

Jogne Valley Charmey



LA MONSE TRAIL (+ LA TZINTRE)

Snowshoe trail (SwitzerlandMobility - 269)

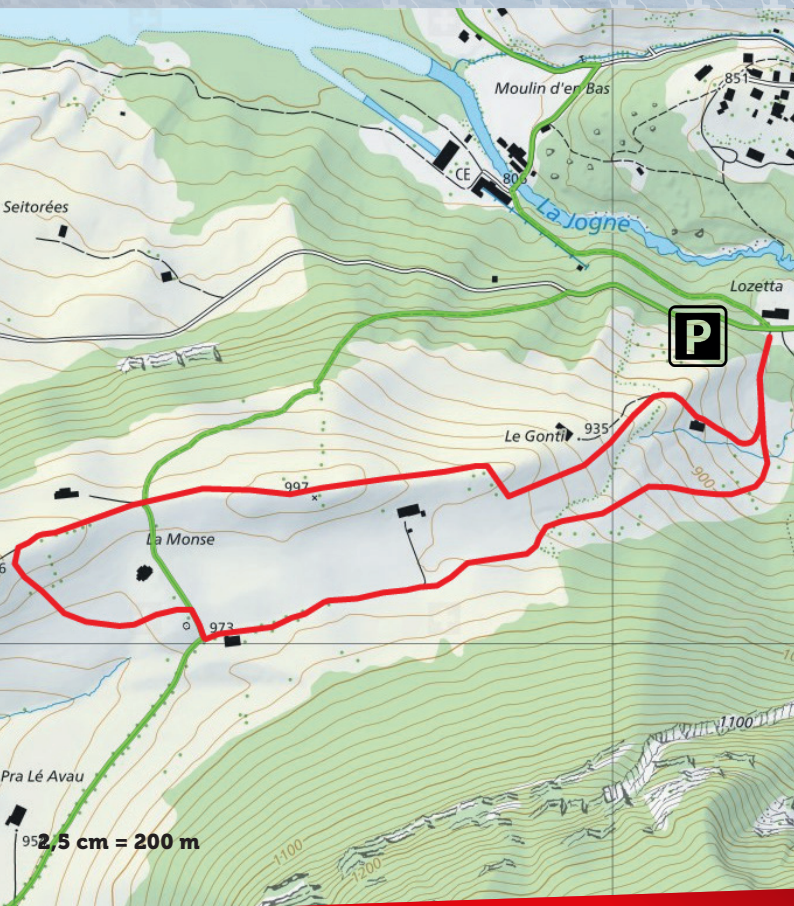


Description

| | |
|---|--------------------------------|
| DIFFICULTY EASY | TYPE OF ACTIVITY SPORT |
| DURATION 1.40 HOURS | LENGTH 3 KM |
| POSITIVE ALTITUDE 200 M | NEGATIVE ALTITUDE 200 M |
| ALTITUDE MIN. 847 M | ALTITUDE MAX. 1006 M |
| PARKING AND START ROUTE DE MOTÉLON 1637 VAL-DE-CHARMEY (DÉCHETTERIE «LODZETTA») | |



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Close to the village, "La Monse" snowshoe trail is accessible to most people. A short walk with no major difficulties, it offers a pleasant panoramic view of the village of Charmey.

Starting at "Lodzetta" (Charmey's waste reception centre), follow the way-marking that starts next to the picnic area. Stretch your legs with a short climb that takes you to the Monse valley.

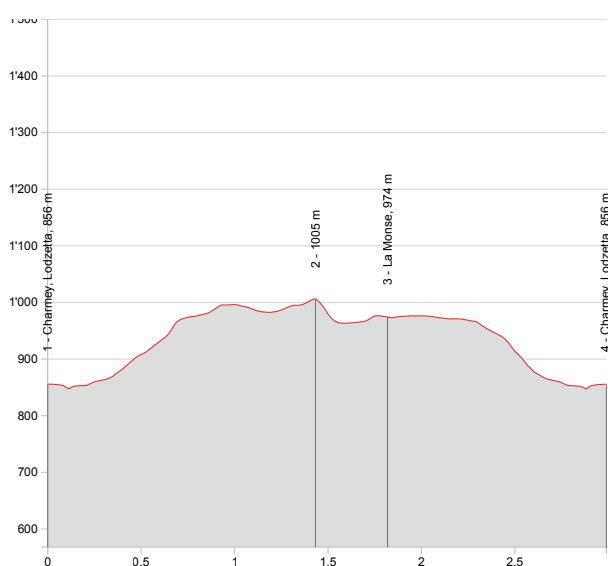
At this point, the path becomes flatter. Walk as far as La Monse chapel with its magnificent roof made from wood shingles, which dates back to 1614. The mountain chalet alongside is the oldest one still in operation in Fribourg canton. It is a cube made of wooden beams, topped with a tall, pyramid-shaped roof made of wooden shingles. The timber work dates back to 1618. Continue your walk towards a telecommunications mast. Then cross the valley to return to your starting point, walking on the other side of the valley. As you pass, you can admire a remarkable dry-stone wall, which provides a home for numerous insect and reptile species during the winter. This walk is accessible to all and does not present any particular difficulties. The route can be walked in either direction.

Schleife von La Tzintre (in Orange):

Longue de 0,8 km. (temps de marche : 30 minutes), la petite boucle de la Tzintre est idéale pour découvrir la pratique de la raquette à neige.

This unprepared itinerary is marked. You take this trail at your own risk. Snowshoeing is done in the mountains, therefore, certain rules must be respected for your safety.

More information at
www.la-gruyere.ch/snowshoeing



FOR QUESTIONS

La Gruyère Tourisme

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