

THE LAUSANNER

NICE TO MEET YOU



Mahi Uchitomi, interview
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CULTURES FROM ABROAD

THE WORLD IN A CITY

Peruvian, Japanese and Ethiopian flavors:
a selection of typical Lausanne addresses Page 38

Find out how food brings cultures
and people closer together.

**THE OLYMPIC GAMES COME
TO THE STREETS OF LAUSANNE**

Page 6

**THE CATHEDRAL'S
NIGHT WATCHMAN**

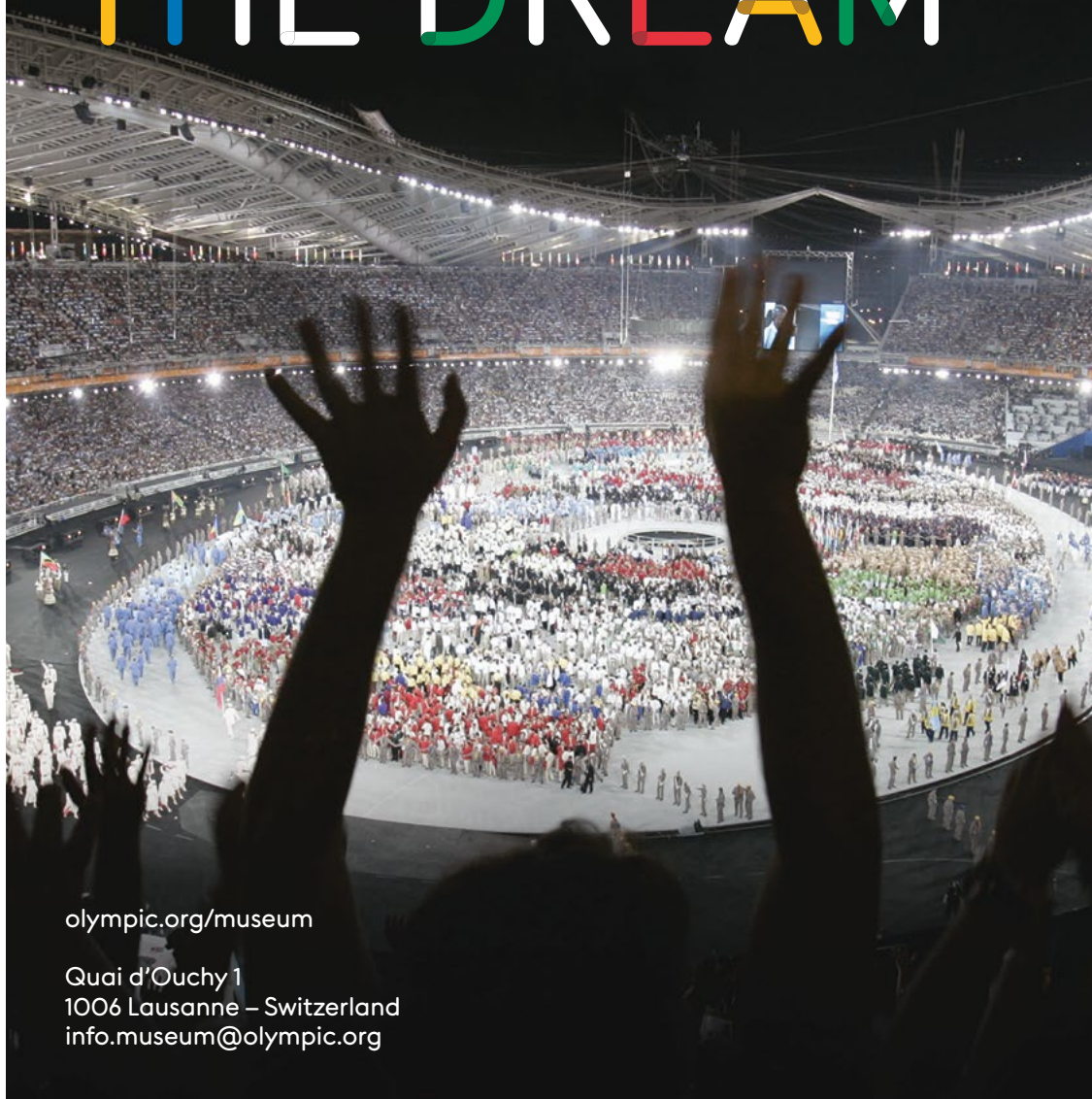
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**FOLLOWING IN DAVID
BOWIE'S FOOTSTEPS**

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THE LAUSANNER

NICE TO MEET YOU

EDITORIAL

A global city



LAUSANNE
CAPITALE OLYMPIQUE

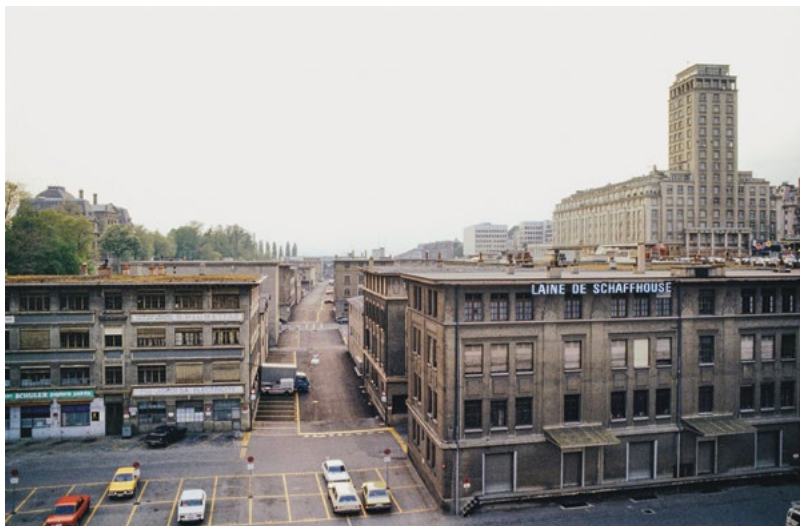
All you have to do to see the diversity of Lausanne's population is take the m2 metro at rush hour. People of all origins stand shoulder to shoulder in the automated trains where the local Vaud dialect blends with accents from wide-reaching regions around the globe. In total, Lausanne is home to more than 160 nationalities that harmoniously cohabitate with each other.

The citizens of the world who come to settle on the shores of Lake Geneva often bring unfamiliar customs and recipes along with them. Some want to share them with Lausanne's other residents, and have had the idea of opening restaurants, cafés and shops inspired by their native cultures.

This issue's feature piece highlights just how much of a part food plays in bringing people together and encourages the curiosity of the locals (p. 38). The city is one big melting pot, even inside the restaurants themselves: if you head to one of Lausanne's famous Japanese restaurants, for example, you'll find a sushi master who is in fact Filipino. Elsewhere, you can enjoy a delicious North African couscous prepared by a chef... from Kosovo.

Lausanne's cosmopolitan character has been forged by various celebrities, from Charlie Chaplin to Coco Chanel, from Audrey Hepburn to King Bhumibol of Thailand, and even David Bowie, who, at some point in their lives all came to live in the region. British singer Bowie even married top model Iman here, at the Town Hall. Read on to follow in the footsteps of the Thin White Duke (p. 50).

Lausanne has a reputation for welcoming the rest of the world, often in the form of sporting events. This will be the case again in January 2020, when the city will play host to thousands of young athletes from around the globe for the third Winter Youth Olympic Games. A programme filled with exciting cultural activities will be running alongside this unique event, where you will certainly hear languages being spoken from all four corners of the world (p. 6).



ARCHIVE

Other time, other atmosphere. Le quartier du Flon was not festive at all in 1980, it was then an industrial area.

IMPRESSUM

The Lausanner, a tourist welcome and information magazine about life in Lausanne

Editorial:

Lausanne Tourisme

Direction:

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Editorial production:

Large Network

Graphics:

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Claude-André Fradel (p. 2) – Nicolas Schopfer (p. 5, 38, 39, 40, 42, 43, 44, 45, 46, 47, 48) – Jeremy Bierer (p. 5, 32) – Lausanne 2020 (p. 6) – François Wavre/Ville de Lausanne (p. 7) – X-Trem Move (p. 8) – Jean-Christophe Bott/Keystone (p.10, 27) – Noura Gauper (p. 12) – DR (p. 13) – Christophe Voisin (p. 14) – Trinidad Barleycorn (p. 15, 21) – Anne-Caroline Pandolfo et Terkel Risbjerg, Enferme-moi si tu peux, Casterman, 2019 (p. 16, 17) – Elisabeth Fransdonk (p. 19) – Jean-Marie Larrieu, Arnaud Larrieu, L'amour est un crime parfait, Gaumont Distribution (p. 20) – Charlie Surbey/Camera Press/Keystone (p. 26) – Christophe Archambault/AFP (p. 26) – Fadel Senna/AFP (p. 26) – DR (p. 26) – Michal Krumphanzel/Keystone (p. 27) – Valérie Badan (p. 28) – Laurent Gillieron/Keystone (p. 29) – Cécile Gretschi/Saentys (p. 30) – Bleu Lézard (p. 33, 35) – Maoya Bassiouni (p. 37) – Carolyn Djanogly/Camera Press/Keystone (p. 50) – Phillip Waterton (p. 51, 52)

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Printing:

Gremper SA, Basel

Available in French and English

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printed in
switzerland



With the support of

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THE CITY IN TOWN

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QUARTIER DU FLON

LAUSANNE - SWITZERLAND

A photograph of a chilled bottle of sparkling wine in a silver bucket filled with ice. The bottle has a light green label with a red and white logo at the top. The background is blurred, showing a person and some flowers.

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LAUSANNE: A COSMOPOLITAN CITY

International restaurants and exotic shops: Lausanne, a global crossroads of culture

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OLYMPUS COMES TO THE STREETS OF LAUSANNE

In January, the Youth Olympic Games will be coming to Lausanne. It promises to be an incredible event, with a free festival of culture alongside.

By Erik Freudenreich



The Vortex building, with its distinctive whirlpool shape (which inspired its name in Latin), will be hosting the YOG athletes and their support staff.

With ski jumping, ice hockey, figure skating and more, from 9 to 22 January the eyes of the world will be fixed on Lausanne as it hosts the third edition of the Winter Youth Olympic Games (YOG). It is the biggest sporting event ever to be organised in the Vaud capital.

"We are delighted to become a fully-fledged Olympic City," says Grégoire Junod, the Mayor of Lausanne and Vice-President of the Executive Committee of Lausanne 2020. "We will be hosting young athletes from around the world, providing them with sports facilities worthy of the event. We will be enjoying the event with them and experiencing great sporting moments with residents and the public – and that's not all!"

The YOG aim to encourage the practice of sport, as well as promoting the Olympic values of excellence, friendship and respect. To this end, the City of Lausanne



Grégoire Junod,
Mayor of Lausanne

"Sport and culture are two key aspects of Lausanne's identity"

Grégoire Junod,
Mayor of Lausanne

is organising the Lausanne en Jeux! festival, with over 100 free activities and events on offer. "Sport and culture are two key aspects of Lausanne's identity," Junod says. "Lausanne en Jeux! is a fantastic opportunity for us to try bringing these two things together, to then build on this in the long-term."

All sorts of shows and concerts are on the agenda, as well as beginners' workshops in both sports and cultural activities. "We wanted the festival to be about participation," explains Fabrice Bernard, who is overseeing the cultural side of the event, which has been in preparation for almost two years. "It's a way to make sure that at the end of the games, every single person can say 'I was there!'"

And so Lausanne is being transformed into an open-air playground, with a string of festival spaces being set up around the city centre (see map on p. 9). Read on for a guided tour... →

100

The number of free activities on offer during the Lausanne en Jeux! festival.

122

The amount of coaching hours planned to ensure public safety and enjoyment during the taster sessions.

800

The team of volunteers working to make sure the festival runs smoothly.

ORIGINAL STREET SHOWS

Out of the many events, Junod is especially excited to explore the BodyCity creation, which he describes as “urban art meets urban sport”. Designed by Belgian-born choreographer Nicolas Musin, the show brings together athletes and young artists from associations and

art schools based all over the region in a setting built on the Place Centrale. A giant 280m² ramp is to be installed there for the occasion, and used as a screen for projection mapping designed at ECAL (Lausanne’s university of art and design). The music will be provided by the Lausanne University of Music.

Director of the D! Club, Thierry Wegmüller, will have a front-row seat thanks to his club’s location on the square: “This is a wonderful initiative to bring life to the city centre. The Label Suisse festival shows that people in Lausanne love urban culture.”

VIDEO GAME COMPETITION

Video games are another of the festivities’ highlights. At the Espace Arlaud museum, people will be able to play and compete, as well as getting creative in design workshops. “The Vaud region is very dynamic when it comes to developing video games,” says Fabrice Bernard. “It was really important to us to show that there’s an element of team work in the way video games are created: the graphics, the music, the game design.”

“This is a unique opportunity to enjoy fun times with family or friends, right in the centre of Lausanne.”

Patrice Schaub, in charge of sport during Lausanne en Jeux!

The project has been praised by Marc Atallah, the director of the Maison d’Ailleurs museum in Yverdon-les-Bains and the Numerik Games Festival: “Video games have been part of our culture for more than 40 years. A significant proportion of the population play them, even if the media gives the impression that it is a fringe activity and often load them with clichés. This type of event is valuable because it gives video games the visibility in society that they deserve.”

CITY-CENTRE SKI SLOPE

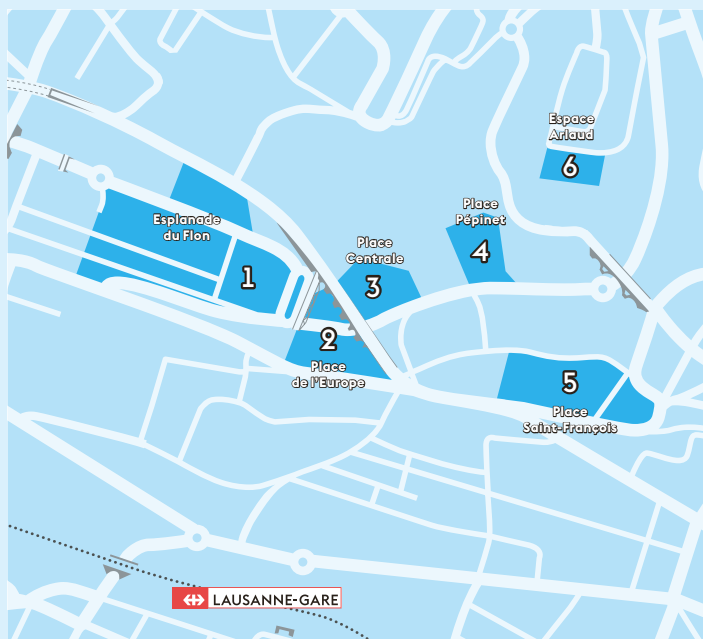
More than 20 workshops are planned in total, including all the disciplines featured in the YOG: alpine skiing, cross-country skiing and the biathlon, not to mention curling and luge. “We wanted to bring the mountains to the city centre,” says Patrice Schaub, who is overseeing the sports element of the festival. “This will mean that people living in and visiting the city who can’t get to the competition venues will also be able to enjoy an exciting sporting experience.”

Among the cultural events is the “BodyCity” show, a sort of meeting between the classical arts and urban sports like parkour.



Lausanne en Jeux!

- 1 MEDAL PLAZA –
ESPLANADE DU FLON**
Medal ceremonies for competition winners will take place here every day at 19:00.
- 2 PLACE TO BE –
PLACE DE L'EUROPE**
The perfect place to meet up with friends, complete with an "après-ski" vibe.
- 3 ENTERTAINMENT STAGE –
PLACE CENTRALE**
Cultural and sporting events will take place here, including the BodyCity show.
- 4 YOUTH SPACE –
PLACE PÉPINET**
An area for young athletes to meet up and hang out.
- 5 VENUE VILLAGE –
PLACE SAINT-FRANÇOIS**
An overview of the locations where competitions are taking place, complete with examples of local food.
- 6 DIGITAL SPACE –
ESPACE ARLAUD**
Free games, video game competitions, talks and exhibitions.



In fact, organisers have a series of innovative facilities planned for Lausanne, including a ski slope at the bottom of rue Pépinet, a biathlon arena in the Rôtillon district, and a ski jump ramp that has been specially imported from Sweden.

We have chosen to use artificial equipment," says Schaub, "so we can guarantee a quality experience throughout the festival. We're also planning to add some nice touches with light displays, Christmas trees, and a range of shows and activities."

During the day, beginners' workshops will be run for the region's schoolchildren. Almost 50,000 young students will have the opportunity to visit during Lausanne en Jeux, with each group enjoying a session lasting an hour and a quarter. Each workshop will start with an educational component introduced by heads of international and national federations or local sports clubs, before the children will be able to put what they have learned into practice.

DON'T FORGET YOUR HAT!

The sports facilities will be open to the general public between 17:00 and 20:00 during the week, and until 21:00 on Fridays and Saturdays. A late-night session is also scheduled for Thursday 16 January. All the necessary equipment will be supplied free of charge. "That being said, we do recommend that people come dressed in warm clothes," Schaub smiles. "This is a unique opportunity to enjoy fun times with family or friends, right in the centre of Lausanne." →

Yodli, the mascot of the Young Olympic Games between Virginie Faivre (President of the Lausanne 2020 Organising Committee) and Ian Logan (CEO Lausanne 2020).



“Sharing our unrivalled sporting expertise with the world”

Olympic fever is getting ready to touch down in the Vaud capital. We talk to the organisers to hear their thoughts in the run-up to D-Day.

Over the course of two weeks, 1,880 young athletes will go head-to-head during 81 competitions in eight different disciplines. Lausanne will be the epicentre of the event, with seven other sites hosting the remaining

challenges (Leysin, Les Diablerets, Villars, Champéry, the Vallée de Joux, Les Tuffes and Saint-Moritz). Heading up the Lausanne 2020 Organising Committee are president Virginie Faivre and CEO Ian Logan. She is a former freestyle skier, and three-time world champion, while he is a former army major who most notably directed the Air4 air show in Payerne. We caught up with them for a joint interview.

1915

Baron de Coubertin chooses to base the International Olympic Committee (IOC) in Lausanne.

1993

The Olympic Museum opens in Ouchy. It now receives almost 300,000 visitors each year.

1994

Lausanne is named the Olympic Capital as the IOC turns 100.

THE OLYMPIC CAPITAL PLAYS THE GAME

For Lausanne, 2020 will be all about international competitions.

After the Youth Olympic Games, in partnership with Zurich, the city will host matches for the Ice Hockey World Championship, which will take place from the 8th to the 24th of May

A few weeks later it will play host to the 49th Pétanque World Championships, which will take place in Prilly. From the 16th to 19th of July, more than 200 pétanque players from 48 countries will be battling it out to win both individual and team world champion titles.

Lausanne is becoming an Olympic City by hosting the YOG. Symbolically speaking, is this significant?

Virginie Faivre: To us, it's much more than a symbol: it's the culmination of a major joint project by the city of Lausanne and the canton of Vaud to make this region a unique place that lives and breathes sport. Hosting an Olympic event is a fantastic reward for all that we have achieved. And this is just the start of a brand-new chapter!

What do you think will be the stand-out feature of this Olympic Games compared to previous games?

VF: Imagine – it's the Olympic Games with the Olympic Capital at the heart of it all! There are over 60 sporting organisations based here, with top schools, a world-renowned university and polytechnic, and highly-specialised sports companies. That kind of knowledge is unmatched anywhere else in the world, and that's what will make Lausanne 2020 such a special event. We are delighted to be able to share that with the rest of Switzerland, and the entire world.

“For us, the main challenge is to get the public behind us – with a youthful and celebratory vibe.”

Ian Logan, CEO of the Lausanne 2020 Organising Committee

What are the main challenges you face?

Ian Logan: The success of an event is not just in its organisation. For us, the main challenge is to get the public behind us – if we manage that then we give the games a youthful and celebratory vibe. We've put a lot of heart and soul into this. Everyone involved, be that schools, the host towns, or local businesses, has played the game, and everyone has made the event their own. We are already seeing the results, and we hope that you'll see them too, next January! ■

Find all the information at:
lausanne2020.sport/en

2006

Olympic House, home to the headquarters and administration offices for almost 50 sports federations and organisations, is opened.

2019

The IOC moves into their new headquarters at Olympic House.

2020

The capital of Vaud becomes an Olympic City.

LAUSANNE IN MOTION

THE MAVERICK WORLD OF RUE MERCERIE

The steep slopes of Lausanne's rue Mercerie are home to both longstanding establishments like the Café du Grütli and some new, innovative businesses. From streetwear to homemade cakes, there is more choice than ever before.

Just next to place de la Palud and its ancient fountain, the pedestrianised rue Mercerie is diversifying. Not far from the Café du Grütli and the Durig chocolate shop, three shop windows stand out as some of the most original. At Le Laboratoire, a small team sells environmentally-friendly streetwear. The pieces are redesigned using fabric and resources from past collections, to be matched with their durable basics. The designers here have had their own label since 2012, as well as stocking collections from other eco-friendly Swiss designers, artists and craftspeople.

Just next door, the Aladdin's cave of L'Attribut d'Iris also beckons. Its manager, Julie Stoudmann, is a florist and interior designer, and has been selling original designs here since 2016, sourced from both artisans and inspired by her own imagination. Seasonal arrangements sit side by side with unique decorations from Swiss and European designers, natural products, jewellery and fashion accessories.



Boutique Le Laboratoire

No trinkets or simple decoration: on the shelves, everything is harmoniously and beautifully displayed.

Once you've admired the clothes and the decorations, it's time to check out the street's culinary delights. L'Atelier des Gourmands opened in 2018, and serves sophisticated, home-made food. The window, which is full of owner Sophie Raquin's cakes, pastries, sandwiches, soups and

salads, tempts passersby inside. The more patient among us can even watch the sweet treats being prepared. Behind the shop, there's a small room where around a dozen diners can enjoy the café's delicious menu. On sunny days, a tiny terrace in the inner courtyard offers peace and quiet away from the city's streets. And, during the winter, anyone hit with a wave of nostalgia for café Le Barbare can still enjoy their fabulous hot chocolate right here.

📍 **Le Laboratoire boutique,**
Rue Mercerie 16, Lausanne
le-laboratoire.com

📍 **L'Attribut d'Iris shop,**
Rue Mercerie 20, Lausanne
attribut-iris.ch

📍 **L'Atelier des Gourmands,**
bakery and café
Rue Mercerie 14, Lausanne

ON YOUR MARKS... GET SET... KNIT!

If you like the sound of enjoying tapas and a drink while you knit, then Little Maille is the place to go. With her "stitch 'n' snack" concept, founder Julie Chanel offers open knitting and crochet sessions to the public once a week. She also sells seasonal and permanent collections in her shop, again with a twist: although designed in Switzerland, the pieces are knitted in Bolivia as a way of supporting local craftsmanship.

 **Little Maille,**
Avenue de la Harpe 29,
Lausanne
littlemaille.com



A SCANDI SETTING STATION-SIDE

Here, bistro-style food meets Scandinavian vibes in what was formerly the print shop for the Nouvelle Revue de Lausanne. Only a few metres from the station, L'impression Café serves healthy food, most of which is homemade, and Swiss-style drinks, with a daily brasserie-style menu and vegetarian special. The café provides a light and understated space



away from the hustle and bustle of the city's streets, with a handful of old photos, a legacy of the building's previous tenants, as a finishing touch. À la carte brunch is served on Saturdays and Sundays.

 **L'impression Café,**
Avenue Louis-Ruchonnet 15,
Lausanne
limpressioncafe.com

ALL ABOARD!

Stepping inside Barberousse is like setting sail across the seven seas, with its interior inspired by pirate ships, from tables made from barrels to lanterns hanging on the wooden walls. The first of a French chain's Swiss locations, Barberousse is a specialist rum bar. With everything from vanilla to nougat, there are 48 flavoured rums on the menu, along with alcohol-free cocktails and a range of sharing platters.

 **Bar Barberousse,**
Rue de Genève 17,
Lausanne
[barberousse.com/
reseau/lausanne](http://barberousse.com/reseau/lausanne)



FROM FLATBREADS TO FANTASTIC ART

Serving local, seasonal produce, the vintage-style L'Auberge de Beaulieu has been given a fresh new look with some beautiful new floor mosaics. A spiral staircase leads up to a wooden mezzanine with 1960s-style furnishings. Visitors can choose from a menu of Oriental- and Balkan-inspired dishes made with local ingredients, or simply enjoy a drink in the huge garden in front. The restaurant is also just next door to the Collection de l'Art Brut, and its walls are filled with works by the museum's founder, artist Jean Dubuffet.

📍 **L'Auberge de Beaulieu,**
Avenue Bergières 15,
Lausanne
aubergedebeaulieu.ch




THE MAGIC OF SMALL BOOKSHOPS

Lausanne is home to around 15 independent bookshops. Here, four book lovers tell us about their favourites.



Conor Devlin is an analyst. His first language is English, and he likes fiction from the 1950s and up to the present day.

"I don't read books in French, so Books Books Books is really important for me – I buy a book a week there. I don't buy any books online because I love being able to talk to the shop staff about them. Matthew Wake is the owner and he's a fount of knowledge, as is his team – they have introduced me to all sorts of books. I especially love the fact that they invite authors to come and do signings of their new books and read extracts."

 **Books Books Books,**
Rue Jean-Louis Gaillard 2, Lausanne



Daniela Bollhalder is a web designer and plant lover.

"A thirty-something has been running the Librairie de la Louve for the past nine years, and it's the place to go for second-hand books. I go at least once or twice a month. The manager always remembers what you're interested in, does research for you and gives you recommendations. I've found a lot of rare gems here, like an old book on plants: out of print and selling for a lot of money online, but there they picked it up for me at the original price."

 **Librairie de la Louve,**
Place de la Louve 3, Lausanne



Sébastien J. F. Vincent is a chemist, and he loves sociology and music.

"I have a huge collection of books and music. I do research in sociology, and I come to Basta! independent bookshop every week because it stocks a massive range of all the best books on human sciences. The record shop downstairs is excellent, too. The staff are all experts on music, we talk a lot. I don't buy online anymore because I need this kind of interaction. I buy everything here, except for scientific literature and graphic novels, which I go to Payot and Raspoutine for."

 **Basta! and Obsession Records,**
Rue du Petit-Rocher 4, Lausanne



Jean-François Semoroz, a civil servant, collects graphic novels, and loves drawing.

"Belpégor is a particular favourite of mine because the staff are always cheerful and there's always a wide selection of new, second-hand, and collector's items to choose from. I come here at least once a month, often with a specific idea in mind, but I also ask the staff for recommendations because they know what I like. You can look at graphic novels online, but coming and flicking through them in a bookshop and unearthing a great read on the bookshelves adds a whole new dimension to the experience."

 **Librairie Belpégor,**
Boulevard de Grancy 10, Lausanne

ALOÏSE: WHERE ART AND MADNESS MEET

An iconic figure in art brut, Lausanne-born Aloïse Corbaz (1886-1964) created a vast body of work during her time confined to psychiatric institutions, and is paid a touching tribute in the graphic novel *Enferme-moi si tu peux* ("Imprison Me If You Can").

She always wanted to be a singer. Instead, Aloïse Corbaz (1886-1964) got to experience the isolation of a psychiatric asylum. A place where, nevertheless, she managed to express her creativity in a deluge of artwork, producing around 2,000 drawn and written pieces. In doing so, she created a world of historical and fictional characters, often depicted during religious celebrations like Easter and Christmas.

The prolific artist has just been honoured in the new graphic novel by writer Anne-Caroline Pandolfo and illustrator Terkel Risbjerg, *Enferme-moi si tu peux*. In it, they chart the story of her life, along with those of five other iconic figures of art brut, an



artistic movement focusing on pieces created outside of conventional cultural channels.

Aloïse was born in Lausanne in 1886 to a family of modest means. Severely affected by the death of her mother and the break-up of a relationship, she left her home town at around 25 to go and work in Germany as a nanny. On her return to Switzerland not long before the start of the war, she wrote of her religious zeal and pacifist leanings.

In February 1918, Aloïse was sectioned for "early dementia" and sent to the Cery psychiatric hospital, before being transferred to the La Rosière asylum in Gimel two years →

later, where she stayed for the rest of her life. Right from the early days of her confinement, albeit for a long time in secret, Aloïse started to draw and write. Her drawings caught the eye of the asylum's director, Hans Steck, then Dr Jacqueline Porret-Forel, and made such an impression on French painter Jean Dubuffet that he decided to add them to his collection.

In the book's introduction, Pandolfo writes: "in Art brut, what matters is the doing; not the finished product, but the process. Furthermore, these artists often don't know why they create; they simply create. To me, they embody a certain artistic ideal."

📖 TO READ:

Enferme-moi si tu peux,
Anne-Caroline Pandolfo and
Terkel Risbjerg, Casterman, 2019

📍 TO SEE:

Aloïse's artwork collection is on show as part of the permanent displays at the **Collection de l'Art Brut** museum in Lausanne.



THE LAST OF THE MEDIEVAL TOWERS

Located in the midst of the city centre, the Tour de l'Ale is the only surviving remnant of a medieval fortress. Having been both left abandoned and used in several unusual ways over time, it has been a listed historical monument for more than one hundred years.

Squeezed between the other buildings on the rue de l'Ale, the eponymous tower rises alone into the sky over Lausanne. The city's authorities are currently preparing to offer it some company, with upcoming plans to open it to the public. And this last remaining relic from a long-gone era definitely deserves a closer look. If you're not convinced, all you need to do is gaze up eight storeys to the several large arrow slits 20 metres above. Carved into the cylindrical molasse stone structure, they betray the tower's original purpose. Built in 1340, it was one of fifteen towers looping around an immense fortress. An integral part of the fortified enclosure, its purpose was to defend the gate to the faubourg of Ale, which was demolished in 1782.

The city continued to grow and the walls had to be destroyed, leaving the Tour de l'Ale all alone. A long period followed during which the tower was left abandoned, to the point that some of the city's residents demanded for it to be destroyed as they believed it to be obstructing traffic. The authorities refused, and found it a new use: as a slaughterhouse for pigs. It's difficult to say how long it served this purpose for, but the Tour de l'Ale eventually went back up in residents' esteem. A safeguarding committee was set up in 1898, led by Morges-born painter Charles Vuillermet (1849–1918), which would go on to successfully regain for this ancient fortification the recognition it deserved. The Tour de l'Ale was listed as a historical monument in 1900, and would be renovated three years later.

📍 Rue de la Tour,
Lausanne



“Place de la Riponne”



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1005 Lausanne

021 312 90 90

www.laboHEME-lausanne.ch

info@laboHEME-lausanne.ch



2019-2020

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PM**

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N°1 & N°2*

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*CONCERTONE FOR
TWO VIOLINS*

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LA BAVARIA REGAINS ITS FORMER SPLENDOUR



The two young chefs at La Bavaria, Geoffrey Romeas (left) and Camille Lecointre, will carry on serving traditional dishes.

This Lausanne institution first opened in 1881 and, after two years of refurbishment, its stained-glass windows and murals are back.

Looking to enjoy some Bavarian beer and delicious choucroute in Lausanne city centre? Then head up the steep little rue du Petit-Chêne to La Bavaria, an oasis of all things Germanic that welcomes tourists and locals alike. Before you even step inside the hearty brasserie, the wrought iron sign and its reference to Munich's Paulaner beer let you know exactly what you're in for...

Inside, "nothing – or practically nothing – has changed," says the current manager Léonor Geraldo. The recent refurbishment works have proved an opportunity to showcase the place's history, with cast-iron columns and carved wooden panelling worthy of the early 20th century. The thirty wooden tables are surrounded by authentic period features, with restored murals depicting Bavarian party scenes. A magnificent wrought-iron staircase leads up to the first floor where the bar, complete with its original tiles, offers a more intimate setting.

On the menu, traditional German brasserie dishes reign supreme: choucroute, of course, and röstis, not to mention the famous German Schweinshaxe, or roasted ham hock. If it's drinks you're after, it's all about the beer. There are over 65 varieties on offer, including Paulaner – naturally – but also a Berliner Weisse white beer mixed with raspberry liqueur. "Locals come here to catch up on news, while youngsters come for their first taste of beer," owner Graziano de Luca tells us.

For its reopening last June, La Bavaria even introduced a new second-floor terrace, perfect for welcoming the return of spring. According to Geraldo, "the brasserie has been totally transformed, but has stayed true to itself."

 **La Bavaria,**
Rue du Petit-Chêne 10,
Lausanne
labavaria.ch

Mathieu Amalric in the movie
"Love Is the Perfect Crime".

LAUSANNE IN A FRENCH FILM

The EPFL is not just a leading European institute for scientific research: it's a film set, too.

The EPFL is one of the top scientific research institutes in Europe and now it's showing its quality on the silver screen. The school and its famous Rolex Learning Center play a central role in the French-Swiss film, *L'Amour est un crime parfait* (Love Is the Perfect Crime).

In the 2014 film, Marc (Mathieu Amalric) teaches literature at the University of Lausanne and has a reputation for indulging in amorous adventures with his female students. One day, one of them disappears. A few days later, he meets Anna (Maiwenn) who is trying to find out about her missing stepdaughter.

The only downside to the thriller? It makes the Rolex Learning Center out to be the University of Lausanne.





Fir trees enjoying the summer air in Broye before being festooned in Christmas decorations.

THE CHRISTMAS TREE MEN

For every new edition, The Lausanner swings by a different market stall. As Christmas draws near, we catch up with Rémy Merminod, who has been selling Christmas trees for more than 50 years, including those grown by Jean-François Jaquier. Joint interview.

Interview by Trinidad Barleycorn

When did you first start coming to the Lausanne market?

Rémy Merminod: I started selling Christmas trees in Place de la Riponne in 1968, when I was 20 years old. I spent two years working for my brother, then on my own. I used to sell the trees alongside my main job as a policeman in Renens. I got permission to do this as my second job until I retired. Nowadays there are only two Christmas tree sellers left in Lausanne.

What is it that you like so much about this job?

RM: Before I became a policeman, I used to work as a lumberjack, but I had a problem with my back so I had to stop. I am still very fond of nature, though. I love selling beautiful trees, and making people happy. A lot of my customers come back to me year after year.

Jean-François Jaquier: I've been around Christmas trees all my life – my family have been growing them for more than 100 years. I helped to farm them and took over the family business with my brother. I'm retired now, but as long as I've got my health, I'll keep looking after my firs.

What species do you sell at the Riponne market?

RM: Mostly Nordmann because it dries out less quickly than other species, and don't shed their needles. I've also got white firs and Nobilis firs that have a hint of blue to them, and a wonderful smell of eucalyptus.

Jean-François, can you tell us a bit more about your work?

JFJ: My farm is in Broye, and it's virtually organic. I don't use fertilizer, because firs have to grow slowly to get a nice shape. If they spring up too quickly, there's too much growth in one year and it looks ungainly. I don't use anything for weed control, just occasionally for aphids. We also don't dig up the stump after we've felled a tree: the same trunk can grow back three or four times, but this technique requires considerably more work.

How long can a cut Christmas tree last for?

RM: Easily until Epiphany, so around the 6 January. You'll need to water the base of the tree and leave the bark on it to make sure it doesn't dry out. You'll also need to keep it outside until the day you decorate it.

What does your perfect Christmas tree look like?

JFJ: I always choose a Nobilis. I think they're fantastic because the trees are bushy with a subtle blueish tinge, and I love how they smell.

RM: I go for a Nordmann that's between 1.75 and 2 metres tall. A Christmas tree used to be a big deal for my children. For my grandchildren, too. There's nothing like the smell of a real Christmas tree! There are people who will always find something wrong with them. I say to them: "A real Christmas tree is just like us: it's not perfect!"



Place de la Riponne

Monday, Tuesday, Thursday, Friday, Sunday:
8h30 → 19h. Wednesday and Saturday: 15h → 19h.
Extended opening: 8h30 → 22h.

Find the Christmas Tree Market in Place de la Riponne during the four weeks leading up to Christmas.

THE VOICE OF THE CATHEDRAL





Renato Häusler has been the night watchman at Lausanne Cathedral for 17 years. He stands at the top of the bell tower and shouts out the time to the city's residents. Between each round, he takes advantage of the time to pursue his passions.

Interview by Tiago Pires

"This is the night watchman! The bell has tolled IO. The bell has tolled IO!" Beneath the Tour du Beffroi, the cries of the cathedral's night watchman ring out into the night. With his black hat on and lantern in hand, Renato Häusler stops on each side of the bell tower. He waits for a moment, looks out over the city, then calls out the time, from 10 p.m. to 2 a.m. every night. This has been his ritual for years: as a stand-in since 1987, and as official night watchman since 2002. When he returns to his little room beneath the bells, he makes the most of his time alone by listening to classical music or history programmes. He takes a keen interest in history, and human history in particular. That is most fitting, for being the night watchman at Lausanne Cathedral makes him the latest link in a chain that is 615 years old. Lausanne is also the only city in the world where the centuries-old role of night watchman – which has nowadays become folkloric in nature – is a paid position.

How did you end up as the night watchman at Lausanne Cathedral?

Renato Häusler: While I was visiting the top of the cathedral's Tour du Beffroi with some students, I got this extraordinary feeling. But it was only much later, in October 1987, that I learnt they were looking for a stand-in for the night watchman, who was Willy Annen at the time. Being chosen for the job was fate.

You've been the official night watchman since 2002. How have you found it?

I knew a bit about the cathedral and the night watchman's work beforehand, but holding the position has been a whole new experience. I particularly like the feeling that

my work continues a centuries-old tradition – and in such a historic setting, too. I'm like the latest link in a long, 615-year-old chain. What is more, I find it interesting to have a job that is totally out of keeping with our modern society, where everyone is required to do as much work as they can in as little time as possible. At the top of the bell tower, it's like I'm in a little bubble where time has stood still. I'm quite old-fashioned, so this place and these feelings suit me perfectly.

What do you do between your rounds?

I mostly give myself over to my other work: candle illuminations. I make jars filled with liquid wax for the Kalalumen light displays, so I use the cathedral for trial runs, prepare my materials, and so on. I've got internet access while I'm here, too, so I also enjoy listening to classical music, or programmes about history or the origins of the world. But I love the silence more than anything else. That little room at the top of the bell tower is perfect for introspection. Mentally, the calmness there is such a breath of fresh air.

Do you have any stories you could share?

My favourite stories are about nature. I'm often visited by a little bat. Sometimes I find swifts which are chilled to the bone on the stairs. My other highlights are two spectacular storms, in 2003 and 2018. Watching the elements rage as bolts of lightning zigzag across the sky, and feeling the cathedral buffeted by gusts of wind is an extraordinary experience.

What is your favourite part of your rounds?

I enjoy my moments of solitude in the cathedral, especially when I get to sleep in the lodge's little bunk. But I think my favourite part is climbing the stairs – all 153 of them. When I get to the top, I stop for a moment to admire the view laid out in front of me. And, every single time, I think to myself how incredibly lucky I am to be there.

LAUSANNE IN 1642

By the 17th century, many of the buildings we see in modern-day Lausanne were already part of the city's skyline. Take a look at this bird's eye view of Lausanne at that time, by Matthieu Merian le Vieux.

Aurélien Barrelet/Large Network

TOUR DE L'ALE

Built in 1275, this tower was once an integral part of the old city's defences. It would eventually fall out of use, and become a pig slaughterhouse in the 19th century (see page 17).

THE FLON DISTRICT

In 1832, the city authorities were forced to bury the Flon river after a cholera epidemic.

FLON RIVER

PLACE DE LA RIPONNE

In 1838, the city decided to build over the Louve river and construct a new square for merchants to trade in.

GRAND-PONT 1844

CHÂTEAU SAINT-MAIRE

This castle has been home to the region's ruling authority since it was built back in the 15th century. Even today, it remains the seat of the region's government.



LAUSANNE CATHEDRAL

With the slopes of the hill leaving little room to move around, a passageway was built into the Cathedral so that the city's residents could travel from north to south. The building was completed in 1235.

PLACE DE LA PALUD

Home to the market on Wednesdays and Saturdays, Place de la Palud is the location of the oldest fountain in Lausanne, built between 1584 and 1585, the Fontaine de la Justice.

RUE CENTRALE

PONT BESSIÈRES 1910

RUE DE BOURG

SAINT-FRANÇOIS CHURCH

Completed in 1270, the Saint-François Church is the last remaining Gothic structure in Lausanne apart from the cathedral.

Design by Matthieu Merian le Vieux
Taken from the book *Villes suisses à vol d'oiseau* (Swiss Cities from the Air) by Hans Boesch and Paul Hofer, published by Editions Géographiques, Bern, in 1963.

A model of the City of Lausanne, based on the Buttet plan (1638), is on display at the Musée historique de Lausanne.

IAM DON LAUSANNE-SPORT COLOURS



For the fifth day of the Challenge League (the second-highest tier of Swiss football), Lausanne-Sport, or LS as they are also known, wanted to make an impact. So they invited famous French rap group IAM to come and kick off their match against Aarau on 24 August 2019.

Unfortunately, the rappers, who were passing through the region, had to decline the invitation due to their hectic schedule. The club's managers – good sports that they are – still decided to send the French artists a white LS shirt.



No, Shurik'n isn't one of Lausanne-Sport's new recruits!



YUVAL NOAH HARARI SPEAKS TO A FULL HOUSE AT EPFL

Invited to Lausanne by the Empowerment Foundation, Israeli historian Yuval Noah Harari, who has sold 19 million books, spoke to a packed audience in an event on 10 July. He took part in a round table discussion at EPFL with, among others, Jacques Dubochet, winner of the Nobel Prize in Chemistry, and Ken Roth, Executive Director of Human Rights Watch, as part of the school's 50th anniversary celebrations. The 2,700 free tickets to the event were snapped up in a matter of hours, and the debate had a massive following on YouTube.

The author of "Sapiens: A Brief History of Humankind" then met with celebrities invited along by EPFL, including the singer Stephan Eicher. The following day, the writer and his team left for Monthey for a three-day break.



LAETITIA CASTA CHARMS THE CAPITOLE AND TIBITS

For one enchanted evening, French actress Laetitia Casta held Lausanne in her thrall. The French actress plays the protagonist in the new feature film *Beyond the Horizon*. She was in Lausanne with the film crew for a screening on September 30th, and visited vegetarian restaurant Tibits to promote the film. She spoke to an audience of around 60 people about the filming experience and telling stories, all around a vegetarian meal. Once she had finished signing autographs, the team headed to the Capitole for the screening. Casta then returned to the Lausanne Palace, where she was staying.

GRETA THUNBERG MARCHES FOR THE CLIMATE IN LAUSANNE



On 9th of August, Greta Thunberg joined 2,500 young people for a climate march in Lausanne.

At the beginning of August the eyes of the world were on Lausanne for the visit of Greta Thunberg. The young Swedish activist attended the first major European Fridays for Future summit, SMILE for Future, at the University of Lausanne.

Greta, 16, arrived by train with her father, and took to the stage with winner of the Nobel Prize in Chemistry, Jacques Dubochet. She attended workshops, and marched to the lake from Lausanne station alongside more than 2,500 other protesters. She could be

seen during the march in her blue trainers and long, brightly-coloured dress, holding her famous wooden "Skolstrejk för Klimatet" ("school strike for climate") placard.

At the workshops, she listened attentively to discussions, making occasional interjections. The event culminated in the "Lausanne Climate Declaration" which demanded, among other things, that the global temperature rise be kept below 1.5°C compared to pre-industrial levels.



PIERRE RICHARD ENTERTAINS CUSTOMERS AT THE CAFÉ DE GRANCY

On 24 May, French actor Pierre Richard attended a gala evening at the Café de Grancy. He is already well-acquainted with the café, which has wines from his vineyard on the menu. "He made the customers howl with stories from filming," his Swiss distributor and friend, Cédric de Pontbriand, tells us. The next day, the Frenchman also attended a lunch in his honour at the Hôtel des Inventions (Ecublens), which has a room named after him.



FIRST PUCKS STRUCK AT THE VAUDOISE ARENA

The new home of the Lausanne Hockey Club has officially opened and will be able to host around 50 cultural events a year. Visit of a structure that can welcome 9,600 spectators.

On 24 September, the public were finally able to see inside the immense new sports complex in Prilly. With three skating rinks, an aquatics centre with an Olympic pool, fencing halls and ping-pong tables, the Vaudoise Arena replaces the Malley Sports Centre.


The main event here is none other than the Lausanne Hockey Club's (LHC) new skating rink. With a capacity of 9,600 (compared to 7,600 previously), the arena will mainly host LHC's National League matches (the top tier of Swiss ice hockey). It was recently the venue of choice for a gala match between Lausanne's home team and the US-based Philadelphia Flyers (who play in the American NHL).

The skating rink will also feature as a venue during the upcoming Ice Hockey World Championship, which takes place from the 8th to the 24th of May, and will see the best teams from around the world descend upon Zurich and the Vaud capital. The Vaudoise Arena skating rink will host several matches, including the tournament's opening game between Canada

and Germany. Denmark, Sweden, Slovakia and the Czech Republic are just some of the other teams that will be playing in Lausanne. The complex will host 28 pool matches and two quarter-finals.

A SITE FOR YOUNG PEOPLE

The rest of the facilities will be unveiled at a later date, including an Olympic pool, just to the south of the sports centre, which is set to open by 2021. Fencing and table tennis facilities will be installed on the roof, and a training rink, changing rooms, and a car park below. A third skating rink is also located outside the main Vaudoise Arena complex. The Arena is expected to host around 50 events (including concerts and shows) each year. From the 9th to the 22nd of January, the entire site will also be used for the Youth Olympic Games.

 **La Vaudoise aréna**
Chemin du Viaduc 14, Prilly
vaudoisearena.ch



A NEW GREENHOUSE AT THE BOTANICAL GARDEN

After 25 years, the wait is over, and Lausanne's Botanical Museum and Gardens finally has its new greenhouse. The new glass structure, which is bigger than the old one, is split into two sections. The first is home to around 340 species of tropical medicinal plants, and the second houses the Botanical Garden's collection of carnivorous plants, the largest in Switzerland. A 4m tree from Madagascar at the entrance welcomes visitors in to explore this sometimes unfamiliar new world.

OPERA IN HONOUR OF MAJOR DAVEL

In May 2020, the Lausanne Opera will be paying tribute to one of Vaud's patriotic figures, Abraham Davel. They will premiere an operatic production retracing his tragic fate as part of the commemorations marking 350 years since his birth. Major Davel was condemned to death for his acts of rebellion against the Bern government, and executed in Vidy on 24 April 1723.



CHUV RANKED AMONG TOP 10 BEST HOSPITALS



Lausanne University Hospital (CHUV) has been named as one of Newsweek magazine's top 10 hospitals in the world this year. The US weekly collated information provided by a panel of doctors, medical professionals and health administrators to create their list. The magazine highlighted CHUV's commitment to training and its central role in Switzerland's "Health Valley".

LAUSANNE-EXPRESS

The international Prix de Lausanne 2020 dance competition will take place at the Stravinski Auditorium in Montreux next year while work is carried out on the Palais de Beaulieu.

Lausanne is currently ranked as the fifth sportiest city in the world behind London, LA, Paris and Tokyo.

The EPFL is celebrating its 50th anniversary with a brand-new logo on campus.

The Museum of Contemporary Design and Applied Arts (mudac) is collaborating with Swissneaks to celebrate the trainer in an exhibition running until 26 January 2020.

The legendary Capitole cinema, which was bought by the City in 2010, is set to become a Maison du Cinéma. Work will begin during the second half of 2020.

The Vidy-Lausanne Theatre and its Charles Apothéloz room are scheduled for refurbishment, with an extension being added to the building to make space for a new rehearsal room.

A WWF study has named the University of Lausanne (UNIL) the most sustainable higher education institution in Switzerland, with the EPFL just behind in sixth place.



WHEN SNOWBOARDING MEETS ACTIVISM

World champion snowboarder Anne-Flore Marxer is also a documentary maker and campaigner for women's rights. We caught up with her to find out more.

Interview by Tiago Pires

Sporty, cultural, and politically-engaged, Anne-Flore Marxer is the embodiment of Lausanne. Having won the freeride category at the Snowboarding World Championships multiple times, Anne-Flore, in her early 30s, has called time on her competition career to make her documentary *A Land Shaped By Women*. She went to Iceland, a country with an outstanding record of gender equality, to go behind the lens and show the female strength that exists on the island. The result? Her documentary has already won 18 film honours.

What are your earliest memories of snowboarding?
Anne-Flore Marxer: Everyone in my family is a high-level

athlete and skiing champion, so I was always destined to do winter sports. In 1985, the entire canton of Vaud was hit by extremely low temperatures and buried in a blizzard. That was when my parents first put me on a set of skis, in Prévêrenge. Mum has said that I just couldn't stop smiling the whole day. I carried on skiing in and around the area, especially at Chalet-à-Gobet. That's where it all started.

You became the freeride world champion in 2011, and won Xtreme Verbier in 2011 and 2017. How did that make you feel?

There's nothing in the world that feels like winning in Verbier, so close to home. That was a real honour. But I put that win mostly down to me wanting to increase women's visibility in winter sports.

Indeed, how do you progress in this environment, as a woman?
 As a sport, it is exhilarating and so good for you, but once you go professional it's still

very much a male-dominated area. Around 40% of women ski and snowboard as leisure activities, but it's difficult to make that transition into being a professional, making a living from it and finding the financial backing you need for a professional career in sport. What is more, sponsor contracts and prize money for women really aren't very high, and don't help female athletes to flourish. So I made it my aim to move mindsets forward, and encourage female involvement in professional sport.

This campaign also features in your recent film, *A Land Shaped By Women*. Why did you decide to stop competing to make this documentary?

I had struggled in so many ways to promote equality within my sport, and it had made me tired. I needed to find new strength, and new inspiration. I became interested in Iceland and its "Women's Day Off" in 1975, which led to the election of

the first female president in the world in 1980. I went in a van for my initial trip, and spent the winter there totally immersed in this positive, feminist culture. My aim was to meet Icelandic women, and making a film about them was the best way to share how they had inspired me. After that I got the opportunity to present the film at around 150 festivals all over the world, and it won 18 awards. I am so proud.

What are your links to Lausanne?

I was born here, and still live here today, as does my family. Being so close to both the lake and the mountains is something I really enjoy, and is very important to me. The region also has so much to offer in terms of culture. During the women's strike on 14 June, I had the pleasure of discovering another side of Lausanne and its female

residents. Seeing the demands made by this feminist movement, this sisterhood and positive energy, was amazing. I love putting my energy into the Lausanne faction's strike committee meetings, among others, to push for greater equality in pay, respect and recognition.

HER TOP SPOTS



BALZAC
Boulevard de Grancy 49
Lausanne
☎ +41 21 601 16 05

"I love Café Balzac because there are delicious small plates everywhere you look. Most of all though, I go for the hot chocolate, tea and coffee, which smell and taste incredible."



RACINES
Rue Neuve 11
Lausanne
☎ +41 78 927 77 48

"I found out about Racines, which is right in the city centre, from a friend. It serves delicious vegetarian and vegan food. All its dishes are balanced, served quickly and taste great."



BLUE TOMATO
Rue Saint-Laurent 37
Lausanne
☎ +41 21 310 19 50

"This friendly, welcoming sports shop has been with me through my entire sporting career. It totally supports my values and my campaigning."

Lausanne: a musical melting pot



Le Café-Théâtre
Le Bourg, at the top
of the street with the
same name, is one of
the favorite places
of David Torreblanca.

Montreux Jazz Festival operations manager David Torreblanca is here to give us an insider's look at the Swiss Riviera's flagship event. Plus, we talk to him about the part Lausanne plays in discovering artists and new musical trends.

Interview by Tiago Pires

In conversation, David Torreblanca is lively and vibrant, and his laugh is infectious. Although originally from Chile, he has adopted Lausanne as his home and has been the operations manager and music programmer at Montreux Jazz Festival for the past six years. Now in his forties, he travels all over the place, visits overlooked venues and listens to aspiring artists in his bid to find new talent and the next big thing. Away from the madness of his work he likes to take refuge in Lausanne, delving into its architecture or heading to events that, while more intimate, are still overflowing with art and life. In terms of culture, he believes that the Vaud capital is right up there with Paris and London.

How did you come to be involved with Montreux Jazz Festival?

David Torreblanca: When I finished my degree at the Hospitality Management School (EHL) here in Lausanne, I worked as a banquet coordinator at the national Expo'02 exhibition, and as a catering assistant in a shopping centre. Then I saw an ad for a coordinator role at Montreux Jazz Festival, where I started work in 2004.

You went on to become the event's operations manager...

Yes – and as the saying goes, I did it my way. People kept giving me extra responsibilities, and I also leaped on several opportunities. One year, I suggested to Claude Nobs (the festival's founder – Ed.) that we should book Justin Nozuka, a Canadian singer. His gig was a massive hit – it was unbelievable. That was when Mathieu Jaton, the festival's CEO, put me in charge of booking artists for the Montreux Jazz Café, alongside being the catering coordinator. I said I'd do it, but I was terrified, so I asked my friend Alexandre Edelmann for help. →



La Cave is the little underground sister of the restaurant Bleu Léopard.

“Lausanne is a musical melting pot in this sense, because there are so many groups here from across the spectrum of genres.”

I started to read all sorts of music magazines, listen to different radio stations, and go along to concerts to try and get a feel for what the next big thing would be. The most surprising thing about it all is that I’m not really a music lover. I listen to it, obviously, especially goth and new wave albums. But I really had to work on my musical ear.

It’s been fifteen years now – how do you keep that fire burning?

I ask myself that every single day. The fire is still there but it’s different now, as I’ve taken on lots of other roles over the years: managing infrastructure, for example. I like being a programmer because it means you have to keep an eye out for up-and-coming artists, music trends and young people. And I really enjoy going to lesser-known venues or festivals just to discover new talent. But I also need jobs that keep my feet on the ground to make sure that fire stays alive.



You spent thirteen years in Chile before coming to Switzerland. What brought you here?

With Pinochet coming into power and all the resulting political instability, my parents decided they wanted to come back to Switzerland. The journey was unbelievably traumatic. I cried so much on the plane... First we lived in Sion, which was disastrous. No-one wanted us there, and we got a lot of abuse. So my parents decided to move to Neuchâtel, where all I did was go out and paint the town red. After that, I moved again to come here and study at the Hospitality Management School.

How do you feel about Lausanne now?

I discovered the city in two stages. Back when I was a student, I was all about the nightlife. It was only really after I had finished my degree that I discovered there was this other side to it.

Founded in 1994, La Cave du Bleu (as it is often called) offers a musical line both regional and international, and mixes all style of music.



This is where I started to discover culture, through music, performing arts, and theatre. One of the first events that had a real effect on me was the Lausanne Underground Film & Music Festival (LUFF). I love that event's balance of serious and quirky. Then there are events like La Fête du Slip, which is about sexuality in all its guises, and the choreography demonstrations by Les Quarts d'Heure at the Théâtre Sévelin. These groups are bold and experimental – just like Lausanne.

What do you think of the music in Lausanne?

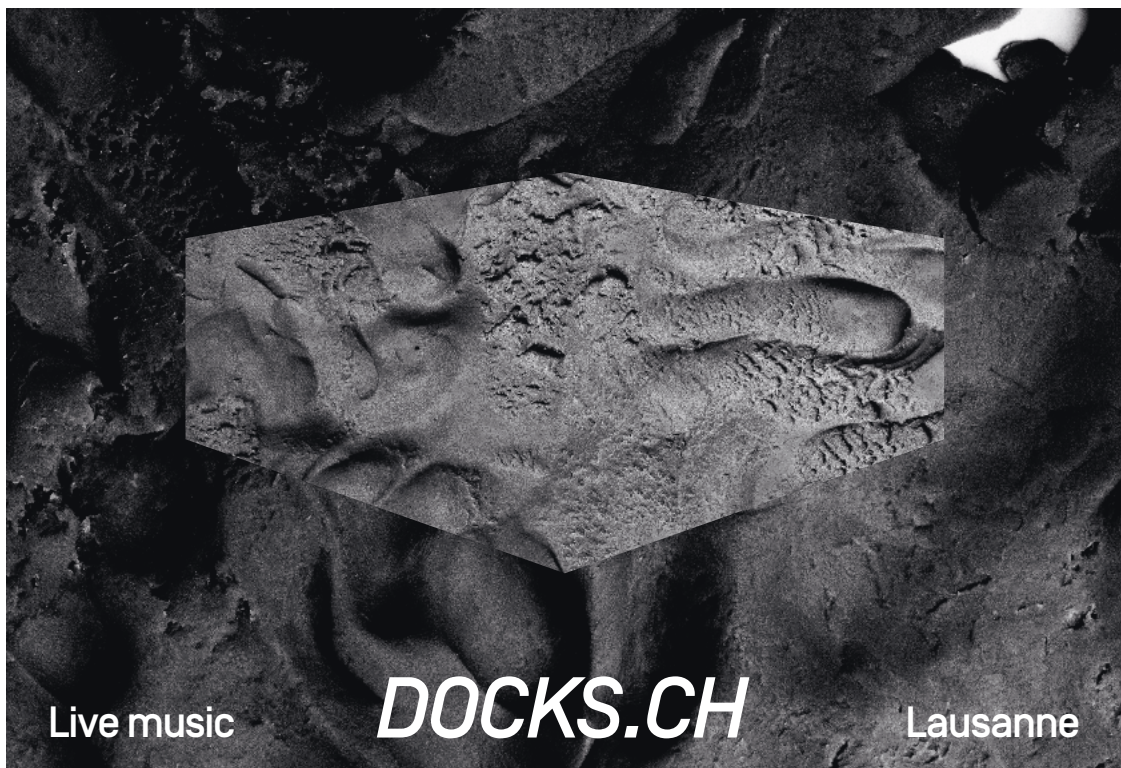
It's diverse, and there's a lot of it. Generally speaking, music is widely celebrated across the whole canton. Lausanne is a musical melting pot in this sense, because there are so many groups here from across the spectrum of genres.

What are Lausanne's iconic venues for music lovers?

I can't recommend Le Romandie and La Cave du Bleu enough. I actually discovered the French artist Eddy de Pretto at La Cave du Bleu. I had been following him for a while, and he performed here in Lausanne back before he got really famous. His gig here was an absolute disaster, though – he didn't sound great, and you got the feeling he was quite uncomfortable. But I had faith in him, and his performance at Montreux was a hit. As for Le Romandie, that was where I discovered the French band Fauve.

Do any of the singers and groups that come to the Montreux Jazz Festival go and explore Lausanne?

Artists have to be fairly money-conscious these days; they'll have barely finished →



Live music

DOCKS.CH

Lausanne



PHOTO © GÉRIC WIDMER

DIRECTION: OMAR PORRAS - TKM THÉÂTRE KLÉBER-MÉLEAU, CHEMIN DE L'USINE À GAZ 9,
CH-1020 RENENS-MALLEY SUISSE, BILLETTERIE: +41 (0)21 625 84 29



Since 2006, Le Romandie has hosted around 50 gigs a year and some of the wildest weekend parties.

their gig at Montreux before they're heading off to another festival. There are some exceptions, though. I remember a great story from when Prince was here in 2009. He came to Lausanne several times, via the back roads through the Lavaux vineyards. He also met Zapoff, a Vevey-born sculptor, several times in the famous MAD nightclub. After they met, he demanded that two of Zapoff's slightly weird sculptures be put on stage for his performance. We had to move them all the way from Lausanne to Montreux! And take them back the next day! *(laughs)*

If you had to take your artists around Lausanne, where would you go?

First, I'd take them to visit some of its incredible architectural landmarks, like the Vaudoise Assurances headquarters just behind the Parc de Milan, which was designed by Swiss architect Jean Tschumi. Then it would be wrong not to enjoy some of the city's green spaces, like the Parc de Milan or the Parc de Mon-Repos. Lausanne is really lucky in that it's home to all sorts of open spaces and architecture that are really vibrant and alive! ■

DAVID TORREBLANCA'S TOP SPOTS

LA CASONA LATINA

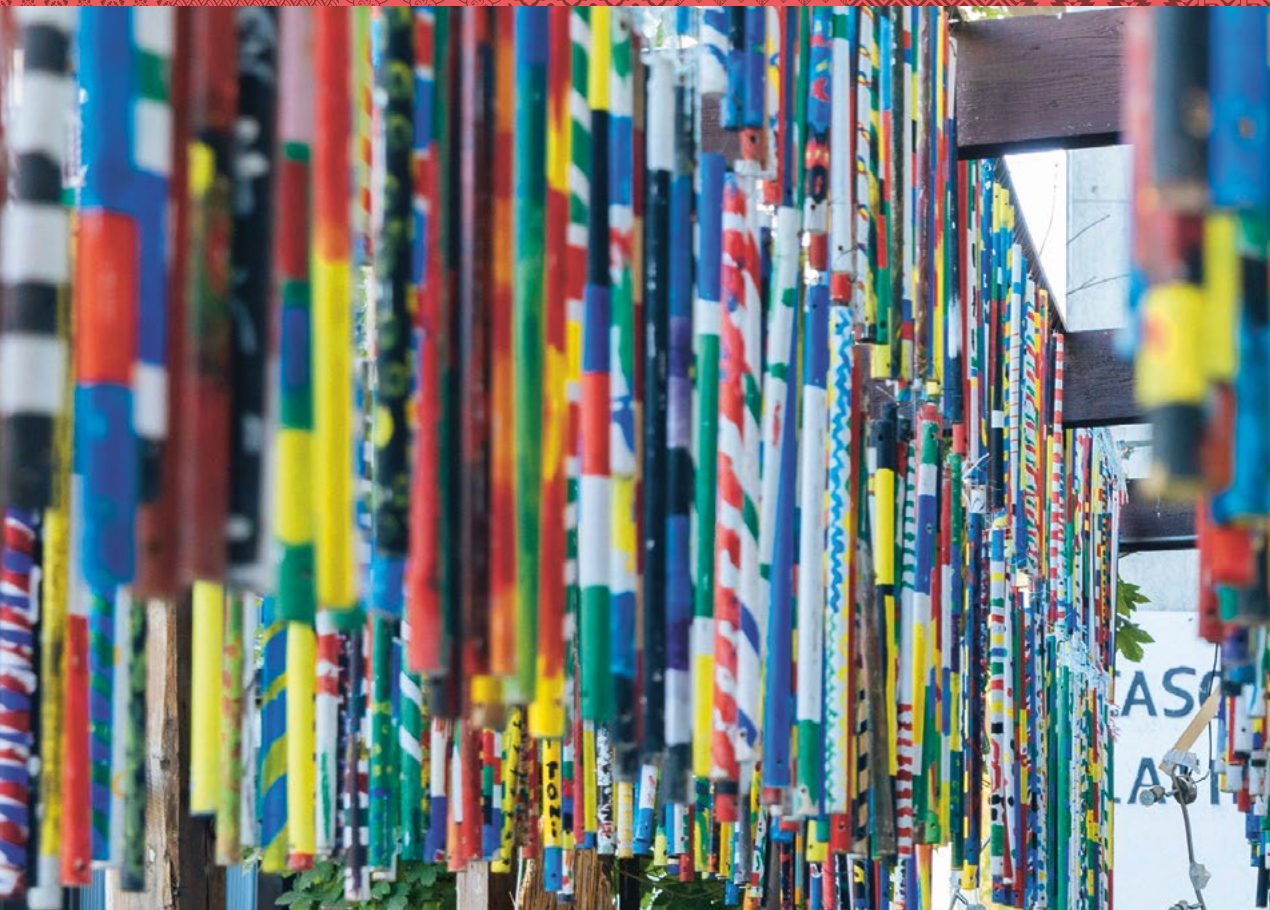
Rue de Genève 57 bis,
Lausanne

"I love the mix of cultural celebrations and the Latin American vibe. At the end of every show, the party carries on both inside the hall and outside, weather permitting. It's such a treasure trove!"

LE BOURG

Rue de Bourg 51,
Lausanne

"This place is magical. It used to be a cinema and cabaret, so it's quirky and sure to make an impression. Between the offbeat films and the alternative bands here, I've made some incredible discoveries."



LAUSANNE **CROSSROADS OF THE WORLD**



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The Vaud capital is brimming with flavours from around the globe. It's home to over 160 different nationalities, as well as a plethora of exotic restaurants and delis that reflect the city's cosmopolitan nature.

Piece by Tiago Pires

In terms of diversity, Lausanne undeniably holds its own against other major capitals, with over 160 nationalities walking the city's streets every single day. In fact, the number of internationals living in the region's capital has doubled in less than 40 years, and – as shown in a recent study by the Residents' Registration Office – Lausanne's neighbourhoods are as tight-knit as ever. Whether they fly the flag for Argentina, Japan, Ethiopia, Kosovo or Switzerland's neighbouring countries, new arrivals bring with them delicious spices, family recipes, and typical food products from their country. Here, we catch up with a few people who work in some of Lausanne's best-loved shops and restaurants. →



Food: a bridge between cultures

Elise Rabaey's goal is to showcase the food on offer in Lausanne. She tells us how the city has become a crossroads for flavours from around the world.

Every year, the Lausanne à Table organisation supports hundreds of food-related events. Its aim: to promote local produce as well as flavours from around the world. Elise Rabaey, originally from Bulle and the daughter-in-law of Michelin-starred chef Gérard Rabaey, heads up the organisation, as well as being the City's official food policy officer. As part of her dual role, she encourages the general public to try new dishes, takes children on farm trips and strengthens the ties between consumers and local producers. We caught up with her to find out more.

Over the past 40 years, the number of international residents living in Lausanne has doubled. How is this reflected on our plates?

Elise Rabaey: A few years ago, you wouldn't have found a

single Vietnamese Bánh mì sandwich in this city. Now, there are three restaurants with them on the menu. The same goes for Korean food. If you live in Lausanne then you should be excited, because the city's multiculturalism is being reflected in the variety of food on offer! What's interesting is that it goes hand in hand with local produce, as lots of these exotic restaurants use locally-grown ingredients on their menu: things like ramen made with Swiss wheat and empanadas stuffed with pork and gruyère are creating new links between people and culture.

How does Lausanne à Table promote culinary interchanges like these?

During an event that we organised – the Miam Festival – one of the most popular stands was the one run by

the Vaud Migrant Reception Centre (EVAM). Not only was the food absolutely delicious, but the life stories being shared were inspiring, and everyone was chatting with the people around them. I am convinced that food breaks down barriers between the people eating it, as it tells very personal stories. Just like Proust, we all have our madeleine: that one food that brings back vivid memories of our past. We have also organised pop-up restaurants, inviting two strangers to each table. The first topics of conversation are often based around food. Food encourages integration. And that is especially true in Lausanne.

Why?

Lausanne has kept its village mindset, where friendliness and openness are still core values. Here, age-old pubs and bars, Korean barbecues, Spanish delis and even Scandinavian eateries sit side by side with Michelin-starred restaurants. And all that ties in perfectly with local produce.

Are local Vaud ingredients showcased quite well then?

Celebrating local ingredients daily is essential, and is one of the aims of Lausanne à Table. It's something you just can't be complacent about. By doing this, we ensure that local produce continues to thrive, and remains visible to both tourists and locals alike. It is also essential to teach children about them, and how they taste.

Why is this kind of education so important?

Because we are currently in a position where people want to know more about where their food comes from, and how it was grown, processed and cooked. The increase in nutrition-related illnesses has played a key part in this. That is why we organise events at places like farms where people can find out more about food, to expose youngsters to new flavours. It is awful to see some restaurants still only offering chicken and chips on their children's menus.

You founded the Lausanne à Table association in 2014. Why?

In 2012, the Swiss flavour association named Lausanne as its City of Flavour. Later on, and with the support of local authorities, we decided to use this award as the basis for an association. The aims of Lausanne à Table are therefore to promote artisan food and local ingredients, celebrate our local producers and offer people the opportunity to experience our city through its culinary diversity.

What is your flagship event, the Miam Festival, all about?

Over the Pentecost holiday, we gathered over 50 artisan food producers in the Place de la Riponne. What we wanted to show with the event was the variety of good food available in Lausanne, be it from delis, restaurants, food trucks, or the producers themselves. Doing it this way meant that kids could come and create their

own pizza, while the grown-ups concocted their own tartare.

What are your aims for 2020?

In 2019, around 25,000 people visited the Miam Festival, despite some fairly unpredictable weather. So we want to have the very best foodie artisans at the 2020 event to make sure it continues to be a real showcase for Lausanne's food scene. Alongside that, we intend to continue as before in terms of the variety and number of events that we organise or support, like our Chips Party last year.

Is it possible to sum up the food on offer in Lausanne?

You could boil it down to *papet vaudois*, a traditional dish of sausage, leeks and potatoes, but that wouldn't reflect the city's culinary wealth and diversity, nor the open-minded curiosity of the people that live here. Five years ago, hamburgers were the latest trend. They were everywhere, in every single restaurant, and pretty much every food truck was a burger van. But although they're still around today, new and interesting trends are coming to light. During the last Miam Festival, Japanese specialities like grilled Okonomikay, grilled cabbage pancakes, were a huge hit, as was ramen, the famous noodle broth.

EUROPE



THE TEMPLE OF PIZZA

Franco Cento has been serving tables at the Chez Mario pizzeria for over 40 years.

The transalpine atmosphere of the Chez Mario pizzeria at the top of rue de Bourg has been drawing diners in since 1958. You enter via a long corridor,

scribbled with thousands of signatures. "We've had plenty of famous visitors here – the Prince of Naples, for instance," Franco tells us. Originally from Calabria, he arrived in Switzerland in 1974. "I worked in hotels for a few years, but Chez Mario will always feel like home. Everyone speaks Italian, and sometimes I even get the feeling that I'm back in Italy."


Franco has thousands of stories, like the one about Pippo the parrot who always used to repeat "Have you paid?". "The graffiti on the walls? Honestly, nobody knows where that came from, but it's become our trademark now."

 **Chez Mario**
Rue de Bourg 28,
Lausanne

AND ALSO...

 **Italian restaurant**
Amici
Rue Dr César-Roux 5,
Lausanne

 **Italian restaurant**
Eligo
Rue du Flon 8,
Lausanne

 **Mediterranean restaurant**
Sud Gourmand
Avenue du Théâtre 1,
Lausanne

THE PRINCESS OF PASTEIS DE NATA

It has only just opened, but Bessa Portes Saint-François already has customers queuing out the door, waiting to treat themselves to a pastel de nata: a traditional Portuguese custard tart. For Anouchka Bessa, the manager, it's an honour. "I was born in Switzerland, but I'm of Portuguese origin. I consider it an honour to be able to share a part of my history with my customers and also some Swiss pastries," she says.

 **Bessa Portes St-François**
Place Saint-François 1,
Lausanne

A MATCH MADE IN GREECE

Combining traditional brasserie dishes with Greek gastronomy might sound risky, but the gamble paid off for Fotis Stalikas, the owner of Le Lyrique. Originally from Agrinio, he trained at Lausanne's Hospitality Management School (EHL) in 1981. Once he finished his studies, he got the incredible opportunity to take over this famous Lausanne brasserie. "Right from the beginning I wanted to showcase my country's food alongside local delicacies."

 **Le Lyrique**
Rue Beau-Séjour 29,
Lausanne

EUROPE



SPAIN...CALABRIAN-STYLE

Walking into El Chiringuito is like turning up in a Spanish bar. Behind the counter, though, it's an Italian who maintains this Spanish vibe.

Eating at El Chiringuito in Lausanne city centre is just like being in a Spanish bar. Ever since

he took over the place in 1991, Antonio Zito has wanted to keep the restaurant's Spanish energy alive. Even if he is Italian. "My wife is Spanish, and when I arrived in Switzerland in 1979 I learnt Portuguese and Spanish before French. I am the most Spanish Italian you'll ever find!" In rue Saint-Laurent, he is a full-time restaurateur and – it seems

– a part-time therapist. "Regulars mostly come in because they want to talk – either about their problems or just what's going on. You have to be able to listen and talk. That's what I love most about my job."

📍 **El Chiringuito**
Rue Saint-Laurent 38,
Lausanne

FOR THE LOVE OF FRENCH

With dark furnishings, a boisterous Celtic atmosphere, and the unmistakable smell of Guinness, McCarthy's Irish Pub undeniably gives a taste of Ireland. "I used to live in Zurich with my husband, but I wanted to immerse myself in French life and learn the language and we wanted to fill a gap. We've opened a place where I get to connect with my country every single day", tells the landlady Shirley McCarthy

📍 **McCarthy's Irish Pub**
Place Pépinet 1,
Lausanne

ITALY IN A DELI

"Cosa vuoi mangiare? Un panino? Lasagne?" At midday, Mauro Bottazzi's deli becomes a hive of activity. The owner dashes about behind the counter, rattling away in his Italian accent. "I am passionate about what my country produces, and I want to showcase it. Here, I wanted to create a 'little Italy' where customers would feel as if they'd been transported across the border as soon as they walked in."

📍 **Mauro Traiteur**
Rue de l'Ancienne Douane 4,
Lausanne

AND ALSO IN THE MIDDLE EAST...

📍 **Turkish restaurant**
Traiteur Bosphore
Rue de la Louve 7,
Lausanne

📍 **Lebanese restaurant**
Obeirut
Rue Belle-Fontaine 2,
Lausanne

📍 **Turkish restaurant**
Istanbul Grill & More
Rue des Côtes-de-Montbenon 20,
Lausanne

ASIA



THE VIETNAM OF LY AND CHÂU

Bêp Việt is radiant with the sunny disposition of a pair of well-matched friends.

Fans of Asian food absolutely love the tiny Bep Viet, located near Lausanne University Hospital. Ly and Chau run the kitchen, an animated pair who call out to each other as they prepare traditional dishes from the 'Land of the Ascending Dragon'. "You won't find any Chinese food here, or Pad Thai either," Ly tells us, "we offer authentic Vietnamese flavours, using recipes we learnt from our mothers." Ly and Chau are the best of friends, and two halves of a whole. "I'm a good cook, and she's great at admin," laughs Chau. "Sometimes we get a bit homesick for Vietnamese food and the feel of the place, but we never think about leaving Lausanne anymore."

 **Bêp Việt**
Rue du Bugnon 42,
Lausanne

AND ALSO...

 **Vietnamese restaurant**
Dalat
Place du Vallon 5,
Lausanne

 **Indian restaurant**
Laxmi
Escaliers du Marché 5,
Lausanne

 **Thai restaurant**
Saveurs d'ailleurs
Avenue d'Ouchy 67,
Lausanne

FOLLOWING IN THE FOOTSTEPS OF KINGS

Thanks to Nattida Promchai, Tom-Yam has a long culinary history. After meeting a man from Lausanne in Thailand, she decided to follow him back to Switzerland and open a traditional Thai restaurant. "This is a family-run business, which makes it easier to talk about things – and, more importantly, it means we miss our homeland less." Nattida, 55, likes to think that she's following the King Bhumibol the Great, the ninth monarch of Thailand who lived in Lausanne from 1931 to 1955.

 **Tom-Yam**
Chemin de Chandieu 12,
Lausanne

LIKE IN HONG KONG

The story of Au Canard Pékinois is first and foremost about two brothers paying homage to the food of Hong Kong. After studying at the Hospitality Management School in Lausanne and some various hospitality and catering jobs in Asia, Leunj Glenn joined his brother, Tung Gordon, in Lausanne in 1996. They decided to create a Hong Kong foodie paradise. "We've been surrounded by this kind of food and these spices since we were little," Leunj tells us. "And since our mother could make Peking duck, we made that our signature dish in our restaurant. Like in Canton and Hong Kong."

 **Au Canard Pékinois**
Place Chauderon 16,
Lausanne



THE ART OF SUSHI REVISITED – FILIPINO-STYLE

Larry Andino is the sushi master at Miyako, the restaurant at the Beau-Rivage Palace and one of the best places in Lausanne to enjoy the raw fish-based delicacy.

At Miyako, the movements are precise, there is a razor-sharp eye for detail and the cut of the fish is perfect. The sushi master isn't Japanese, though: he's Filipino. "Don't worry, I was trained by the award-winning sushi master Yoshida. I know what I'm doing," laughs Larry. He loves to tell stories about how he

felt at school in front of his teacher, and the long hours he spent as an apprentice. "Now I know more about Japanese food than I do Filipino. So much so that when I'm at home, I cook Japanese." He arrived in Switzerland in 1999, and has been working on the shores of Lake Geneva since 2015. "I don't think I could leave Switzerland now. In Lausanne, everything is just perfect."

 **Miyako**
Beau-Rivage Palace
Place du Port 17-19,
Lausanne

JAPANESE-INSPIRED

At Myo, large bay windows bathe diners in a beautiful light. The restaurant opened in 1996, and was the first Japanese restaurant in Lausanne. Since then, it has served the best cuisine that the 'Land of the Rising Sun' has to offer. "The building is light and airy, and instantly reminded us of Japanese architecture," manager Nicolas Rochat explains. Lots of products are imported directly from the Japanese archipelago, and a Japanese master chef busies himself in the kitchen. "Every time I've visited the island I've been struck by the freshness and simplicity of the food. My ambition is to reconstruct a sort of mini-Japan."

 **Myo Sushi Bar**
Allée Ernest-Ansermet 1,
Lausanne

A PASSION FOR MANGA

Pokémon cuddly toys and a plethora of manga are just some of the gems to be found in Sylvain Vautravers' Tanigami shop. The owner has been a fan of the Japanese comics ever since he was a teenager. "I've read over 8,000 manga," he tells us. His blue eyes shine when he talks about his love for Japan. "I've been there more than 20 times, and I've been completely sucked in by their popular culture." Sylvain shares this passion not only with his daughter but also with his thousands of customers.

 **Tanigami**
Rue du Midi 2,
Lausanne

AFRICA



AFRICAN AROMAS FILLING THE CITY STREETS

Mike Davis and his wife Rosena offer a wide range of African products in their Inside Africa shops, where they hope to offer a window into the continent.

Stepping inside the Inside Africa shops is like entering an Aladdin's cave of wigs, cosmetics, traditional clothing and, of course, a whole range of food. "We want to be a window into Africa," says Mike Davis, from Liberia. The beginning of the Inside Africa adventure started at the Paléo Festival in 1995. "We cooked a dish made with plantain and cassava called fufu. We were worried that Swiss people wouldn't like the taste. But they were queuing up to come and try some, and even asking for more of it. It's a very special memory!"

📍 **Inside Africa Akwaaba**
Rue de l'Ale 9-II, Lausanne
Place de la Gare 9, Lausanne

AND ALSO...

📍 **Ethiopian restaurant**
Abyssinia
Rue du Valentin 14,
Lausanne

📍 **Maghrebien restaurant**
La Gazelle
Rue de l'Ale 35,
Lausanne

📍 **Erythrean restaurant**
Red Sea
Rue de la Tour 17,
Lausanne

GETTING BACK TO OUR ROOTS

"It was difficult to begin with because people weren't too sure about it. Eating with your hands? What a crazy idea!" At Le Nil Bleu, Daniel Alemu decide to introduce as many people as possible to the food of his country. "It took time for people here to get used to our food. Eating with our hands helps get us back to our roots and whet the appetite." This means the restaurant owner takes the time to sit down with customers, introduce them to Ethiopian cuisine and most of all teaching them how to enjoy their food... with their fingers.

📍 **Le Nil Bleu**
Avenue Villamont 17,
Lausanne

COUSCOUS WITH A BALKAN TWIST

Upon arriving at Au Couscous, customers who look under the mat in the hallway will find vouchers for free merguez. "It's a tradition that goes back over 50 years," says Totaj Safet, who has been managing the premises since 2006. Kosovo-born Totaj tells us he feels very at home in these North-African surroundings: "I grew up with these spices and these flavours," he says. Having trained as a hotelier in Belgrade, Totaj came to Lausanne to improve his French. "I was only meant to be here a month, but war broke out, and so I stayed."

📍 **Au Couscous**
Rue Enning 2,
Lausanne

SOUTH AMERICA



TO THE RHYTHM OF SALSA

La Casona Latina brings to life South American culture with dance classes and film screenings.

Behind the Arsenic Theatre in the Sévelin district of Lausanne, it's difficult to ignore this brightly-coloured, graffitied building. It is home to La Casona Latina, which

brings a taste of South America in the heart of Lausanne. "To start with, the building was used by a South American student association. Then we transformed it into a cultural space." The venue's co-founder, Juan Correa, teaches salsa and tango classes there every night of the week. "Dance encourages contact and integration." For the Chilean, La Casona Latina

is important because it keeps Latino traditions and values alive. "And people love this culture: we have more Swiss and European dancers than Latin American ones." The cultural space also hosts South American film screenings.

📍 **La Casona Latina**
Rue de Genève 57 bis,
Lausanne

AND ALSO...

📍 **Peruvian restaurant**
Tayta Empanadas
Avenue du
Tribunal-Fédéral 2,
Lausanne

📍 **Ecuadorian restaurant**
La Caleta
Rue de l'Ale 15,
Lausanne

📍 **Latino dancing bar**
La Movida
Place Chauderon 5,
Lausanne

PERU IN THE CITY CENTRE

Aux Spécialités de la Palud is a little shop with a history as rich as its product range. It opened in 1932, selling Lebanese and Greek products. Next, it branched out into South American flavours when the new owner, Eliana Valdivia, took over in 1998. The Peruvian born offers flours from Venezuela, all sorts of potatoes and beers from the Andes.

📍 **Aux Spécialités de la Palud**
Place de la Palud 9,
Lausanne

EMPANADAS FROM BUENOS AIRES

In the takeaway El Gaucho, Véronique Maillard and her husband sell empanadas like hotcakes. "In Argentina, people are friendly. I decided to sell empanadas here to see if I could recreate that feeling in Lausanne." Originally from Buenos Aires, she imports her spices and a few other ingredients from Buenos Aires "to feel like there's still some small part of me there."

📍 **El Gaucho take-away**
Boulevard de Grancy 44,
Lausanne



A Japanese island in the middle of Lausanne

Stepping into a Uchitomi shop is like finding yourself in the 'Land of the Rising Sun'. We get a guided tour from the youngest member of the family.

A mechanical maneki-neko cat sits between the traditional Japanese tableware and biscuits, waving its paw up and down. They are considered a lucky charm in Japan, and Uchitomi sells them in all sorts of colours and sizes. Uchitomi is where Japanese expats and locals come for a whole range of products and items from the archipelago. From background music to perfectly ordered storage, the brand does credit to Japan, the country of origin of its founder Tatsuya Uchitomi. Originally from Hiroshima, Uchitomi has made Switzerland his second home and 30 years later the family now has three shops in Lausanne and Geneva. Although their father remains the head of the company, his four daughters

have joined him to develop the business. This includes Mahi, who manages the firm's newest shop. With a degree in communication and marketing, Mahi effortlessly embraces both her identity as a native of Lausanne and her cultural and family heritage.

What is the history of Uchitomi?

Mahi Uchitomi: My dad, Tatsuya Uchitomi, is a trained pastry chef and had the opportunity to travel in Europe in 1971, where he had come to learn about French patisserie. He met my mum while he was staying in Switzerland, during the Ouchy Beer Festival in 1973, but he had to return to Japan for a while before he could come and settle with her here in Lausanne. At that time he was the only Japanese person

living in the city and everyone in the area knew him, so he decided to showcase his skills and products from his homeland by opening the first Uchitomi shop in Geneva.

Why did you decide to join the family business?

As long as I can remember I've spent time in the shops, and I worked there on Saturdays and during the holidays when I was at school. I never really intended to stay long-term, but when we opened the new shop in Geneva I was given the opportunity to manage it. It's a real family affair because each of my three sisters has their own role, and my dad is still the head of the company.

Who are Uchitomi's customers?

We see just as many Japanese

customers coming in for products that remind them of home, like sake or our homemade noodles, as we do locals who want to find fresh sushi or traditional Japanese tableware somewhere that's a bit out of the ordinary. We also see a lot of people coming in for imported Japanese products, like green tea and seaweed, because of their

"I'm a woman from Lausanne, a combination of my two cultures."

reputation for being healthy and natural.

How do you keep in touch with your Japanese roots in Lausanne?

Food-wise, I regularly eat traditional dishes like gyoza, sushi, and shabu-shabu. I also love specialities from Hiroshima, which is where my dad comes from: fried oysters, okonomiyaki, which are Japanese pancakes made with noodles and grilled pork, and unagi, or grilled eel. When I'm in Japan, I'm seen as a foreigner, and not necessarily as Swiss. In Switzerland, I'm not necessarily seen as an Asian woman. So I've created my own identity: I'm a woman from Lausanne, a combination of my two cultures, and open about my multiculturalism.

What are your favourite restaurants in Lausanne?

I highly recommend the Brasserie des Trois Rois, particularly for its fondue vigneronne or wine fondue, where you soak morsels of beef in simmering red wine. I would also say La Croix d'Ouchy, for their delicious honeyed veal scaloppine. Apart from those two places, I really love Vietnamese food, especially at Bêp Việt – their bún bò is amazing.

 **Uchitomi Magasin,
Rue Grand-Saint-Jean 4,
Lausanne**

HER TOP SPOTS



BAR

BOTTLE BROTHERS
Place Pépinet 1,
Lausanne

"I love how friendly and welcoming this place is, and the menu is great too. It's right in the city centre, so it's also a great spot to get a feel for Lausanne."



RESTAURANT

AUBERGE DU CHALET-DES-ENFANTS
Route du Chalet-des-Enfants,
Le Mont-sur-Lausanne

"Great local produce and incredible surroundings. It's like being in the middle of the countryside, even though you're still not that far from the city."

Bowie: lying “low” on the streets of Lausanne

From the Château du Signal to the small engraving left at the Gymnase du Bugnon, only subtle traces of David Bowie’s life in Lausanne remain – but those who met him hold a myriad of memories.



By Nina Seddik

To the few gawkers who used to stop him in the streets of Lausanne to ask for an autograph, David Bowie simply used to answer, “I’m not David Bowie”. The chameleon-like artist loved to blend into the crowd and stay incognito.

The famous Swiss discretion is one of the very reasons that Bowie (real name David Robert Jones) moved to Blonay in 1976, before settling in the heights above the Vaud capital in 1982. It was at this point that he bought the [Château du Signal](#), ¹ a magnificent stately home with 14 rooms only a stone’s throw from [Sauvabelin Park](#). ²

He would put the château up for sale 15 years later at the request of his second wife, Iman, a Somali-born top model who the Ziggy Stardust singer married in an intimate ceremony in the [Town Hall](#) ³ on the [Place de la Palud](#) ⁴





in 1992. “I was extremely moved by the simplicity of it all and the strength of their feelings for each other,” remembers retired registrar Michel Perret. His apprehension at the thought of seeing a David Bowie turn up who was as eccentric as the man on his album covers quickly disappeared. “I remember him as a charming, very cheerful man. He was dressed like a driven young executive. As for Iman, I was struck by her radiant beauty. She was so happy that she kissed me on the cheek as they were leaving.” And the newlyweds, accompanied by their witnesses and interpreters, toasted their union simply at **Le Raisin, 5** opposite the Town Hall.

A LAUSANNE RESIDENT LIKE ANY OTHER

Between tours, the artist – who sold 140 million records worldwide – loved to wander through the city streets. Residents could catch him **at the market 6** on Saturday mornings, doing his shopping at Globus (Innovation at the time – Ed.), or picking out a fillet of beef at the **butcher's in Montelly. 7**

The English artist was also a regular at Sapri Shop, a record store that has since closed. He used to visit several times a month, a cap jammed on his head, hunt through all the racks, and leave with his arms full of records. The singer has left behind memories of a discreet man with an eclectic taste in music that betrayed his curiosity. “He was an absolute sponge for knowledge, and soaked up his surroundings. He noticed absolutely everything,” remembers Luc Debraine, director of the Swiss Camera Museum in Vevey. The former journalist, who worked as a sales assistant while he was a student, remembers – somewhat proudly – having recommended him a record by Scottish band Big Country. “Bowie left with it – it was like being awarded a medal of honour”, he laughs.

ILLUSTRIOUS FRIENDS

Bowie shared his love for music with Claude Nobs, who he often used to go and stay with. It was also through the Montreux Jazz Festival's founder that the Thin White Duke got to know Pierre Keller, the former director of the Lausanne University of Art and Design (ECAL), who he had already met in London in 1967, and with whom he shared many interests, including painting and drawing. Before he became director at ECAL, Keller was a visual arts teacher at the Gymnase du Bugnon.



DISCOVERY



In 1982, he asked his good friend Bowie along to a creative workshop, after which he invited one of his students to join them for a meal at **La Grappe d'Or**. **8** "I was Pierre Keller's teacher's pet," remembers Elisabeth Laufer, who was 19 at the time. "We used to talk about music a lot, and I suspect he had said to David Bowie I was an expert on the subject. He had to change his tune pretty quickly." What Elisabeth recalls from this surreal encounter is how humorous and incredibly kind their guest was. "I was very nervous about meeting him, but he soon put me at ease by asking about me and my plans for the future. And the wine was flowing freely, which definitely helped me to relax, too."

Legend has it that a small engraving by Bowie is on show somewhere in the **Gymnase du Bugnon**. **9** But, just like the artist, his work has kept its low profile.



WHERE TO EAT

RESTAURANT

LA GRAPPE D'OR

Rue Cheneau-de-Bourg 3,
Lausanne

☎ +41 21 311 39 70

A Lausanne institution since opening in 1954, La Grappe d'Or restaurant has been enjoying a revival since January 2018. With antipasti, primi, secondi and dolci on the menu, the vibe is decidedly Italian. The owners have created a warm, welcoming space, where you can enjoy a leisurely meal or catch up with friends in the newly-renovated bar area.

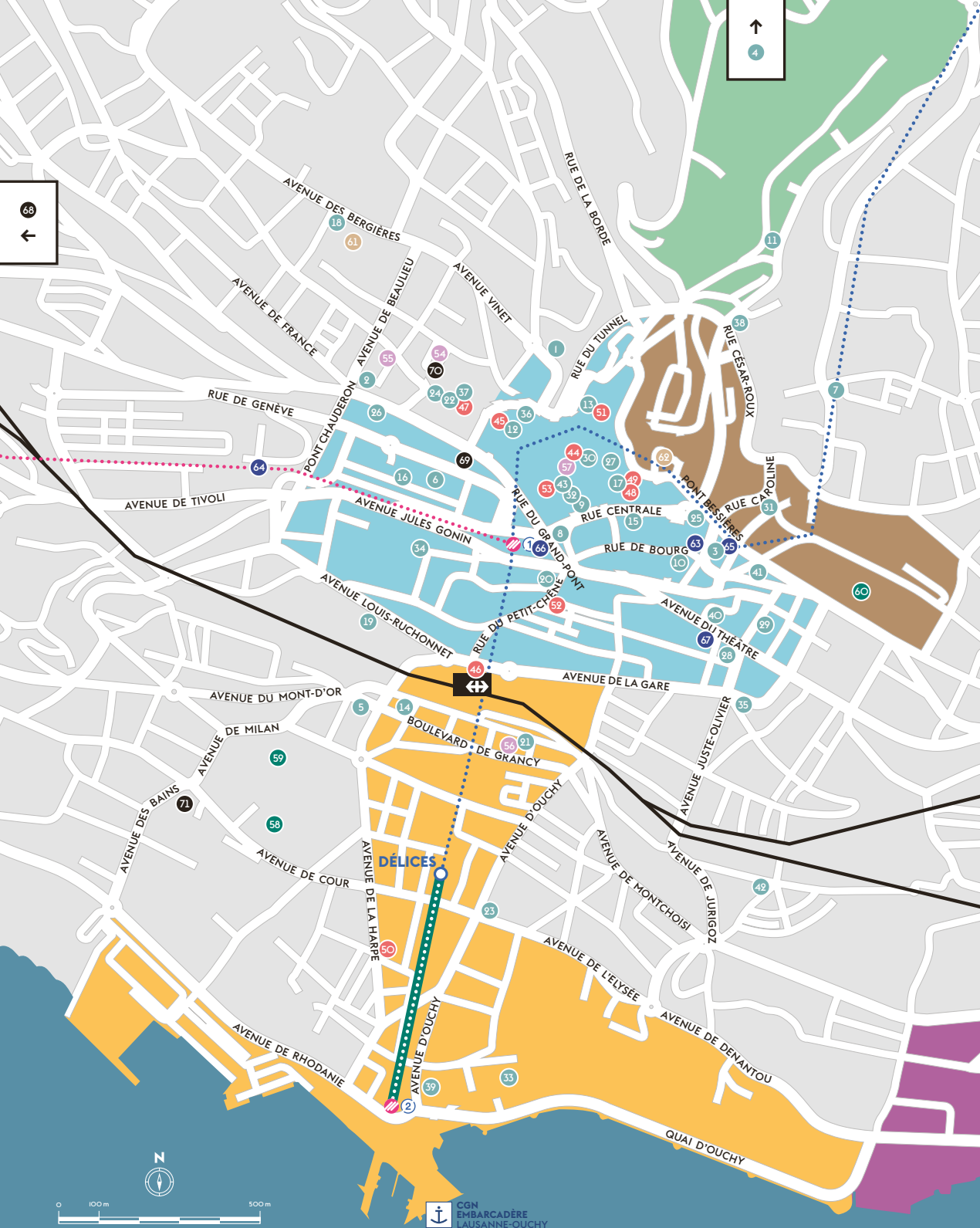
HOTEL-RESTAURANT

LE RAISIN

Place de la Palud 19,
Lausanne

☎ +41 21 312 27 56

Located opposite the Town Hall on Place de la Palud, the restaurant Le Raisin resides in an immense building that dates all the way back to 1624. The menu features market-fresh food made with local ingredients, and diners can also make the most of the vibrant city-centre surroundings out on the terrace on warm summer days.



THE ADDRESSES IN THIS EDITION

BARS, CAFÉS & RESTAURANTS

- 1 **Abyssinia**
Rue du Valentin 14
1004 Lausanne
- 8 **Au Canard Pékinois**
Place Chauderon 16
1003 Lausanne
- 3 **Au Couscous**
Rue Enning 2
1003 Lausanne
- 4 **Auberge du Chalet-des-Enfants**
Route du Chalet
des Enfants
1052 Le Mont-sur-Lausanne
- 5 **Balzac**
Boulevard de Grancy 49
1006 Lausanne
- 6 **Barberousse**
Rue de Genève 17
1003 Lausanne
- 7 **Bêp Viêt**
Rue du Bugnon 42
1005 Lausanne
- 8 **Bessa Portes St-Francois**
Place Saint-Francois 1
1003 Lausanne
- 9 **Bottle Brothers**
Place Pépinet 1
1003 Lausanne
- 10 **Chez Mario**
Rue de Bourg 28
1003 Lausanne
- 11 **Dalat**
Place du Vallon 5
1005 Lausanne
- 12 **El Chiringuito**
Rue Saint-Laurent 38
1003 Lausanne
- 13 **El Gaucho Foodtruck**
Tous les samedis au
marché de la Riponne
- 14 **El Gaucho take-away**
Boulevard de Grancy 44
1006 Lausanne
- 15 **Eligo**
Rue du Flon 8
1003 Lausanne
- 16 **Istanbul Grill & More**
Rue des Côtes-de-
Montbenon 20
1003 Lausanne
- 17 **L'Atelier des Gourmands**
Rue Mercerie 14
1003 Lausanne
- 18 **L'Auberge de Beaulieu**
Avenue Bergières 15
1004 Lausanne
- 19 **L'impression Café**
Avenue Louis-Ruchonnet 15
1003 Lausanne
- 20 **La Bavaria**
Rue du Petit-Chêne 10
1003 Lausanne
- 21 **La Brasserie des Trois Rois**
Rue du Simplon 7
1006 Lausanne

- 22 **La Caleta**
Rue de l'Ale 15
1003 Lausanne
- 23 **La Croix d'Ouchy**
Avenue d'Ouchy 43
1006 Lausanne
- 24 **La Gazelle**
Rue de l'Ale 35
1003 Lausanne
- 25 **La Grappe d'Or**
Rue Cheneau-de-Bourg 3
1003 Lausanne
- 26 **La Movida**
Place Chauderon 5
1003 Lausanne
- 27 **Laxmi**
Escaliers du Marché 5
1003 Lausanne
- 28 **Le Lyrique**
Rue Beau-Sejour 29
1003 Lausanne
- 29 **Le Nil Bleu**
Avenue Villamont 17
1005 Lausanne
- 30 **Le Raisin**
Place de la Palud 19
1003 Lausanne
- 31 **Mauro Traiteur**
Rue de l'Ancienne
Douane 4
1003 Lausanne
- 32 **McCarthy's Irish Pub**
Place Pépinet 1
1003 Lausanne
- 33 **Miyako**
Beau Rivage Palace
Place du Port 17-19
1006 Lausanne
- 34 **Myo Sushi Bar**
Allée Ernest-Ansermet 1
1003 Lausanne
- 35 **Obeirut**
Rue Belle-Fontaine 2
1003 Lausanne
- 36 **Racines**
Rue Neuve 11
1004 Lausanne
- 37 **Red Sea**
Rue de la Tour 17
1004 Lausanne
- 38 **Ristorante Amici**
Rue Dr César-Roux 5
1005 Lausanne
- 39 **Saveurs d'ailleurs**
Avenue d'Ouchy 67
Lausanne
- 40 **Sud Gourmand**
Avenue du Théâtre 1
1005 Lausanne
- 41 **Tayta Epanadas**
Avenue du Tribunal-
Fédéral 2
1007 Lausanne
- 42 **Tom-Yam**
Chemin de Chandieu 12
1006 Lausanne
- 43 **Traiteur Bosphone**
Rue de la Louve 7
1003 Lausanne

SHOPPING

- 44 **Aux Spécialités de la Palud**
Place de la Palud 9
1003 Lausanne
- 45 **Blue Tomato**
Rue Saint-Laurent 37
1003 Lausanne
- 46 **Inside Africa Akwaaba**
Place de la Gare 9
1003 Lausanne
- 47 **Inside Africa Akwaaba**
Rue de l'Ale 9-II
1003 Lausanne
- 48 **L'Attribut d'Iris**
Rue Mercerie 20
1003 Lausanne
- 49 **Le Laboratoire**
Rue Mercerie 16
1003 Lausanne
- 50 **Little Maille**
Avenue de la Harpe 29
1007 Lausanne
- 51 **Marché aux sapins**
Place de la Riponne
1005 Lausanne
- 52 **Tanigami**
Rue du Midi 2
1003 Lausanne
- 53 **Uchitomi**
Rue Grand-Saint-Jean 4
1003 Lausanne

LIBRARIES

- 54 **Books Books Books**
Rue Jean-Louis Gaillard 2
1004 Lausanne
- 55 **Librairie Basta!**
et Obsession Records
Rue du Petit-Rocher 4
1003 Lausanne
- 56 **Librairie Belphégor**
Boulevard de Grancy 10
1006 Lausanne
- 57 **Librairie de la Louve**
Place de la Louve 3
1003 Lausanne

OPEN AIR

- 58 **Jardin Botanique**
Avenue de Cour 14 bis
1007 Lausanne
- 59 **Parc de Milan**
Avenue de Milan
1007 Lausanne
- 60 **Parc de Mon-Repos**
Avenue Mon-Repos
1005 Lausanne

MUSEUMS

- 61 **Collection de l'art brut**
Avenue Bergières 11
1004 Lausanne
- 62 **mudac**
Place de la Cathédrale 6
1005 Lausanne



MUSIC

- 63 **Le Bourg**
Rue de Bourg 51
1003 Lausanne
- 64 **La Casona Latina**
Rue de Genève 57 bis
1004 Lausanne
- 65 **La Cave du Bleu**
Rue Enning 10
1003 Lausanne
- 66 **Le Romandie**
Place de l'Europe 1A
1003 Lausanne
- 67 **Opéra de Lausanne**
Avenue du Théâtre 12
1002 Lausanne



MONUMENTS & ARCHITECTURE

- 68 **La Vaudoise aréna**
Chemin du Viaduc 14
1008 Prilly
- 69 **Tour Bel-Air**
Place Bel-Air
1003 Lausanne
- 70 **Tour de l'Ale**
Rue de la Tour
1004 Lausanne
- 71 **Vaudoise Assurances**
Place de Milan 120
1001 Lausanne

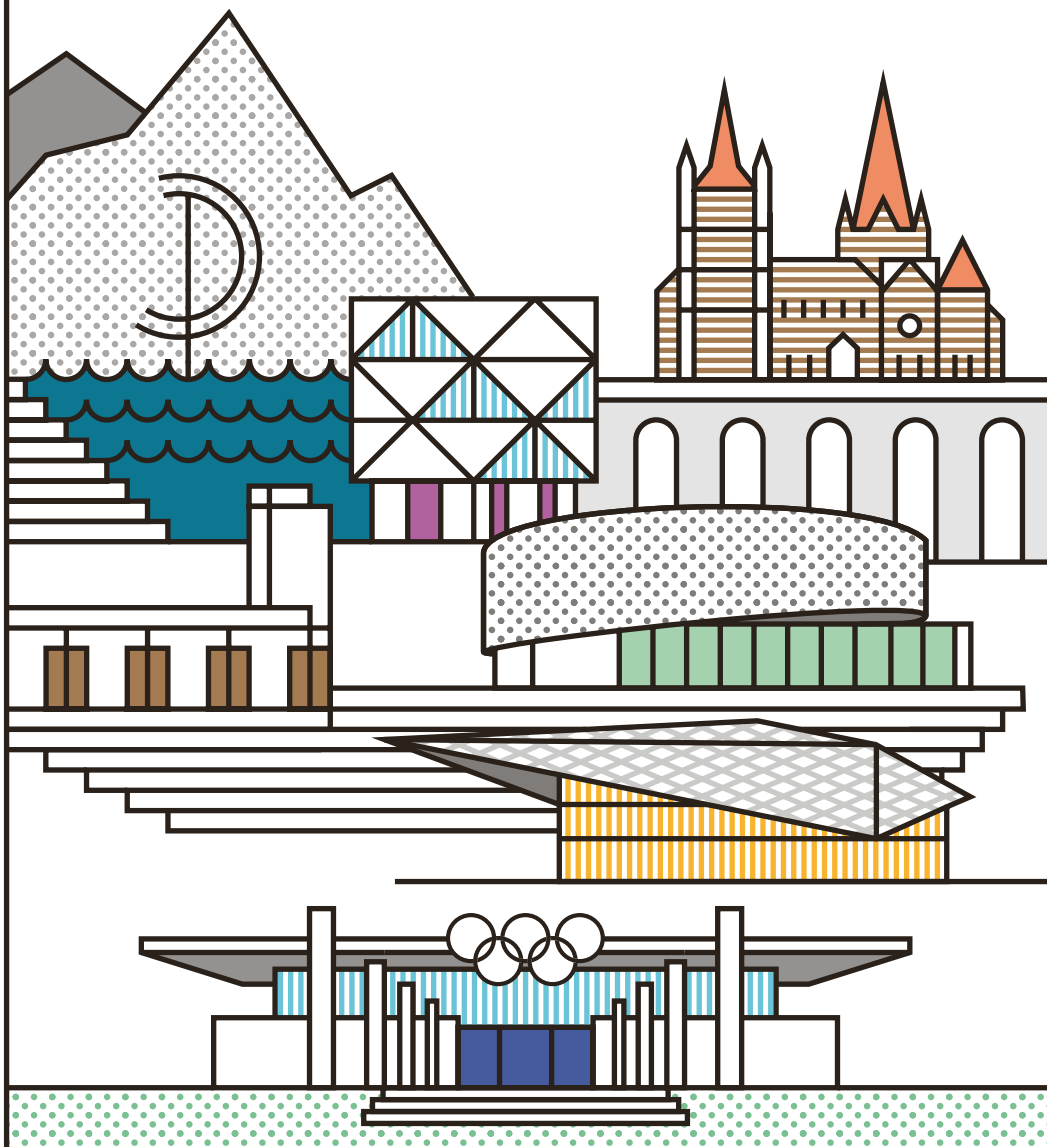
TRANSPORTATION

-  **Gare Lausanne-CFF**
Place de la Gare
1003 Lausanne
-  **Transports-publics
lausannois (tl)**
- m1 Metro
..... ①
- m2 Metro
..... ②

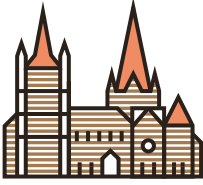
DISTRICTS

-  TOWN CENTRE
-  RÔTILLON
-  FLON
-  CITÉ - MON-REPOS
-  TRAIN STATION - OUCHY
-  SAUVABELIN
-  PULLY

UNMISSABLE PLACES



The essentials on www.lausanne-tourisme.ch/highlights



DISTRICTS

CITÉ/MON-REPOS

It is around the Cité hill, sculpted by the Flon and Louve rivers, that the medieval town grew.

Its cobble-stoned pedestrian streets as well as its monuments bear witness to this. Then, as soon as you cross the Bessières Bridge, the scenery changes completely. The Caroline district possesses a shopping mall, many bars, restaurants and boutiques. A bit further to the east, the Mon-Repos Park offers a green and tranquil haven, interrupted from time to time by the twittering of birds in its aviary.

PLACES YOU MUST VISIT



LAUSANNE CATHEDRAL

The Cathedral, considered one of the most beautiful Gothic buildings in Switzerland, was consecrated in 1275. Don't miss the rose window, the painted portal, the 13th century choir stalls, the ancient and modern stained glass windows and the great organs. The bravest will admire the panoramic view from the belfry (entrance fee) after climbing the 224 stairs. Open tours of the Cathedral and free guided tours during the summer.



MUSÉE HISTORIQUE LAUSANNE

Within the walls of the Old Bishop's Palace, this Lausanne historical museum speaks of the town's rich past and features a famous model that offers an exceptional view of the 17th century Cité. Temporary exhibitions, inspired by the research conducted on its collections, explore the thousand years of this heritage. A novel approach to the town's history: smart multimedia!



mudac

This space is dedicated to design and contemporary applied arts. You set off on an intense and surprising journey where antique Egyptian and Asian art stand side by side with current designers' latest creations. The museum organises encounters and themed guided tours, and regularly welcomes performing arts such as dance, music and other types of performances. Until its temporary closure on June 1, 2020, the museum is preparing to move its collections to PLATFORM IO.



ESCALIERS DU MARCHÉ

A direct but abrupt route between the Cathedral and the town centre, this wooden stairway first mentioned during the 13th century exists in its present form since the beginning of the 18th century:

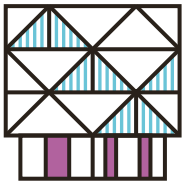
roofed and winding, with a very steep cobbled street running alongside. An integral part of Lausanne's popular iconography, it is lined on the west with a picturesque row of boutiques and cafés.



MON-REPOS PARK

Open to the public, it's one of the most popular parks for Lausanne inhabitants of all ages, with its huge lawns, aviaries of exotic birds, playgrounds and ephemeral sculptures.

Stroll down its various alleys to catch a glimpse of an orangery as well as a neo-Gothic tower overlooking a cave and a waterfall.



DISTRICT TOWN CENTRE

This is where the city's energy is most animated both by day and night.

From ancient buildings to trendy new districts, tread the cobblestones and broad avenues to make the most of shopping amongst major brands and local designers. It's also the axis of nightlife with concert halls and an opera, plus bars and clubs that will keep you awake until the early hours of the morning.

PLACES YOU MUST VISIT



PLACE SAINT-FRANÇOIS & CHURCH

Lausanne's residents like to meet up in this central square dominated by a mediaeval church that has become a hub for music and dialogue with contemporary art in all its guises. The square welcomes every Wednesday and Saturday morning the famous market stands of Lausanne.

RÔTILLON NEIGHBOURHOOD

In the intertwining lanes of one of Lausanne's oldest neighbourhoods that was recently renovated, works of art, a Titeuf fresco, small, original shops and bohemian cafés now attract the trendy crowds. One of the trendy new neighbourhoods in Lausanne, the Rôtillon feels like a corner of Italy in the heart of the town.



PLACE DE LA PALUD

A polychrome statue, symbolising justice, stands imposingly on the Renaissance fountain in the centre of this pedestrian square, where the Town Hall is also located. Opposite, tourists and children wait, every hour on the hour from 9 am to 7 pm, for the ballet of animated figures to the sound of the carillon.



PALAIS DE RUMINE

Erected at the end of the 19th century on the Place de la Riponne, this Italianate-style building houses a host of treasures in its various museums of art and science, such as the largest naturalised great white shark.



FLON DISTRICT

It's the town's architectural success: this district of former warehouses that begins at the Place de l'Europe was rehabilitated as a living area with a wide array of restaurants, bars, clubs, boutiques, cinemas and exhibition spaces. A must is to enjoy a drink on one of the rooftop terraces.



MONTBENON ESPLANADE

Making the most of one of the town's most beautiful openings on Lake Geneva and the Alps, you can lounge on the lawns in front of the District Court or enjoy a meal on a terrace. If it's raining, you might like to visit the Swiss Film Archive in the Casino de Montbenon.



COLLECTION DE L'ART BRUT

The town created this museum, unique in the world, in 1976 in exchange for the legacy of 5,000 works of outsider art belonging to artist Jean Dubuffet. Located opposite the Beaulieu Palace, this institution today owns over 70,000 works, 700 of which are displayed permanently, and exports its exhibitions all over the world.



The only private acute care Clinic IN THE VAUD CANTON BELONGING TO A non-profit Foundation



“OUTPATIENT SERVICES OPEN TO PATIENTS WITH BASIC MEDICAL INSURANCE”

- Emergency centre 7/7
- Radio-oncology centre
- The largest private Radiology institute in the Vaud canton
- Breast imaging centre
- Multidisciplinary outpatient centre
- Physiotherapy institute
- 24-hour Medical laboratories
- Medical and surgical centre for obesity

www.elcdesign.ch - Photos©Th. Zufferey

DISTRICTS

TRAIN STATION/OUCHY



The neighbourhoods located between the Ouchy quays, by the lakeside, and the Lausanne train station are perfect for a revitalising stroll.

They unveil several green oases, elegant Belle Époque dwellings bordering broad avenues and two internationally renowned museums. Since 2008, the rubber-tired m2 metro has replaced the “Ficelle” (the “String”), which was, in 1877, one of the first metropolitan railways in the world.

PLACES YOU MUST VISIT



CRÊT DE MONTRIOND & PLACE DE MILAN

Inaugurated at the end of the 19th century, this square's vast lawns, football fields, playgrounds, fountain and shady alley draw in families in all seasons. Reach the Crêt de Montriond by a winding path to discover a 360° panorama of the Lavaux vineyards, Lake Geneva and the Alps. A little corner of paradise, the Botanical Gardens boast a stunning array of almost 4,000 alpine, medicinal, tropical and carnivorous plants (free entry).



DENANTOU PARK

Initially privately held, until opened to the public in 1928, this park was laid out during the 19th century in the English fashion by a banker. Allow your children to caper about in the wild meadows surrounded by copses, flower bed displays and statues, or to play with the water from the pond. Since 2007, a Thai pavilion with a golden roof adorns this green area; it was given to the town by His Majesty the late King of Thailand in gratitude for the years he spent in Lausanne between 1933 and 1951.

ENNASUAL ARTS-LAUSANNE ZUSÉ KANTONAL DES



Under the Skin.
Vienna 1900, from Klimt
to Schiele and Kokoschka
14.2. – 24.5.2020

mcba.ch



Current exhibition
Atlas.
A Cartography of Donation
Until 12.1.2020

First presentation of
The Collection
From 13.3.2020
Free entrance

Espace Projet
Taus Makhacheva
13.3. – 17.5.2020
Jorge Macchi
5.6. – 23.8.2020
Free entrance

Espace Focus
Yersin Drawer
10.4. – 21.6.2020
Free entrance

Gustav Klimt, Goldfische (détail), 1901-1902, Kunstmuseum Solothurn, Dübli-Müller-Stiftung © SIK-ISEA, Zürich



NEW:
THE ROYAL
SAVOY
OYSTER BAR

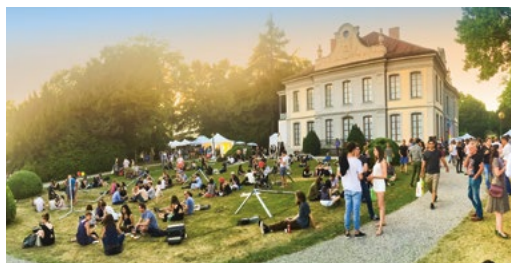
Royal Savoy Hotel
& Spa Lausanne
Avenue d'Ouchy 40
1006 Lausanne
T. +41 (0)21 614 88 88
info@royalsavoy.ch
www.royalsavoy.ch



ÉLYSÉE MUSEUM & GARDENS

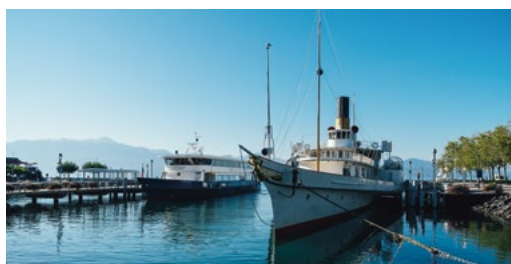
This 30-year-old museum, one of the first to be entirely dedicated to photography, gained its international aura thanks to the quality and originality of its exhibitions in Lausanne, then exported all over the world, as well as the dozen complete collections and archives,* amongst which are those of Charlie Chaplin, Nicolas Bouvier and Ella Maillart. The beautiful mansion, that welcomed Mme de Staël in 1807, is surrounded by a French formal garden laid out in terraces with a spectacular view of the Alps and Lake Geneva. Until its provisional closure in the summer of 2020, the museum is preparing to move its collections to PLATFORM IO.

*The exhibitions are temporary. Refer to the programme.



OLYMPIC MUSEUM & PARK

Unique in the world, the Olympic Museum forms Lausanne's main cultural attraction. Each of its three levels is dedicated to a particular aspect of modern Olympism, largely featuring new interactive communication media. You may need several visits to explore everything. In any case, a pause at the Tom Café is welcome, with its terrace on the uppermost floor that offers a splendid view of Lake Geneva and the Alps. In the park, admire the collection of sculptures and test your speed on a proper running track. Strolling through the landscaped terraces, you'll reach the monument on the shores of the lake.



CRUISES ON A BELLE ÉPOQUE OR SOLAR BOAT

It's impossible to leave Lausanne without having sailed on Lake Geneva aboard one of the Compagnie Générale de Navigation's vessels. In addition to crossing the lake to the French shore, its Belle Époque fleet – the largest in the world – takes you on board for a gourmet cruise. From May to September, you can sail closer to the coastline on board the solar-powered boats "Les Aquarels du Léman", to observe the fauna and flora in tranquillity.



CANTONAL MUSEUM OF FINE ARTS (MUSEE CANTONAL DES BEAUX-ARTS (MCBA))

It is one of the oldest Swiss museums dedicated exclusively to art. Since 2019, MCBA has been located just a stone's throw from the station, on the PLATFORM IO site. 10,000 works from the museum's collection are on display in this building, regarded as exceptional in terms of its architecture. It is designed to provide its visitors with new original spaces: a restaurant, a bookstore boutique, an auditorium and a library.

le

HOTEL

R

★★★

Lakeview Hôtel LE RIVAGE

At the heart of passion!

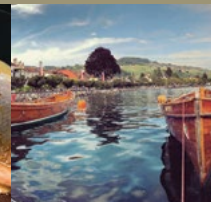


For your moments of business or pleasure,
let yourself be surprised.

Only 10 minutes from the center of Lausanne

Photos & Emotions

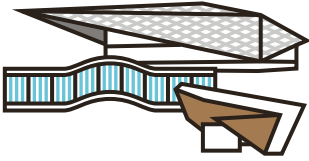
Look at our
Instagram profile
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DISTRICTS

VIDY/UNIVERSITIES



The western part of Lausanne is dominated by the university campus that includes the University and the Federal Institute of Technology.

A location close to the lakeside loved by the 26,000 students who can take part in a broad array of nautical sports.

PLACES YOU MUST VISIT



BELLERIVE SWIMMING POOL & CRAZY GOLF

This outdoor swimming pool, open from May to September, is equipped with large pools, up to 10-metre diving boards and fun paddling pools for children. Would you rather chill out?

Lounge on the large lawns or on the (supervised) beach with direct access to the lake. Restaurants and refreshment stalls on the spot. Next to the pool, the Bellerive crazy golf is an invitation to playful relaxation ideal for families or friends.



PARC LOUIS-BOURGET & PLAGE DE VIDY

Between shoreline forest and meadows, the Louis-Bourget Park is a nature reserve that hosts a bird sanctuary, a pond bordered with fireflies, a fitness trail and a large playground. It's also an ideal destination for hot summer evenings: come and use the barbecues and grills set on the lawns before enjoying a game of football or relaxing on Vidy beach! You'll also meet many walkers strolling on the pleasant path that runs along the lakeside.



OLYMPIC HOUSE

With its shape inspired by the movement of an athlete, Olympic House is one of the most sustainable buildings in the world. Designed to reflect the IOC's overarching mission to make the world a better place through sport, it brings together the entire staff of the IOC – that is 500 employees – under one roof. (Closed to the public.)



ROMANE MUSEUM & GALLO-ROMAN RUINS

The Lausanne-Vidy Roman Museum offers a presentation of the Gallo-Roman Lousonna (Lausanne), as well as various temporary exhibitions. In a bucolic setting that blends greenery, a body of water and ruins, don't miss the walk around the remains of the Lousonna vicus (village) dating from 15 BC, one of the largest in Switzerland. This archaeological park was redesigned in 2019.



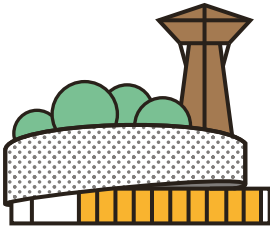
ESPACE DES INVENTIONS

Are your children budding scientists? The Invention Space is a place for them! Housed in a strange building with a concave roof dating from the National Exhibition, its vocation is to arouse young people's interest in science and technique thanks to interactive and entertaining exhibitions that are regularly renewed.

UNIVERSITY CAMPUS & ROLEX LEARNING CENTER

The university campus includes the Lausanne Federal Institute of Technology and Lausanne University, the first buildings of which were erected in the 1970s. Since then, the site has rapidly expanded and integrated buildings, the architecture of which is admired beyond Swiss borders. It's the case of the Rolex Learning Center's gentle undulations, created by the Japanese architecture firm SANAA, that serves as a place of learning, meeting and exchanges, and includes a library housing more than 500,000 volumes.





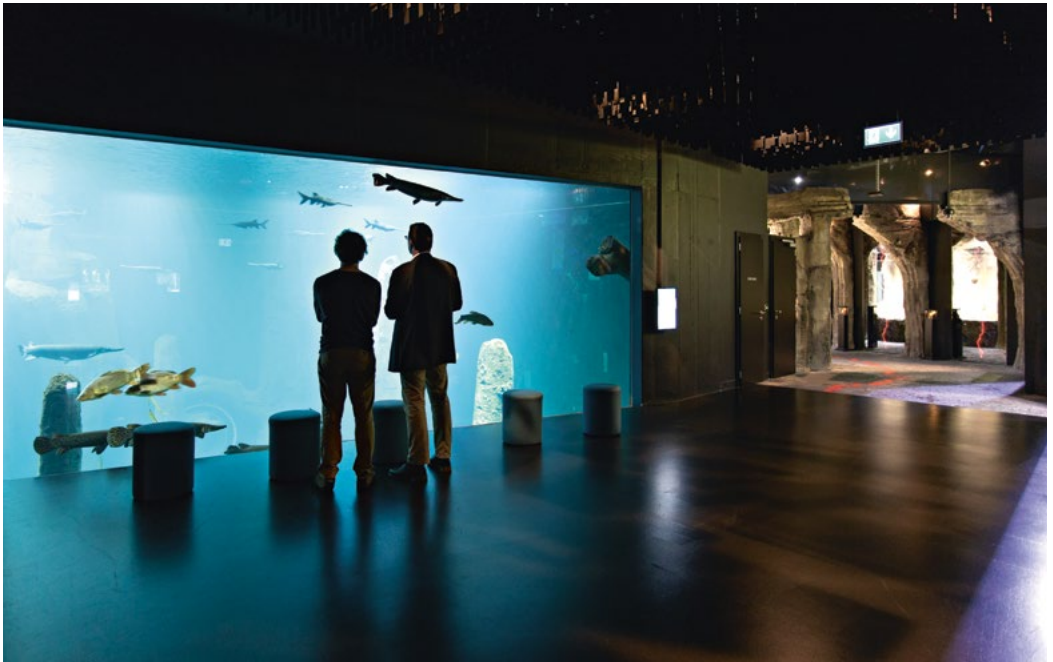
DISTRICTS

SAUVABELIN/CHALET-À-GOBET

North of the town, vast expanses of forest, representing 40% of the municipal surface area, offer many opportunities for walks and outdoor sports activities.

At an altitude of 873 m, Le Chalet-à-Gobet is the culminating point of the Lausanne urban area, 500 m above Lake Geneva. Sauvabelin's bucolic setting, with its lake, park and tower, will delight you.

PLACES YOU MUST VISIT



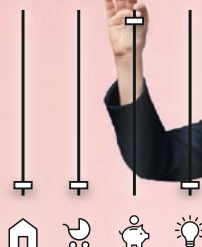
AQUATIS

This innovative architectural complex, easily reached by metro, integrates the largest freshwater aquarium in Europe and the Lausanne Vivarium. Follow the discovery

trail that includes 50 tanks displaying about 20 aquatic ecosystems from across the five continents.

Modulo
Ma solution
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2%
sur votre épargne
en 2019

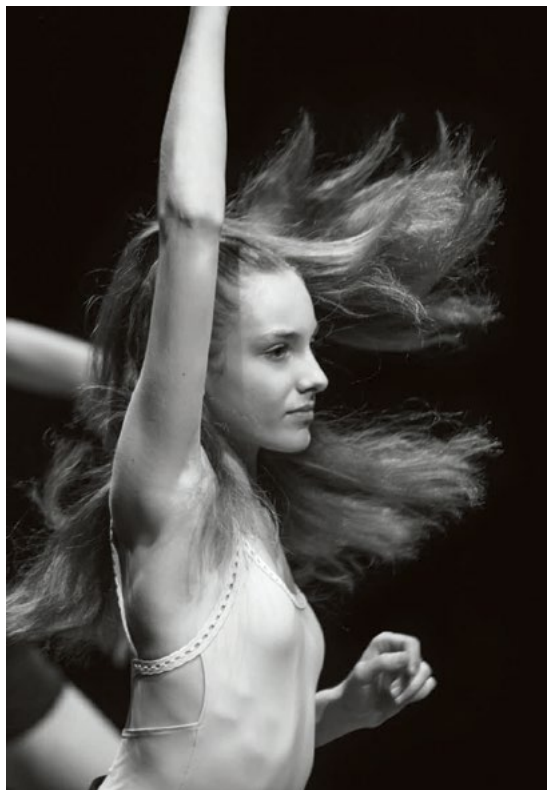


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Retraites Populaires

PARTENAIRE OFFICIEL



JULY 6TH–11TH, 2020
SUMMER INTENSIVE
EUROPEAN
PRESELECTION
REGISTRATION
DEADLINE
MARCH 31ST, 2020

LAUSANNE, SWITZERLAND



**P R I X
D E
L A U S A N N E**

**49TH INTERNATIONAL
BALLET COMPETITION**
JAN 31ST – FEB 7TH 2021
PRIXDELAUSANNE.ORG

CHALET-À-GOBET & MAUVERNAY SPORTS CENTRE

This village includes a hotel school, a ski slope, an equestrian centre as well as a golf course. Its sports centre offers running and mountain-bike trails (changing showers available).



HERMITAGE COUNTRY ESTATE & FOUNDATION

In the centre of the Hermitage Estate sits an imposing mansion built around 1850 and which today houses a famous museum of paintings. In the English-style gardens populated with majestic trees, benches invite you to contemplate a unique panorama of the old town, the lake and the mountains.



SAUVABELIN PARK & LAKE

Created in 1888 in the heart of an oak forest, the Sauvabelin lake rapidly became a sought-after strolling area for Lausanne people. You can rent a small boat during the summer or walk along its shores. The surrounding park is very popular with children, who discover unusual animals such as woolly pigs, grey cows, booted goats and mirror sheep.

SAUVABELIN TOWER

This tower built of solid, local wood in a spirit of environmental respect is one of the many destinations for a hike above the town since 2003. Enjoy the 360° view from a height of 35 metres after climbing the 151 steps of its double spiral staircase. Free access.

LAUSANNE SURROUNDINGS

The calendar of not-to-be-missed events

20.11 → 31.12.19	Bô Noël Lausanne - Christmas Markets	www.bo-noel.ch
20.11 → 31.12.19	Festival Lausanne Lumières	www.festivallausannelumieres.ch
14.12.19	Christmas Run	www.midnightrun.ch
09.01.20 → 22.01.20	YOG 2020 – 3 rd edition of the Youth Olympic Winter Games. Competitions in Lausanne and in different cities across Switzerland	www.lausanne2020.sport/fr/
09.01.20 → 22.01.20	“Lausanne en Jeux” [“Lausanne in the Game!”], as part of the YOG 2020, a rich programme of activities combining sport and culture in the heart of Lausanne	www.lausanne2020.sport/fr/
15.02.20 → 16.02.20	Japan Impact	www.japan-impact.ch
04.03.20 → 08.03.20	Rencontres 7 ^e Art Lausanne	www.rencontres7art.ch
18.03.20 → 22.03.20	Habitat-Jardin	www.habitat-jardin.ch
25.03.20 → 05.04.20	Programme Commun, Lausanne International Festival of Performing Arts	www.programme-commun.ch
27.03.20 → 29.03.20	International Gaming Show	www.igslausanne.com
27.03.20 → 04.04.20	Cully Jazz Festival	www.cullyjazz.ch
02.04.20 → 05.04.20	Mednat & Agrobio Expo	www.mednatexpo.ch
30.04.20 → 03.05.20	Lausanne Art Fair	www.lausanneartfair.com
May to December 2020	“Lausanne à Table!”, Gourmet events throughout the year	www.lausanneatable.ch
02.05.20 → 03.05.20	Les 20KM de Lausanne	www.20km.ch
08.05.20 → 24.05.20	2020 Ice Hockey World Championships. Competitions in Zurich and Lausanne	www.iihf.com/fr/events/2020/wm
15.05.20 → 07.06.20	Luna Park, funfair	
31.05.20 → 06.06.20	Festival Pully Lavaux à l'heure du Québec	www.pully-quebec.ch

www.lausanne-tourisme.ch/big-events

Non-exhaustive list; dates are subject to change



CALENDAR



20.11 → 31.12.19
BÔ NOËL
www.bo-noel.ch



09.01 → 22.01.20
**JOJ 2020 "LAUSANNE
EN JEUX!"**
www.lausanne2020.sport/fr/



25.03 → 05.04.20
**PROGRAMME
COMMUN**
www.programme-commun.ch



27.03 → 04.04.20
**CULLY JAZZ
FESTIVAL**
www.cullyjazz.ch



May to December 2020
**"LAUSANNE
À TABLE"**
www.lausanneatable.ch



08.05 → 24.05.20
**ICE HOCKEY WORLD
CHAMPIONSHIPS**
www.iihf.com/fr/events/2020/wm

SWISSSNEAKS+



SNEAKER COLLAB 19-09-2019 > 26-01-2020

MUDAC.CH x SWISSSNEAKS.CH

Julius Bär

MUSÉE DE DESIGN
ET D'ARTS APPLIQUÉS
CONTEMPORAINS

mudaclausanne

10
ANNÉES



LAUSANNE
CAPITALE OLYMPIQUE

(RE)DISCOVER THE ADDRESSES OF LAUSANNE TOURISME

TOURIST INFORMATION

Three Tourist Office information and welcome centres are at your service at the CFF train station, the Cathedral and by the lakeside at the m2 metro “Ouchy-Olympique” station. You will find a host of services at your disposal there – public transport passes, maps, recommended routes and excursions from Lausanne, various brochures, lists of hotels, help and emergency services, etc. – as well as culture and leisure news.



PUBLIC INFORMATION OFFICES

LAUSANNE TRAIN STATION

Pl. de la Gare 9
CFF train station main hall
September to May:
every day: 9 am → 6 pm
June to August:
every day: 9 am → 7 pm

METRO M2 STATION “OUCHY-OLYMPIQUE”

September to May:
every day: 9 am → 6 pm
June to August:
every day: 9 am → 7 pm

LAUSANNE CATHEDRAL

April, May and September:
Monday to Saturday:
9.30 am → 1 pm / 2 pm → 6.30 pm;
Sunday: 1 pm → 5.30 pm
June, July and August:
Monday to Saturday: 9.30 am → 6.30 pm;
Sunday: 1 pm → 5.30 pm
October to March:
Monday to Saturday:
9.30 am → 1 pm / 2 pm → 5 pm;
Sunday: 2 pm → 5 pm
www.lausanne-tourisme.ch/tourism-offices



LAUSANNE CONVENTION BUREAU

Administration
Av. de Rhodanie 2
Case postale 975
CH-1001 Lausanne
☎ +41 21 613 73 73
www.lausanne-tourisme.ch/en/
info@lausanne-tourisme.ch



TOWN OF LAUSANNE – INFO CITÉ

Information point for the town of Lausanne, the “info cité” office’s mission is to inform, orient and guide Lausanne people and passing guests.
Place de la Palud 2
1002 Lausanne
Monday to Friday: 8 am → 5 pm
☎ +41 21 315 25 55
www.lausanne.ch/infocite
infocite@lausanne.ch



GENERAL INFORMATION

LAUSANNE IN SHORT

Lausanne benefits from a privileged location in the heart of Europe.

It is easily reached by train, car or boat. If you fly in, you can choose between Geneva International Airport (40 minutes away) and Zurich Airport (2 hours 30 minutes away).

LAUSANNE, CAPITAL OF THE CANTON OF VAUD AND FOURTH-LARGEST TOWN IN SWITZERLAND

Lausanne sparkles with energy, by its capacity to innovate and the diversity its tourism offers. It hosts the headquarters of several multinational companies, renowned universities and research centres, dozens of international sports federations and many cultural institutions.

POPULATION

Town of Lausanne	145,000 inhabitants
Urban area	400,000 inhabitants
Vaud Canton	800,000 inhabitants

LANGUAGE

Official language	French
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GEOGRAPHY

Latitude	46°32' N
Longitude	06°40' E

ALTITUDE

372 m by the lakeside
495 m in the town centre
852 m north of the town

LOCAL TIME ZONE

GMT+1
(summer time +1
= March to
October)

CLIMATE

Average annual temperature 14°C

Average summer temperature 24°C

Due to the city's wide altitude range (500 m), the climate changes according to the district as a 1°C temperature disparity is recorded for every 100 m.

For example, in winter it is quite common for the upper part of the city to be snowbound for many weeks.



COME MEAT US

Château d'Ouchy
Place du Port
1006 Lausanne

Réservations :
T. : +41 (0)21 706 57 57
M. : 57grill@chateaudouchy.ch

www.57grill.ch

57°
GRILL

PRACTICAL LAUSANNE

Here are useful contact details to keep at hand and make your stay easier. You have access to all the necessary information at our three information offices spread across the town.

EMERGENCY PHONE NUMBERS

- ☎ **112** International number for emergency calls
- ☎ **117** Police (crimes and theft, emergencies only)
- ☎ **118** Fire brigade
- ☎ **140** Roadside assistance service
- ☎ **144** Ambulance

USEFUL PHONE NUMBERS

- ☎ **+41 21 314 11 11** CHUV
(Centre Hospitalier Universitaire Vaudois)
- ☎ **+41 848 133 133** Centre for on-call doctors
- ☎ **1811** Directory enquiry services
- ☎ **162** Swiss weather forecast
- ☎ **163** Road traffic information

LOST PROPERTY OFFICE LAUSANNE POLICE STATION

Pl. de la Riponne 10
☎ **+41 21 315 33 85**
Information by telephone only in the morning
Monday to Friday: 1 pm → 4 pm
www.lausanne.ch/en

USEFUL MOBILE APPLICATIONS

Find here the applications that are useful for your stay in Lausanne. Calendar, hotels, self-service bike rentals, public transport and much more!

MORE INFORMATION AT:

www.lausanne-tourisme.ch/mobile-apps



CURRENCY

Swiss franc (CHF)
1 euro = 1.15 Swiss Franc (indicative rate)

EXCHANGE OFFICE

Lausanne train station
Monday to Friday (except Thursday): 8 am → 6.30 pm;
Thursday: 8 am → 8.30 pm; Saturday: 9 am → 6 pm;
Sunday: 10 am → 6 pm

POST OFFICES

IN THE TOWN CENTRE

Pl. Saint-François 15
☎ **+41 848 888 888**
Monday to Friday: 7.30 am → 6.30 pm;
Saturday: 8 am → 11.30 am

AT THE TRAIN STATION

Pl. de la Gare 1/Av. de la Gare 43 bis
☎ **+41 848 888 888**
Monday to Friday: 8 am → 8 pm;
Saturday: 8 am → 4 pm; Sunday: 4 pm → 7 pm
www.poste.ch/en

ULTRA-CONNECTED LAUSANNE

The town is constantly developing hotspots providing free internet access. Currently, 10 WiFi hubs are available in the town's main squares: Flon, Palud, Riponne, Gare, Saint-François, Montbenon, Navigation, Port, Service des automobiles (Vehicles Service), Blécherette Airport.

MORE INFORMATION AT:

www.lausanne-tourisme.ch/good-to-know



LAUSANNE, AT THE HEART OF THE LAKE GENEVA REGION

Situated in the heart of Europe, the Olympic Capital is also the ideal departure point for exploring the charming lake, mountains, countryside, vineyards and forests of the surrounding area.

MOVE IN LAUSANNE

You can reach Lausanne across land, air or even water. This model town for sustainable development possesses a network of public transport that makes it ideal to set off from and explore.



PUBLIC TRANSPORT IN THE LAUSANNE REGION

The "tL_{live}" application lets you purchase your ticket, look up itineraries and real-time schedules (in French only).

FLON CUSTOMER CENTRE

Pl. de l'Europe 5b

+41 21 621 01 11

Monday to Friday: 7 am → 7 pm; Saturday: 9 am → 6 pm

www.t-l.ch/en



"GRAND LAUSANNE" MOBILIS DAY PASS

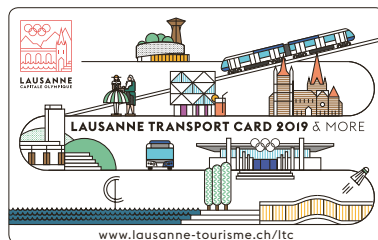
Full fare: CHF 9.30; reduced fare: CHF 6.90.

This pass entitles you to whole-day-use of all the public transport companies belonging to the Vaud tariff community present in the Grand Lausanne perimeter (i.e. Lausanne and its immediate surroundings).

Available from ticket dispensers or points of sale. For more information, see:

www.mobilis-vaud.ch

A CARD THAT OFFERS YOU TRANSPORT AND DISCOUNTS!



Don't forget to ask the establishment providing your lodging for your personal Lausanne Transport Card & More (LTC)! You can use public transport (bus, train, metro) as you please during your whole stay (maximum 15 days) in Lausanne and its surroundings. But that's not all! Thanks to our partners, you benefit from exceptional discounts and advantages from many museums, shops and other leisure activity providers.

MORE INFORMATION AT:

www.lausanne-tourisme.ch/ltc



USEFUL INFORMATION

CHEMINS DE FER FÉDÉRAUX (CFF)

Consulting the timetables for national or international connections from or to Lausanne, preparing your trip and buying tickets to travel in Switzerland becomes child's play with "Mobile CFF" application.

CFF information – Passenger service:

Pl. de la Gare 5a

☎ +41 848 44 66 88 (within Switzerland)

☎ +41 51 220 11 11 (calling from abroad)

www.sbb.ch/en

GENEVA INTERNATIONAL AIRPORT

Second in Switzerland after Zurich, Geneva Airport is a 45-minute train ride from Lausanne (five trains every hour). It benefits from a network serving 142 direct destinations, 23 of which are intercontinental.

Rte. de l'Aéroport 21,

Grand-Saconnex

☎ +41 900 57 15 00

(information about departures and arrivals)

www.gva.ch/en

COMPAGNIE GÉNÉRALE DE NAVIGATION (CGN)

From the simple lake crossing to go to France to a gourmet cruise on a Belle Époque paddle-wheel vessel, every experience on the Lake Geneva waters becomes an unforgettable memory.

Av. de Rhodanie 17

☎ +41 900 929 929

www.cgn.ch/en

LA BLÉCHERETTE LAUSANNE AIRPORT

This aeronautical facility – that celebrated its hundredth year in 2016 – is located nearby Lausanne's town centre. First flights and air-taxis.

Av. du Grey 117

☎ +41 21 646 15 51

www.lausanne-airport.ch

LEB RAILWAY

Would you like to spend a day in the countryside? Embark on the Lausanne – Echallens – Bercher train that departs from the Flon. Bikes and pushchairs are welcome on board.

Gare Lausanne-Chauderon

☎ +41 21 621 01 11

www.leb.ch

PUBLIBIKE – SELF-SERVICE BIKE RENTALS

You will find all the information on the offers and the networks to Lausanne-Morges on the PubliBike site.

☎ +41 848 09 08 07

www.publibike.ch/en/publibike

www.lausanne-tourisme.ch/getting-around



FIND ACCOMMODATION IN LAUSANNE

Would you like to stay at a centrally located, low-priced establishment after enjoying Lausanne's nightlife, or do you dream of spending the night in a 5-star hotel overlooking the lake? Do you need a comfortable room near the EPFL congress centre? How about a hotel with seminar rooms and high-tech facilities? Or do you imagine a romantic weekend in a boutique hotel? With more than 7,000 beds from 1- to 5-star superior spread over 60 or so establishments, the city of Lausanne allows all its guests to be put up in the best conditions, whether they are here on business or for leisure.

MORE INFORMATION AT:

www.lausanne-tourisme.ch/hotels

(for hotel bookings)





Vos défis, notre métier

Tissons des liens

- Conseil de direction
- Expertises
- Evaluations d'entreprises
- Conseils et services fiscaux
- Gestion fiduciaire et administration de sociétés
- Conseils et services juridiques
- Révision
- Révision de comptes des collectivités publiques
- Gestion financière et comptable
- Comptabilité et gestion des salaires

Ofisa S.A.
Siège social de Lausanne
Chemin des Charmettes 7 • Case postale 7063
CH-1002 Lausanne • Tél. +41 21 341 81 11
Fax +41 21 311 13 51 • Email: fidu@ofisa.ch
Succursales à Genève et Sion

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ET DE CONSEIL
Vos défis, notre métier



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✉ | info@syselcloud.ch 🌐 | www.syselcloud.ch
📍 | Syselcom Mutuelle Informatique SA Chemin de
Maillefer 36 1052 Le Mont-sur-Lausanne Suisse



Discover the city differently



SWEET LAUSANNE

Discover the magic of the city and its secrets accompanied by a certified guide. Explore all the subtleties of Lausanne: its centre, its antique and modern architecture, its picturesque spots and its famous trendy district. As a finale and to make this experience unforgettable, a tasty surprise will be waiting for you. Yummy!

www.lausanne-tourisme.ch/activities

TASTE MY SWISS CITY LAUSANNE

A journey of culinary discovery. The starter, the main course and the dessert are served in 3 different locations in the heart of the city, all recommended by local experts. Choose your culinary experience and indulge your senses!

www.lausanne-tourisme.ch/activities

A TRAVEL JOURNAL FOR YOUR FAMILY VISIT TO LAUSANNE

To entertain your children while you visit the town, Lausanne Tourisme offers them a Travel Journal packed with fun and creative activities, together with colour pencils, a pencil sharpener, an eraser and a tube of glue, all in a very light pouch.

Come and pick up a Travel Journal for each of your children aged five to 10 in one of our tourist information offices, making sure you bring your LTC.

www.lausanne-tourisme.ch/ltc



TAKE ADVANTAGE OF OUR SPECIAL PACKAGES AND GOOD IDEAS AT:

www.lausanne-tourisme.ch/activities



LAUSANNE
CAPITALE OLYMPIQUE

Information offices:
Ouchy, Train station, Cathedral
☎ +41 21 613 73 73
info@lausanne-tourisme.ch

ACTIVITIES FOR THOSE ON TIGHT BUDGETS

A leisure offer accessible to all

TO ENSURE THAT ITS RANGE OF RECREATIONAL ACTIVITIES REMAINS ACCESSIBLE TO ALL, THE CITY OF LAUSANNE PUTS ON VARIOUS ACTIVITIES FOR THOSE ON A MODEST BUDGET. HERE ARE A FEW EXAMPLES OF OUTINGS TO BE ENJOYED AS A FAMILY OR AMONG FRIENDS:

FREE OF CHARGE

- Vidy Bowl for skaters
- Concert at Saint-François church every Saturday at 5 pm
- Hundreds of multi-coloured birds at the Mon-Repos Park aviary
- Free entry to most museums on the first Saturday of the month
- Midday concert every Wednesday from October to March at the Haute École de Musique de Lausanne
- Mountain biking at Chalet-à-Gobet
- Climbing the Sauvabelin Tower

BETWEEN CHF 0 AND CHF 8.50

- AquaSplash with 5 giant flumes, Renens (between CHF 4 and CHF 8)
- Climbing the Cathedral tower (from CHF 1 to CHF 5)
- Vidy bowling alley (between CHF 4.50 and CHF 7.50 per person)
- Flon bowling alley (between CHF 5 and CHF 8.50 per person)
- Bellerive minigolf (free up to age 4, CHF 6 until age 16, then CHF 8)
- Vidy miniature train (CHF 3 per journey)



enjoy !

LAUSANNE

DISCOVER ENJOY LAUSANNE !

Enjoy Lausanne guarantees a unique shopping experience with the added bonus of meeting passionate people, enjoying **impulse buying** and being immersed in local life.

When **buying locally**, you make our city even more attractive and friendly and we thank you for that.

(Re) discover the **charming and authentic** neighbourhoods of the city and meet the retailers that make **Lausanne** so original!



Enjoy Lausanne it's more than 120 brands for your pleasure !

www.enjoylausanne.ch

[f](#) [i](#) @enjoylausanne





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IN 18 CT WHITE GOLD

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