

# VULLY

## GOURMET COUNTRY ON LAKE MURTEN

Situated opposite the small town of Murten, Vully is the sunny riviera of Lake Murten. Mont Vully is only 653 m high, but has magnificent views. The view from its ridge extends over the vineyards and lake to the snow-covered peaks of the Bernese Alps. The villages on the southern slope, from Môtier, Praz and Lugnorre to Gévaux, are traditionally characterised by wine growing. Where the Romans planted the first vines 2,000 years ago, winegrowers from Fribourg and Vaud now produce excellent wines. The whole of Vully, with 150 hectares of vines or 1% of the cultivated area in Switzerland, is a small, but excellent wine region. At the same time, excellent restaurants await visitors in search of culinary delights. The nearby Grosses Moos is regarded as the vegetable-growing area of Switzerland. Fertile land was created after the course of the inshore waters was corrected twice (1868-1891 and 1962-1972). Around 40 types of vegetables are now grown here. Regional wine, fish and vegetables:

no wonder Vully is reputed to be gourmet country. It is best to approach Vully slowly. The journey from Murten with the scheduled boat is particularly relaxing. Trails with spectacular views as well as the vineyard path await walkers and hikers in Vully. Historians and families can visit the Vully sandstone caves above Môtier. During the 1<sup>st</sup> World War, the Swiss army was defeated in the sandstone caves, which are now a fascinating area to explore. Remember to bring a torch! And last but not least, the Lake Murten Region is also the birthplace of Veloland Switzerland, the best network of cycling paths in the world, and other innovative cycling projects such as the slowUp event days. A circular tour around the lake, 34 kilometres on predominantly flat terrain, is an enjoyable way to spend the day, or the scheduled boat can be used to shorten the tour. [www.levully.ch](http://www.levully.ch)



## VULLY WINES



**Enjoyment:** On the vineyard path between Sugiez and Môtier, visitors can experience the subtle Chasselas, fruity Pinot Noir and the Traminer and Fribourg specialities at first hand. This year, all winegrowers open their cellars from *May 29th-31st*. Gourmets can explore the “Route gourmande du Vully” on *June 27th* or the “Balade gourmande” on *July 19th*. From *September 18th-20th*, the Vully winegrowers festival takes place in Praz. A visit to a winery, booked in advance, is an interesting experience. [www.levully.ch](http://www.levully.ch)

## CULINARY HERITAGE



**Regional speciality:** Vully Tart is part of the culinary heritage of Switzerland. This delicious tart is a must at regional festivals and it is extremely popular with a glass of white wine. Anni Simonet from Le Petit Château winery in Môtier, for example, serves freshly baked Vully Tart with a wine tasting or with an aperitif, with bacon and caraway seeds or with caramelised sugar in the hand-made “love wells”. Visitors can buy Vully Tart at the Guillaume bakery in Sugiez. [www.boulangerie-guillaume.ch](http://www.boulangerie-guillaume.ch)

## TRAFFIC FREE



**SlowUp Lake Murten:** This is a joyous public event where 34 kilometres around Lake Murten are openly accessible for cyclists, inline skaters and pedestrians only. Very little effort, a lot of fun and adventure, always on the last Sunday in April. [www.slowup.ch](http://www.slowup.ch)

## GUIDED TOURS IN THE VULLY



**À la carte:** In just under two hours, knowledgeable guides impart a lot of knowledge interspersed with anecdotes. There is something for everyone, whether it is the architectural heritage of the Vully villages, the vineyard path, the botanical trail or the historical trail. There is also the opportunity to visit the Celtic oppidum, the Vully sandstone caves and the infantry base. The adventure should ideally end with a wine or a meal in a typical restaurant on Mont Vully - the ideal occasion to discuss burning questions about Vully with the guide. [www.levully.ch](http://www.levully.ch)

## KEY DATES

583 B.C.	First mention of Vistilius for Vully and the first vines are cultivated by the Romans
1868	First correction of the Jura inshore waters
2011	First inter-cantonal AOC wine-growing region (FR & VD cantons)
2019	“Prix d’encouragement de la Poste pour le sentier historique”

## NUMBERS

<b>Population</b>	3,819 inhabitants
<b>Language</b>	French 56%, German 30%
<b>Altitude</b>	431 m above sea level