

### **LEGEND**

Cross-country skiing tracks



• (1.6) • Distance by the kilometer



---- Snowshoe routes

Snow hiking trails



+++ Ski lifts



Viewpoint, remarkable site

Train

-Gondola

Sled runs

Restauration

Accomodation

(Lagranda) lce rink



Bus stop

(🚉) Train stop

(1) Tourist Offices

Pool and wellness (P) Parking

(A) Camping

(\*) Alpine skiing

# **SOME RECOMMENDATIONS**

Please have consideration for all those who use these pistes, and pay attention to the piste markers!

Check the weather forecast and the piste report before setting out, and ensure you are well equipped for all conditions. Don't over estimate your physical abilities.

Stay on the marked trails!

Follow safety advice (closed pistes, avalanche risk)

Once you set out on the trails, cross-country skiing or tobogganing, you do so at your own risk.

We are not liable in the case of accident, straying off the trails or problems caused by natural events beyond our control.

#### PROTECTION OF THE ENVIRONNEMENT

Together, let's protect the mountain environment!

In order to respect the flora and fauna:

- Keep your dog on a lead. Clean up after them using waste bags, disposing of it in one of the bins provided.
- Don't leave rubbish behind you.
- Pocket ashtrays are available in the Villars Tourist Office.
- Careful and efficient map use reduces paper waste.
- Use public transport when possible to access the mountain.

#### **CROSS-COUNTRY SKIING**

Cross-country ski passes are on sale in our Tourist Offices, at Cergnement snack bar (Gryon), sport shops, the Sport Centre in Villars, Café de la Gare in Bex, and at the Relais Fermier at Les Plans sur Bex.

'Four legged friends' are not allowed onto cross-country ski pistes.

Train tickets and the Liberty Pass are sold at the BVB train station

## **INFORMATION**

**Tourist Offices:** 

Gryon T. +41 (0)24 498 00 00 T. +41 (0)24 495 32 32 **Villars** T. +41 (0)24 463 30 80 Bex

**Snow Information** www.villars-diablerets.ch Avalanche Bulletin www.slf.ch 162 Weather forecast

**Emergencies** Rega

112 1414

QR code to scan for opening informations

2020-2021 edition

# **SNOW-SHOE ROUTES**

#### **1** BRETAYE - VILLARS

Take the train from Villars to Bretaye. Leave Bretaye in the direction of Les Bouquetins following the ski piste downhill for a few hundred metres. From Les Bouquetins take the trail through the forest which brings you to the Col de Soud. Cross the rail tracks and follow the trail up into the forest and along the ridge. The hike ends at the Domaine de la Forêt, which is just a few minutes walk from the centre of Villars.

Bretaye - Col de Soud - Villars 5,5km 2h30 +117m/-572m →

#### **2** LE GOLF - ENSEX

Take the train from Villars to Bretaye and get off at the Golf train stop (3rd stop). Head towards the Golf Club restaurant. You will cross a ski piste, so be careful! Your route then takes you through the charming mountain hamlet of Ensex, and onto the Col de la Croix road. You can choose to return by the same route, or you can walk down the cross-country ski route to Villars. Remember the Col de la Croix route is not a snowshoe route and that you are sharing the track with cross country skiers and walkers!

**Le Golf - Ensex** 4.8km 2h00 +243m/-206m →

#### **3** LES ECOVETS - LA TRUCHE

From the Les Ecovets parking walk up to the right into the forest, continuing through the open fields towards La Truche. On arrival at La Truche you then walk downhill through fields and back to your departure point.

Les Ecovets - La Truche 5.7km 2h50 +336m/-336m **()** 

#### 4 COMBE DU SCEX (Alpe des Chaux) - TAVEYANNE - LA VERNEYRE (Villars)

From the Scex valley (at the end of the Alpe des Chaux road) head up through the forest. Then turn downhill to your right and carefully cross the ski pistes. Pass through the Taveyanne hamlet, and walk downhill close to the cross-country ski piste towards La Verneyre. Follow the river and head up again to your right towards the cross-country ski piste. Return to Villars along the cross-country ski piste arriving in Rochegrises just above the centre of Villars.

Combe du Scex - Taveyanne3.5km2h00+154m/-81m $\rightarrow$ Taveyanne - La Verneyre3.5km2h00+41m/-267m $\rightarrow$ La Verneyre - Les Rochegrises3km1h15+12m/-112m $\rightarrow$ 

#### **6** A CIRCUIT OF THE LAKES

Take the train from Villars to Bretaye. Leave Bretaye and head towards the Hotel du Lac. Continue on towards the Chavonnes Lake. Be careful as you cross the ski pistes! Continue into the forest close to the restaurant at the Chavonnes Lake, which leads to Vy Boveyre, then Conche, which is near the Villars-Diablerets link chairlift. Follow the signs for Bretaye to complete your circuit.

Bretaye - Lac des Chavonnes - Conche - Bretaye 5.1km 2h20 +225m/-225m 💍

#### CIRCUIT AROUND BRETAYE LAKE

Take the train from Villars to Bretaye. On arrival at Bretaye set off towards the Restaurant du Lac and follow the route through the nearby chalets towards the Bretaye lake. On completing the trail return by the same route.

Bord du Lac de Bretaye 40min 1.6km +59/-59m **Ŭ** 

#### 6 LES CHAUX - TAVEYANNE - COMBE DU SCEX (Alpe des Chaux)

After arriving at the top of the cable car, turn left, carefully cross the ski run, and pass the Swiss Ski School on the right-hand side; at the start of the cross-country ski track to Taveyanne, enter the forest on the left and head downhill until you reach a forest track. Continue on it for about 200 metres, then turn right and head downhill to Le Luissalet. Head downhill through the forest for about 300 metres. When you reach the junction with another trail, turn right and follow this trail to the Alpine meadows at Taveyanne. Continue onward to the hamlet; head back for about 2 kilometres and then along the hillside (Chemin des Raies) to the ski run (passing under the chair lift). Carefully cross the 4 ski runs and climb the little knoll to your left. Enter the forest and continue downhill for 100 metres to the car park (option: take the Gryon shuttle down to the Combe du Scex stop).

 Les Chaux - Taveyanne
 3km
 1h30
 +78m/-192m
 →

 Taveyanne - Combe du Scex
 3,5km
 1h30
 +70m/-140m
 →

#### LES CHAUX - FRIENCE (Alpe des Chaux) - BARBOLEUSE

Take the Barboleuse gondola up to Les Chaux. On the other side of the arrival station take the trail towards the Fracherets ski lift and on towards Frience. Be careful crossing the ski piste! Continue on the trail towards Solalex, and then downhill to the Ernets parking. From there walk up along the road in the direction of Alpe des Chaux, crossing the road before continuing on a forest track. Return to Barboleuse along the main road.

Les Chaux - Frience - Barboleuse

4km 2h00 +28m/-563m 

The trail towards ski piste! Continue on the trail towards sold piste! Continue

#### CERGNEMENT - SOLALEX - CERGNEMENT

Follow the road from the Cergnement parking to the Cergnement snack bar. Continue on to the bridge, then turn up to the left towards the «Benjamine». The track carries on to the right before the bridge, following the river and passing through the forest before arriving at the Solalex Plateau situated at the foot of the Miroir d'Argentine. You may return to your starting point by the same route.

Cergnement - Solalex - Cergnement 6km 2h30 +222m/-222m 

The track carries on to the right before the bridge, following the river and passing through the forest before arriving at the Solalex Plateau situated at the foot of the Miroir d'Argentine. You may return to your starting point by the same route.

#### **O CIRCUIT DES RENARDS**

An initiation trail, close to Barboleuse. Follow the Route des Renards opposite Gryon Tourist Office for about 800m. Turn right just past the rubbish tip and cross the clearing. Then follow the trail through the forest for 200m. Follow the signs on the circuit to complete the trail.

Circuit des Renards 1.7km 1h00 +56m/-35m 💍

# **CROSS-COUNTRY SKIING**

#### CERGNEMENT - SOLALEX AREA

There are many different cross-country ski trails between Cergnement and Solalex, ranging from beginners level to advanced level. Pistes are prepared for classic and skating styles with the trails bringing you through the impressive Cergnement valley. The upper part of the trail takes you along the base of the majestic face of the Miroir d'Argentine. A guaranteed Alpine experience!

Cergnement introduction circuiteasy1km+18/-18mCergnement circuiteasy3km+50/-50mCergnement - Solalex - Cergnementmedium, advanced7km+206/-206mSolalex circuitmedium3km+74/-74m

#### FRIENCE AREA

South facing in the heart of Alpes des Chaux, facing the imposing Massif d'Argentine, with an extended view over the Rhone valley. To be appreciated alone or with your family, and right next door to the Frience snow park.

Loop of Frience easy 1k

#### LES ROCHEGRISES - COL DE LA CROIX - COUFIN - TAVEYANNE - LES FRASSES AREA

Leaving from Villars or Gryon, our cross-country pistes are prepared for skating or classic styles for moderate level skiers. You can rejoin either the Col de la Croix road or the gondola at Les Chaux by passing through Taveyanne, a beautiful snow covered alpine village lying under the winter snow.

9km Circuit de Coufin medium +245m/-245m +1/-239m Les Chaux - Coufin medium 3.8km +27m/-154km Le Golf - La Plâne 2.4km easy Les Frasses - Coufin 5.1km +161m/-6m easy Les Rochegrises - Col de la Croix medium-advanced 7km +427m/-8m La Plâne - Coufin easy 1.9km +63m/-28m

#### **■ PLANS-SUR-BEX AREA**

At the foot of the Muverans mountains, the cross-country ski piste at Les Plans has a variety of runs through the village and the forest. There are 7km of pistes in total, prepared for classic and skating styles. Cross-country skiing is also possible at night with a floodlit 2.5km piste available. The village Les Plans-sur-Bex is at 7km from Bex, it's accessible by car or by postal bus.



#### THE ARGENTINE BALCONY

Magnificent star shaped walk, split into three sections, for a beginner to moderate level hike between Frience - Les Ernets - La Poreyre and Solalex/Cergnement, surrounded by the panoramic vista of the Argentine Massif, with the Muveran Massif in the background.

Frience - La Poreyre (Les Ernets)1.3km30min+17m/-103mLes Ernets - La Poreyre (Frience)1km30min+100m/-0mLa Poreyre - Solalex - Cergnement5km1h30+96m/-260m

#### ■ FROM THE CERGNEMENT VALLEY TO THE SOLALEX PLATEAU

A hike of moderate difficulty, stretching the length of the Cergnement valley before climbing up through the forest towards the Solalex plateau situated at the foot of the Miroir d'Argentine and the Diablerets Massif. Return by the same route.

Cergnement - Solalex - Cergnement 7km 2h15 +209m/-209m

#### LES PLANS-SUR-BEX - PONT DE NANT

An Enchantingly peaceful walk accessible to all through the pine forest and up along the snowcovered road from Les Plans-sur-Bex to Pont de Nant. Option to toboggan down.

Plans-sur-Bex - Pont de Nant

14km 40min +159m/-2m

#### AT THE HEART OF THE SKI AREA:

#### LES CHAUX - FRIENCE

From Les Chaux, pass underneath the Les Chaux cable car building, then cross the valley and go down to Frience, where you will discover an incredible mountain panorama. From Frience, there is the option of descending towards Les Ernets (via la Poreyre) or Cergnement (via Solalex or directly) to reach Barboleuse.

Les Chaux - Frience 1.3km 40min +20m/-240m

#### BETWEEN ALPE DES CHAUX (COMBE DU SCEX), SODOLEUVRE AND LES FRASSES

This is a panoramic hike of moderate difficulty, through forest in the heart of the Les Chaux ski area, with magnificent views over the Rhone valley towards the Dents du Midi.

Combe du Scex - Sodoleuvre - Les Frasses 3km 1h00 +10m/-232m

#### LES ROCHEGRISES (VILLARS) - LA VERNEYRE - LE GOLF

This is a hike of moderate difficulty, starting on the outskirts of Villars, encompassing beautiful panoramic views, notably towards the Dents du Midi and the Grand Muveran mountains.

Les Rochegrises - La Verneyre 3.5km 1h10 +122m/-5m La Verneyre - Le Golf 3.3km 1h15 +215m/-27m

# **SLEDGE RUNS**

#### FRIENCE AREA

EASY/MEDIUM/ADVANCED

Accessible by the Gryon navette bus (Frience stop) or by car with parking at Golèze or Frience. Toboggan run and beginner ski piste with conveyor lift; some free facilities, animations, drinks and snack bar. Sledge rental on site.

#### COL DE SOUD - VILLARS

MEDIUM 2.5KM

Take the train Villars - Bretaye, getting off at the Col de Soud. From the train stop, cross the tracks and walk down to your right. Follow the road up to the left by the forest until you reach the start of the toboggan piste. The sledging run takes you back to Rochegrises, just behind Villars town centre. Sledge rental: sport shops.

### VILLARS FUN PARK (next to the Sport's Centre-Tennis)

EASY/MEDIUI

Walk up from Villars town centre or walk across from the Rochegrises parking (next to the Sport's Centre-Tennis). The conveyor lift effortlessly whisks you back up the slope. Fun snow sports for all ages. Sledge rental: sport shops.