

LA BERRA

FRIBOURG'S LOCAL MOUNTAIN

La Berra, situated in La Gruyère, is a small but beautiful recreational and sports area. The view from the 1,719 metre high summit of La Berra is spectacular. You can see Lake Gruyère with the Isle of Ogoz and far beyond, the Three-Lakes Region and the Jura, past the Fribourg Pre-Alps, to the snow-covered peaks of the Bernese Alps. As it is located in the vicinity of Fribourg and Bulle, skiing began here in the 1920s. In winter nowadays, the family-friendly La Berra can be accessed by a hybrid lift with chairs and cable cars, as well as by four ski lifts. La Berra is a popular venue with over 20 kilometres of slopes, three restaurants, the ski school, signposted snowshoe trails and a Vitaski ski touring trail for competitive ski tourers.

In summer, La Berra is a wonderful, peaceful hiking area. Forest, pastures and the typical Alpine chalets, with their shingle roofs, characterise the landscape. The signposted hiking trails can be combined with

the cableway, which is accessible by a Fribourg public transport bus from La Roche at the weekends. From the Buvette de La Berra, the restaurant at the summit, it is possible to take panoramic walks to Le Gîte d'Allières Alpine tavern or to the nice Buvette du Gros Cousimbert, for example. Visitors who cannot get enough of the spectacular views of Kaiseregg and Schwyberg can spend the night in the two Alpine huts. It is very easy to get into the holiday mood on the theme trails, in the playground and by studying the panorama boards in La Berra and its surroundings. Lake Gruyère is the place for visitors who want to enjoy a view on the water. Mountain bikers rave about La Berra. A wonderful circular route starts in Plaffeien and goes along the ridge, around the Plasselbschlund, to the summit of La Berra, returning via Schwyberg.

www.la-gruyere.ch/lake



DISC GOLF



Sociable: La Berra cableways started attracting visitors with a new activity, the disc golf course. The start is a 20-minute walk from the top station. Nine metal baskets are mounted as targets and players complete a hole by throwing a disc until the target is reached in as few throws as possible. This entertainment is ideal for groups. The discs may be hired from the valley station or at Le Gîte d'Allières mountain restaurant.

SLOWUP LA GRUYÈRE



Traffic free: Free entry and all systems go for bicycles and inline skates covering a distance of 26 km around Lake Gruyère. If you start in Bulle, head towards Broc first, where the Maison Cailler, the Swiss Chocolate Factory, attracts visitors. The Fribourg Pre-Alps look picturesque on the loop with spectacular views half-way around the dam. On the way you can stir the Soupe de Chalet with wooden spoons and round off the day with meringues with double cream.

Sunday, 14 July 2019. www.slowUp.ch

DOWNHILL



Action: Mountain bikers will find two new downhill trails. The blue 5.4 kilometre long trail starts at the top station and goes past the Alpine tavern Le Gîte d'Allières to the valley. The red, steeper route covers a distance of 3.4 kilometres directly under the cableway.

ISLE OF OGOZ



Excursion: The village of Ogoz had been inhabited for at least 10,000 years before it became an island in 1948, when the dam was built to create Lake Gruyère. The two castle ruins and the chapel dedicated to St. Theodul originate from the Middle Ages. From May to October, there is a boat trip every Sunday at 2.00 and 4.00 pm from Le Bry harbour on the lake and a guided tour of the Isle of Ogoz. It is also worth making enquiries about a group tour, a taxi ride or even a wedding on Ogoz.

www.ogoz.ch

KEY DATES

- 1934 - Start-up of the first ski lift
- 1947 - Construction of the dam and creation of Lake Gruyère
- 2013 - Start-up of the new combined cableway with chairs and cable cars
- 2017 - Inauguration of the new valley station building
- 2018 - Inauguration of the downhill trails

NUMBERS

- Population** 1,707 inhabitants (La Roche municipality)
- Language** French
- Altitude** 673 m (lake),
1,719 m (summit of La Berra)