

Jogne Valley Charmey



AUTA CHIA TRAIL

Snowshoe trail (SwitzerlandMobility - 288)

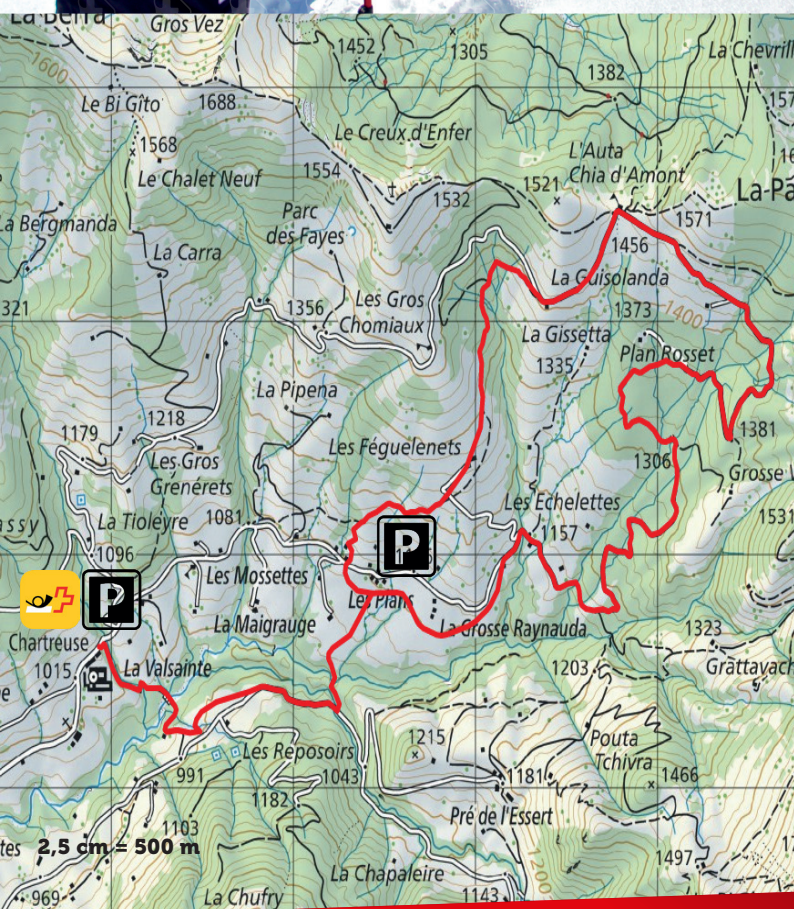


Description

DIFFICULTY DIFFICULT	TYPE OF ACTIVITY SPORT
DURATION 3.30 HOURS	LENGTH 9 KM
POSITIVE ALTITUDE 396 M	NEGATIVE ALTITUDE 406 M
ALTITUDE MIN. 1081 M	ALTITUDE MAX. 1467 M
PARKING AND START LA VALSAINTE, 1654 VAL-DE-CHARMEY LES PLANS, 1654 VAL-DE-CHARMEY	



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During this circular hike, you will see the alpine chalets: Les Féguelenets, la Guislanda or la Grosse Raynauda. Auta Chia offers you a magnificent panoramic view of La Gruyère and the peaks of the Fribourg Pre-Alps, before a pleasant descent into the forest.

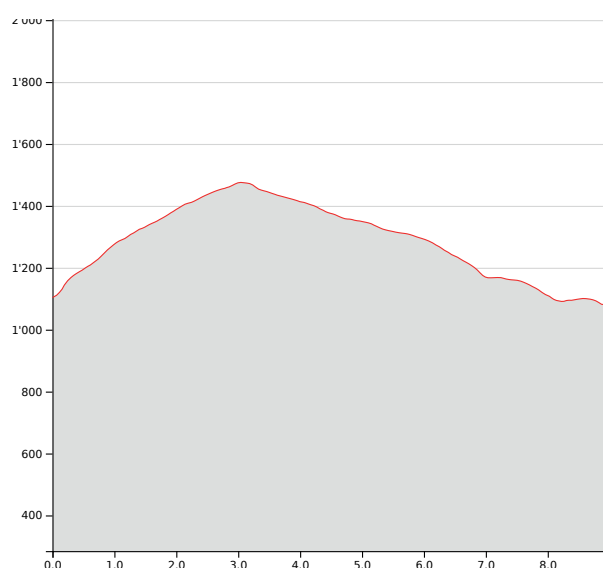
In this valley of the Javro, the Chartreux monks of the Valsainte have found their source of life and a haven of peace. The trail starts near the imposing Valsainte enclosure. It will take you to the high ground in about 3h. Who wants to shorten this part can also start at the Plan car park, 2 km after the enclosure.

The route takes you to several mountain pasture chalets, part of the Fribourg cultural heritage: the Féguelenets pasture and its large chalet, followed by a route through the Guislanda forest, in a calm and magical environment. An impregnable panorama awaits you: Moléson, Dent de Broc, Gros Brun, Vounetse and Berra. Once you reach the pass, you will discover the Auta Chia mountain hut (closed in winter), from where you can also reach La Berra by a pretty ridge to the West, or to the East Schwarzsee via La Patta and Le Fuchses Schwyberg.

The return is mainly between clearings and forests, to get to Les Echelettes by the forest road. Allow about 3 hours for the descent until the Valsainte monastery or 2h15 until the parking Les Plans. The Auta Chia itinerary can be done in both directions.

This unprepared itinerary is marked. You take this trail at your own risk. Snowshoeing is done in the mountains, therefore, certain rules must be respected for your safety.

More information at
www.la-gruyere.ch/snowshoeing



FOR QUESTIONS

La Gruyère Tourisme

Place des Alpes 26, 1630 Bulle

T +41 (0)848 424 424 / www.la-gruyere.ch/snowshoeing

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