0)27 9323418 www.altesturtmann.ch Q Turtmann



## Visp.

Upper Valais

A
key railway hub, Visp is home to traffic-free roads, flower-filled terraces, a wide variety of cultural and sports attractions, and a charming Old Town that rewards leisurely strolls.

Visp Gewerbe und Tourismus
Balfrinstr. 3
3930 Visp
info@visp.ch
+41 (0)27 9461818 www.visitvisp.ch

REGION
Visp

i guided tours


3 / Old Town
Well-preserved Old Town. Italian-style atmosphere.
Q vi

1/ La Poste - culture and conference centre

Performances of operas, concerts and plays from all over the world. Productions by local associations.

La Poste Platz 4, Visp
+41 (0)27 94833717
www.lapostevisp.ch
(2vis


4 / La Poste - art exhibitions
Exhibition space with largescale works by artists from the region.

La Poste Platz 4, Visp
+41 (0)27 9483317
www.lapostevisp.ch

## 园 V



2 / Farmers' market
Every Friday. Attractive showcase for local produce. Popular rendezvous for people from throughout the region.

Kaufplatz, Visp
(2) V


5 / Lonza Arena - Ice sports and event hall

Public ice skating, exhibitions, events, ice hockey matches.

## Torweg 3, Visp

+41 (0)27531 1000
www.lonzaarena.ch
© Visp, Arena


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DIVE - INTO A WORLD OF WELL-BEING AMIDST SNOWY MOUNTAINS<br>AND IDYLLIC TRANQUILLITY

## Brig.

Upper Valais
ateway to the Simplon ass, Brig is a lively town of flower-filled squares and gardens, full of southern charm.

Brig Simplon Tourism AG Bahnhofplatz 2 3900 Brig
info@brig-simplon.ch
+41 (0)27 9216030 www.brig-simplon.ch



5 / Shopping
Tempting boutiques and stalls along the Bahnhofstrasse and throughout the Old Town.
www.gewerbe-brigglis.ch
Q Brig

## 1 / Stockalper Palace

Built in the 17th century in baroque style. Tribute to Kaspar Stockalper, "King of the Simplon", who made a fortune selling salt and trading goods over the Simplon Pass. Q Brig


2 / Museum of the Swiss Guard and fortress

Tribute to the community of Naters. Principal supplier of Swiss Guards to the Vatican for 500 years. www.zentrumgarde.ch

## Q Brig



## 7 / Brigerbad

Thermal spa complex. 12 pools. Giant alpine slide Wellness and beauty area Spa. Grotto. Children's pool.

Thermalbad 7 , Brigerbad +47 (0)27 9484848 www.brigerbad.ch

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## Holiday map. Valais.



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[^0]:    This brochure is available in French, German and English.

[^1]:    valais.ch

[^2]:    www.alaiabay.ch

