



## LEGEND

	Cross-country skiing track		Gondola		Ice rink
	Distance (km)		Sledge run		Bus stop
	Snowshoeing track		Restaurant		Train stop
	Winter hike trail		Accommodation		Tourist Office
	Loop, recommended direction		Pool and wellness		Parking
	Ski lifts		Camping		Public Toilets
	Viewpoint, remarkable site		Alpine skiing		
	Train				

## SOME RECOMMENDATIONS

For the safety of all users, please respect the signs.

### SECURITY

Check the weather forecast and the track report before leaving, and make sure you are well equipped. The ski slopes close at 5 p.m., watch out for the piste bashers that start working as soon as the slopes close. Don't over estimate your physical abilities. Stay on the marked trails! Follow safety advice (closed tracks, avalanche risk) You are responsible for your own actions and safety on the winter hike trails, cross-country skiing tracks or sledge runs. We decline all responsibility in case of an accident, distraction or problems caused by the forces of nature.

### PROTECTION OF THE ENVIRONNEMENT

Together, let's protect the mountain environment! In order to respect the flora and fauna:

- Keep your dog on a leash and collect its dropping and clean up after it.
- Don't leave rubbish behind.
- Pocket ashtrays are available in the Villars Tourist Office.
- Careful and efficient map use reduces paper waste.
- Use public transport when possible to access the mountain.

### CROSS-COUNTRY SKIING

Cross-country ski passes are on sale at our Tourist Offices, Cergnement snack bar (Gryon), sport shops, the Sport Centre in Villars, Café de la Gare in Bex, and at the Relais Fermier at Les Plans sur Bex. 'Four legged friends' are not allowed onto cross-country ski slopes.

Train tickets and the Liberty Pass are sold at the BVB train station

## INFORMATION

### Tourist Offices :

Gryon	T. +41 (0)24 498 00 00
Villars	T. +41 (0)24 495 32 32
Bex	T. +41 (0)24 463 30 80

Snow Information  
Avalanche Bulletin  
Weather forecast  
Emergencies  
Rega

www.villars-diablerets.ch  
www.slf.ch  
162  
112  
1414



QR code to scan  
for opening informations

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## SNOWSHOEING TRACKS

### 1 BRETAYE - VILLARS

Take the train from Villars to Bretaye. You start out by following the ski run towards Les Bouquetins, several hundred meters below. At the sign for the Crazy Moose restaurant, go to the right and walk uphill to reach the Maison de Montagne de Bretaye. From Les Bouquetins take the trail through the forest which brings you to the Col de Soud. Cross the rail tracks and follow the trail up into the forest and along the ridge. The road on the left is reserved for sledgers. As soon as the trail has reached its highest point, it zig-zags down through the forest to the junction, level with the railway line. After a few more bends, the hike ends at the Domaine de la Forêt, which is just a few minutes walk from the centre of Villars.

Bretaye - Col de Soud - Villars	5.5km	2h30	+117m/-572m	➔
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### 2 LE GOLF - ENSEX

Take the train from Villars to Bretaye and get off at the Golf train stop (3rd stop). Head towards the Golf Club Villars Restaurant. You will cross a ski piste, so be careful! Your route then takes you through the charming mountain hamlet of Ensex, and onto the Col de la Croix road. You can choose to return by the same route, or you can walk down the cross-country ski route to Villars. Remember the Col de la Croix route is not a snowshoeing track and that you are sharing the track with cross country skiers and walkers !

Le Golf - Ensex	4.8km	2h00	+243m/-206m	➔
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### 3 LES ECOVETS - LA TRUCHE - LES ECOVETS

From Les Ecovets parking walk up to the right into the forest, continuing through the open fields towards La Truche. On arrival at La Truche you then walk downhill through fields and back to your departure point.

Les Ecovets - La Truche - Les Ecovets	5.7km	2h50	+336m/-336m	↻
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### 4 COMBE DU SCEX (Alpe des Chaux) - TAVEYANNE - LA VERNEYRE (Villars)

From the Scex valley (at the end of the Alpe des Chaux road) head up through the forest. Then turn downhill to your right and carefully cross the ski slopes. Pass through the Taveyanne hamlet, and walk downhill close to the cross-country ski piste towards La Verneyre. Follow the river and head up again to your right towards the cross-country ski track. Return to Villars along the cross-country ski piste arriving in Rochegrises just above the centre of Villars.

Combe du Scex - Taveyanne	3.5km	2h00	+154m/-81m	➔
Taveyanne - La Verneyre	3.5km	2h00	+41m/-267m	➔
La Verneyre - Les Rochegrises	3km	1h15	+12m/-112m	➔

### 5 A CIRCUIT OF THE LAKES

Take the train from Villars to Bretaye. Leave Bretaye and head towards the Hotel du Lac. Continue on towards the Lac des Chavonnes. Be careful as you cross the ski slopes ! Continue into the forest close to the restaurant at the Lac des Chavonnes, which leads to Vy Boveyre, then Conche, which is near the Villars-Diablerets link chairlift. Follow the signs for Bretaye to complete your circuit.

Bretaye - Lac des Chavonnes - Conche - Bretaye	5.1km	2h20	+225m/-225m	↻
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### V1 CIRCUIT AROUND BRETAYE LAKE

Take the train from Villars to Bretaye. On arrival at Bretaye set off towards the Hotel du Lac and follow the route through the nearby chalets towards the Lac de Bretaye. On completing the trail return by the same route.

Bord du Lac de Bretaye	40min	1.6km	+59/-59m	↻
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### 6 LES CHAUX - TAVEYANNE - COMBE DU SCEX (Alpe des Chaux)

After arriving at the top of the cable car, turn left, carefully cross the ski slopes, and pass the Swiss Ski School on the right-hand side; at the start of the cross-country ski track to Taveyanne, enter the forest on the left and head downhill until you reach a forest track. Continue on it for about 200 metres, then turn right and head downhill to Le Luissalet. Head downhill through the forest for about 300 metres. When you reach the junction with another trail, turn right and follow this trail to the Alpine meadows at Taveyanne. Continue onward to the hamlet; head back for about 2 kilometres and then along the hillside (Chemin des Raies) to the ski slope (passing under the chair lift). Carefully cross the 4 ski runs and climb the little knoll to your left. Enter the forest and continue downhill for 100 metres to the car park (option: take the Gryon shuttle down to the Combe du Scex stop).

Les Chaux - Taveyanne	3km	1h30	+78m/-192m	➔
Taveyanne - Combe du Scex	3.5km	2h00	+70m/-140m	➔

### 7 LES CHAUX - FRIENCE (Alpe des Chaux) - BARBOLEUSE

Go around the arrival building of the cable car by the bottom. (After the arrival of the Fracherets ski lift (cross-bow), continue to the hut. Cross the combe and then go down towards the forest, carefully crossing the 2 ski runs. Go down into the forest on the left to join the ski slope that goes down to the Frieence mountain pasture. Follow the ridge along the edge of the piste and then descend to the right into the forest. Turn left and follow the path. From the Frieence car park, go down towards the refuge and follow the lake. Follow the path towards Solalex, cross the ridge and continue along the path to the old chalet. Turn right, go down the embankment and follow the path to the car park at Les Ernets, following the path through the line of trees in the forest. Then walk up the road towards Alpe des Chaux for 50m, cross the road, then down the track on the left. Follow the path through the forest and over a small stream. Go behind the large log cabin, follow the road for 50m, then go up to the right, towards the edge of the forest (reed bed); cross the curtain of trees, then go down along the forest. At the end of the forest, follow the road for 50 m, pass between the chalets and go down to the left until you reach the road. Follow this road which joins the main road on the right to Barboleuse.

Les Chaux - Frieence - Barboleuse	5.1km	2h30	+28m/-591m	➔
Frieence - Barboleuse	4km	1h30	+41m/-390m	➔

### 8 CERGNEMENT - SOLALEX - CERGNEMENT

Follow the road from the Cergnement parking to the Cergnement snack bar. Continue on to the bridge, then turn up to the left towards the «Benjamine». The track carries on to the right before the bridge, following the river and passing through the forest before arriving at the Solalex Plateau situated at the foot of the Miroir d'Argentine. You may return to your starting point by the same route.

Cergnement - Solalex - Cergnement	7km	2h30	+230m/-230m	↔
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### 9 CIRCUIT DES RENARDS

An initiation trail, close to Barboleuse. Follow the Route des Renards opposite Gryon Tourist Office for about 800m. Turn right just past the waste collection center and cross the clearing. Then follow the trail through the forest for 200m. Follow the signs on the circuit to complete the trail.

Circuit des Renards	1.7km	1h00	+56m/-35m	↻
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## CROSS-COUNTRY SKIING TRACKS

### 1 CERGNEMENT - SOLALEX AREA

There are many different cross-country ski trails between Cergnement and Solalex, ranging from beginners level to advanced level. Pistes are prepared for classic and skating styles with the trails bringing you through the impressive Cergnement valley. The upper part of the trail takes you along the base of the majestic face of the Miroir d'Argentine. A guaranteed Alpine experience!

Cergnement introduction circuit	easy	1km	+18/-18m
Cergnement circuit	easy	3km	+50/-50m
Cergnement - Solalex - Cergnement	medium, advanced	7km	+206/-206m
Solalex circuit	medium	3km	+74/-74m

### 2 FRIENCE AREA

South facing in the heart of Alpes des Chaux, facing the imposing Massif d'Argentine, with an extended view over the Rhone valley. To be appreciated alone or with your family, and right next door to the Frieence snow park.

Loop of Frieence	easy	1km	+35/-35m
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### 3 LES ROCHEGRISES - COL DE LA CROIX - COUFIN - TAVEYANNE - LES FRASSES AREA

Leaving from Villars or Gryon, our cross-country pistes are prepared for skating or classic styles for moderate level skiers. You can rejoin either the Col de la Croix road or the gondola at Les Chaux by passing through Taveyanne, a beautiful snow covered alpine village lying under the winter snow.

Circuit de Coufin	medium	9km	+245m/-245m
Les Chaux - Coufin	medium	3.8km	+1/-239m
Le Golf - La Plâne	easy	2.4km	+27m/-154km
Les Frasses - Coufin	easy	5.1km	+161m/-6m
Les Rochegrises - Col de la Croix	medium-advanced	7km	+427m/-8m
La Plâne - Coufin	easy	1.9km	+63m/-28m

### 4 PLANS-SUR-BEX AREA

At the foot of the Muverans mountains, the cross-country ski piste at Les Plans has a variety of runs through the village and the forest. There are 7km of pistes in total, prepared for classic and skating styles. Cross-country skiing is also possible at night with a floodlit 2.5km piste available. The village Les Plans-sur-Bex is at 7km from Bex, it's accessible by car or by postal bus.

### 5 CIRCUIT PLAN MEUNIER

Take the bus from Villars to Plan Meunier where a 500m loop for beginners awaits you. Cross-country ski passes can be purchased on site.

Circuit Plan Meunier	easy	0.5km	+15m/-15m
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## WINTER HIKE TRAILS

### 1 THE ARGENTINE BALCONY

Magnificent star shaped walk, split into three sections, for a beginner to moderate level hike between Frieence - Les Ernets - La Poreyre and Solalex/Cergnement, surrounded by the panoramic vista of the Argentine Massif, with the Muveran Massif in the background.

Frieence - La Poreyre (Les Ernets)	1.3km	40min	+17m/-103m
Les Ernets - La Poreyre (Frieence)	1km	15min	+100m/-0m
La Poreyre - Solalex - Cergnement	5.5km	2h00	+96m/-300m
La Poreyre - Cergnement	3.5km	1h00	+20m/-220m

### 2 FROM THE CERGNEMENT VALLEY TO THE SOLALEX PLATEAU

A hike of moderate difficulty, stretching the length of the Cergnement valley before climbing up through the forest towards the Solalex plateau situated at the foot of the Miroir d'Argentine and the Diablerets Massif. Return by the same route.

Cergnement - Solalex - Cergnement	7km	2h30	+209m/-209m
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### 3 LES PLANS-SUR-BEX - PONT DE NANT

An Enchantingly peaceful walk accessible to all through the pine forest and up along the snowcovered road from Les Plans-sur-Bex to Pont de Nant. Option to toboggan down.

Plans-sur-Bex - Pont de Nant	1.4km	40min	+159m/-2m
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### AT THE HEART OF THE SKI AREA :

### 4 LES CHAUX - FRIENCE

From Les Chaux, pass underneath the Les Chaux cable car building, then cross the valley and go down to Frieence, where you will discover an incredible mountain panorama. From Frieence, there is the option of descending towards Les Ernets (via la Poreyre) or Cergnement (via Solalex or directly) to reach Barboleuse.

Les Chaux - Frieence	1.3km	40min	+20m/-240m
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### 5 LES CHAUX, SODOLEUVRE AND LES FRASSES

This is a panoramic hike of moderate difficulty, through forest in the heart of the Les Chaux ski area, with magnificent views over the Rhone valley towards the Dents du Midi.

Combe du Scex - Sodoleuvre - Les Frasses	3km	1h00	+10m/-232m
Les Chaux - Combe du Scex	1.3km	30min.	+2m/-194m

### 6 LES ROCHEGRISES (VILLARS) - LA VERNEYRE - LE GOLF

This is a hike of moderate difficulty, starting on the outskirts of Villars, encompassing beautiful panoramic views, notably towards the Dents du Midi and the Grand Muveran mountains.

Les Rochegrises - La Verneyre	3.5km	1h10	+122m/-5m
La Verneyre - Le Golf	3.3km	1h15	+215m/-27m

### 7 BRETAYE – LAC DES CHAVONNES - BRETAYE

Take the train from Villars to Bretaye. Leave Bretaye and head towards the Hotel du Lac, then Lac de Bretaye. Continue on towards the Lac des Chavonnes. Be careful as you cross the ski pistes ! Once you reach the restaurant you may return to your starting point by the same route.

Bretaye – Lac des Chavonnes - Bretaye	3.2km	1h10	+132m/-132m
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## SLEDGE RUNS

### ● FRIENCE AREA

EASY/MEDIUM/ADVANCED

Accessible by the Gryon navette bus (Frieence stop) or by car with parking at Golèze or Frieence. Toboggan run and beginner ski slopes with conveyor lift; some free facilities, animations, drinks and snack bar. Sledge rental on site.

### 1 COL DE SOUD - VILLARS

MEDIUM 2.5KM

Take the train Villars - Bretaye, getting off at the Col de Soud. From the train stop, walk down to your right. Follow the road up to the left by the forest until you reach the start of the toboggan piste. The sledging run takes you back to Rochegrises, just behind Villars town centre. No rental on site. Sledges rental at any sports shops in Villars.

### ● VILLARS FUN PARK (next to the Sport's Centre-Tennis)

EASY/MEDIUM

Walk up from Villars town centre or walk across from the Rochegrises parking (next to the Sport's Centre-Tennis). The conveyor lift effortlessly whisks you back up the slope. Fun snow sports for all ages. No rental on site. Sledges rental at any sports shops in Villars.