

**PARK LIFE** Wild grassland, garden parties, swimming, terraces, and more *Page 44* 

Everything you need to know about the Lausanne Jardins 2019 landscape festival

# WE ARE OLYMPIANS



### AND YOU?



13.04.2019-15.03.2020

### **ELAUSANNER**

#### NICE TO MEET YOU

#### **EDITORIAL**

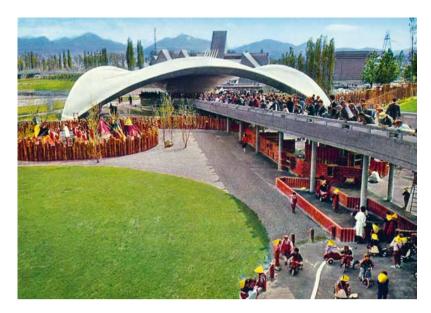
## The city reveals its true nature



Come summer, some cities are left devoid of life, and some are suddenly teeming with visitors – Lausanne is the latter. Over the past few years, both the city's authorities and local business owners have worked hard to capitalise on Lausanne's incredible shorefront location next to one of the biggest and cleanest lakes in Europe. This year, for example has seen a new beach facility developed in Bellerive outside the Jetée de la Compagnie bar. Another summer development that's got foodies jumping for joy is a myriad of new artisan ice cream kiosks, many of which are manned by actual Italians with incredibly tasty, closely-guarded recipes. We catch up with a few Lausanne locals, who tip you off on their favourite spots for ice cream (p. 15).

Summer is also the season for cultural events, not least the ever-popular Festival de la Cité – organiser Myriam Kridi tells us more later in the issue. The other date to save for this year is the auinquennial Lausanne Jardins event (p. 47). Around 20 landscape projects will be dotted along a route crossing the city from east to west, and will remain in place until 12 October. This event's contemporary, sustainable ethos is a perfect fit for a city which is spearheading attempts to make its green heritage management more environmentally-friendly. In this issue, we also explore Lausanne's various parks, lawns, flowerbeds and kitchen gardens, and the people that keep them looking fresh - like our cover boy, Tom le Jardinier, who is now an international gardening social media star. In addition to being spaces for locals to meet up and enjoy life, the city's parks - with their kiosks, play areas and unexpected installations – are also set to play host to a series of garden parties this summer. The Lausanner will also be musing the allure of the city's nightlife, exploring it through the lens of the more feminine and socially aware new wave which has been sweeping through the club scene in recent years (p. 6).

We hope this jam-packed summer schedule gives you a few ideas of how to enjoy life Lausanne-style this summer – our locals will show you how it's done!



This Expo 64 postcard shows the modernist domed roof of the former crèche, sponsored by Nestlé, and the Indian Village in the Vallée de la Jeunesse, a children's play park created especially for the exposition.

#### **IMPRESSUM**

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### COLLECTIVES REINVENTING THE NIGHT

Named the party capital of French-speaking Switzerland in the 199Os, Lausanne is experiencing something of a revival thanks to young event organisers who are making music more genderinclusive and political. Even so, the line-ups at the big clubs still feature some top names.

By Alexandre Lanz and Sylvain Menétrey

During the I98Os, New York street artist Keith Haring came to Lausanne to party. What's more, he also designed the logo for legendary rock club La Dolce Vita. The fact that it remains in the collections at the Musée Historique 2O years after the club's closure is testament to the importance of after-dark alternative culture in the city. Lausanne also prides itself on being the top nightlife spot in French-speaking Switzerland since the 199Os. There's been the odd scandal here and there, but the city's reputation has only served to increase the appeal of its constantly-evolving club scene.

There are 23 nightclubs in Lausanne in 2019, which are paradises for techno, Latin, hiphop and old-school rock lovers. But these venues and musical styles don't give us the full picture of the revolution that is stirring on the Lausanne nightlife scene.

#### **WOMEN ON THE DECKS**

Just like in London, Paris and Berlin, where people are less loyal to an actual club than to the idea of raves which can happen anywhere, now it is fresh-thinking collectives of DJs and event organisers who are leading the way. Although eclectic in style, these collectives are united in their desire to break out of the box, whether that be the traditional surrounds of a nightclub, musical genre, identity or sexual orientation. "Queer nights have become a big thing in Lausanne, for example," explains DJ and organiser StaStava. She herself is part of the movement to promote more fusion and female representation in the scene through the events she organises with her Mega Mood association at Le Bourg. "We've seen a lot of collectives supporting diversity and a range of music gaining ground in Berlin, and young people in Lausanne started wondering if they could replicate that movement here.



At D! Club (see photo) and other places, more and more initiatives are fuelling Lausanne's nightlife.

#### *ELAUSANNER*



Clubs like Le Romandie, Le Bourg and Folklor took these collectives in, offering them nights where they were in charge of the music, the look, and the marketing." StaStava says that technological progress has played a part in the development of these collectives and the greater diversity appearing on the scene. "You don't need that much training these days to be a DJ. You download your playlist at home on a memory stick, then you come and plug it into the decks and mess around with your mates. This change in technology has encouraged more girls to get involved, who feel more able to establish themselves in the macho DJ scene when there's a group of them together."

This young, women-led tide has still not totally eclipsed the old school, which is still prominent in big venues like MAD (Moulin à danse) and D! Club that focus on international headline acts and sound quality. Lausanne's student-heavy population does wonders for this dynamic: with ECAL, UNIL, EPFL and the Hospitality Management School in its midst, the city is full of youngsters who work hard and play hard. "In the space of 2O years, the Hospitality Management School has gone from having 4OO students to almost 3,OOO. They go out a lot and make excellent customers," says Thierry Wegmüller, a magnate of the Lausanne nightlife scene and owner of, among others, D! Club, and its younger sibling Bar Club ABC. →



Silent disco goers on the promenade of the Cathedral.

Although the city has basked in the glow of being the number one nightlife spot since the 1990s, the years before that were much gloomier.

#### LA DOLCE VITA TRAILBLAZERS

In the early 198Os, their boredom led Lausanne's youngsters to take their bleakness to the streets. La Dolce Vita opened in 1985 as part of the Lôzane Bouge movement. Punks, goths and other social groups all gathered there in the haze of smoke, surrounded by oceans of beer and a libertarian vibe

MAD opened in its wake, in the industrial, warehousefilled neighbourhood of Flon. Flectronic music and bedonistic vibes were taking over Lausanne. Thanks to a clever exclusivity agreement with other business owners in the area, MAD managed to remain the only place in the city centre to offer this genre for years. Be that as it may, two competitors did spring up in the late 1990s, in the form of Loft and D! Club. Both pumped out their own 120-bpm music, and became in turn their own clubbing Meccas.

The bars, clubs and cinemas in Lausanne are all within walking distance, which encourages partygoers to roam. The "club culture" hit its peak in the early 200s, lifting the city to heights where it became an unmissable stop on the circuit for DJs like Sven Väth, Roger Sanchez and Laurent Garnier. It was so

popular that two huge techno festivals, Atlantis and Movement. each with their own set of stars on the decks, were held in clubs on the very same weekend at the start of the new millennium. "I'll never forget those years, when all these different worlds collided. In just one night you could go from one club to the next, with big names in techno and electro playing at every single one," remembers one clubber. It was also the start of years of excess. Tired of the brawls and vandalism caused by clubbers looking to take their after-party to the streets, city authorities decided to turn the volume down. Since 2013. certain clubs have been required to close at 3 am, and shops are banned from selling alcohol after 8 pm at the weekends.

#### **ELAUSANNER**

Organiser Olivier Meylan played his cards just right when calm settled once again over the city.

#### SILENCE! LET'S DANCE...

To avoid complaints about night-time noise pollution, the entrepreneur introduced the idea of silent discos... with resounding success. Headsets on, revellers flooded into all kinds of places. "Silent discos were a sort of next-generation type of disco, with the tech allowing people to get involved and choose what they wanted to listen to," Meylan explains. "We looked for cool places, and

collaborated with institutions like the Olympic Museum and the Museum Night initiative."

The scaling back of Lausanne's niahtlife also gave more niche community projects a chance to flourish. Occasionally provocative cultural festivals combinina cinema, performing arts, concerts and parties - like the famous La Fête Du Slip which began in 2012 and celebrates sexuality of all kinds - have appeared on the scene. The ...E la Nave Va association has managed Le Romandie since it opened back in 9004. Now tucked

under the arches of the Grand-Pont bridge, the venue offers rock and electro line-ups. One year on, the Association du Salopard created Le Bourg, a cultural project with a niche scene in a former cinema, complete with floral wallpaper and a programme which stands out due to its propensity for the unknown, "Our line-up can be quite adventurous, with a few groups which are practically unheard of," acknowledges Dimitri Meier, one of the association's schedulers. "But we've seen entries go up and up for about the last two years."  $\rightarrow$ 

#### "THE NIGHTLIFE IN LAUSANNE IS ECLECTIC, ABUNDANT, EXCITING AND UNINHIBITED"



Owner of D! Club for 17 years, Thierry Wegmüller highlights the importance of always bringing something new to the table. Habits change, and beats blend.



"Managing a club is not a hobby. I often compare it to being at a mixing desk: you're constantly adjusting multiple sliders at the same time. Things that worked three years ago just don't anymore.

"When we started doing hip-hop in the 199Os, people didn't understand that you could offer multiple genres in the same club and we suffered our fair share of criticism – but we kept at it. People's mentalities have evolved since then. Nowadays, young people will listen to both electro and hip-hop in the same night.

"Fridays here are dedicated to the biggest names in electro – it's kind of our calling card. On Saturdays, half our clientele have travelled to be here. That means Lausanne still has a reputation of being a top nightlife destination in Switzerland. Weekend tourism to Berlin, London and Barcelona definitely has an effect on that, but on the flip side young people have started to ask themselves whether it makes sense – and whether it's any good for the environment – to be getting on a plane to go out and party. I get the feeling that they're becoming more aware of their role in shaping how the world is going to turn out – and that's great."

#### TALK OF THE TOWN

The end of the rowdiest nights has not signalled the end of the diehard electro culture. So, since December 2016, Folklor has been caterina for both the en-masse club craze of the 1990s and the more alternative scene that sprang up after about 2010. This new venue is a place where you can lose all trace of time, escaping into the beats of local collectives and superstar DJs booked by a team of experts. "We are a IOO% electro club from Wednesday to Saturday," says Ramon Lorenzo, one of the club's owners. Located at basement level to the north of the Place de la Riponne, Folklor has managed to create a sort of melting pot made up of 19- to 20-year-olds

on Wednesdays and Thursdays, and a slightly older client base on the weekends. "80% of our visitors are from Lausanne, but people come from Geneva, Bern and Zurich for our international DJs. The best bit about this place is that you don't have to put up with the aggression of the mainstream electro music scene: these people aren't teenage yobs, but real party animals who are passionate about music," he says.

The Lausanne nightlife scene has also shown itself to be surprisingly full of life, despite the fact that more and more socialising is done online. On the contrary, technology seems to be getting the scene going and making it even more diverse. It makes it easier for communities to form on social media, and means that mixing and production tools are more accessible. It even means you can dance without a single sound!

Opened in December 2016, the Folklor offers a cutting-edge, IOO%



### The nightlife spots

Over the years, Lausanne has forged a nocturnal identity featuring a good mix of alternative culture and mainstream clubs. Now, some of the industry's earliest trailblazers stand side by side with newcomers, each as broad-minded as the last.

#### MAD, EST. 1985

Five floors, four dancefloors, a restaurant, a hotel with a rooftop terrace and a café: for anyone looking for a classic club experience in Lausanne, MAD is still a mecca.

www.madclub.ch

#### D! CLUB. EST. 1996

Twenty-three years after it first opened, the former theatre – which was converted into a cinema before becoming a club in 1996 – is still one of the city's most iconic venues. Ranked the best big club in Switzerland several times over, its student nights on Thursdays are particularly popular. At the weekend, the stage belongs to some of the biggest electro and house DJs, with the club also hosting iconic hip-hop nights and gigs.

#### BAR CLUB ABC, EST. 2014

The old cinema balcony upstairs at D! Club has its own schedule of events, including the buzzing queer nights organised by Lausanne local Francis Ases as well as comedy and stand-up gigs at the start of the evening.

www.dclub.ch

#### JAGGER'S, EST. 2001

A basement club paying tribute to the Rolling Stones frontman or his ex-wife Bianca, who once turned up to Studio 54 in New York on a white horse. The music at Jagger's oscillates between rock and disco.

#### LE BOURG, EST. 2005

With papered walls, a small stage and a balcony, a touch of the cinema lingers over this gig venue. Which makes sense, seeing as it was actually once a cinema. The programme there is eclectic and wide-ranging, featuring gigs, performances, private album listening parties and DJ sets. www.le-bourg.ch

#### FOLKLOR, EST. 2016

When the local authorities imposed a 3 a.m. closing time on La Ruche, the club's founders decided to take its party atmosphere and create Folklor in the Place de la Riponne. But, this time around, with no danger of annoying the neighbours. www.folklor.club

#### A DECADE OF COLLECTIVES, 2010 - 2019

The modern-day club scene has the feel of Facebook groups about it. **Qult Collective** organises queer nights at Le Romandie. **La Sacrée Déter** supports local artists at Folklor. **Danse Noire** label DJs regularly showcase experimental electro music around the city. And the feminist band **Où Êtes Yous Toutes** seeks to extricate itself from everyday club set-ups and get the party going in bars and other places off the beaten nightlife track.



### Lausanne in motion



#### A PRE-LOVED CLOTHES CAFÉ

Fresh onto the second-hand shop scene and with the customary vintage look about it, the Café des Patronnes also has a little café nestled between its changing rooms. A visit to the boutique, which was opened by two fashionistas, is a must for anyone who loves bagging themselves a pre-loved bargain. There are all sorts of deals to be had on the rails, from designer pieces to major retailers. The shop's Instagram account is a great way to keep an eye on the latest arrivals.

Le Café des Patronnes
Rue du Valentin 43, Lausanne
www.cafedespatronnes.ch

#### Instagram: @cafedespatronnes





#### BAGS THAT ARE BOTH STYLISH AND ETHICAL

"QWSTION". There's a name that gets you thinking – questioning the norm, even. That's great, because that is exactly what the minds behind this new multi-brand concept store, which has its roots in Zurich and opened a few months ago on Rue du Tunnel, want you to do. You'll find chic, minimalist and fully-traceable bags there, all stamped with the Qwstion logo – some of which are made from permaculture-grown banana plant fibres – as well as ceramics, clothing, pens and even magazines soon, all hitting the mark in both style and ethics.

QWSTION
Rue du Tunnel 7, Lausanne
www.gwstion.com

#### **ELAUSANNER**

#### A BACKDROP OF THE LAKE

Being at The Lacustre is like being at the beach - only a stone's throw from the water's edge. The team from Great Escape (the sports bar overlooking Place de la Riponne) has now taken the helm of this institution that sits above the CGN ticket office in Ouchy, It's a popular spot for tourists and locals alike looking for a drink or a bite to eat, and has a great view out over the boats. Its pizzas and plats du jour are just as popular as the apéros and weekend brunches. The terrace is packed as soon as the sun comes out.

The Lacustre
Quai Jean-Pascal Delamuraz I,
Lausanne







#### **ABOVE THE TRAFFIC**

Its name is Loxton: a cross between Lausanne and the trendy East London district of Hoxton. Fans of hipster café Pointu on Rue Neuve will love this new city-centre restaurant. With its first venture proving a hit, blogger, interior designer and Lausanne local Sofia Clara's team took over these first-floor premises on the corner of Rue Centrale and Rue du Pont. Its terrace overlooks the maelstrom of city life, whilst the interior is light and bright. The menu combines fusion cooking, veggie dishes and burgers. Brunch is served on Saturdays and Sundays.

Loxton
Rue du Pont 22, Lausanne
www.loxton.ch

## Plant-based dishes

With vegan and vegetarian cuisine becoming more and more popular, there's now plenty of plant-based choice in the region's capital.

Several meat-free restaurants have recently made their way onto Lausanne's culinary scene. The latest is Tibits, one of Switzerland's major vegan and vegetarian chains, which opened last winter inside the grandiose surroundings of the former Buffet de la Gare in Lausanne's train station. In addition to other regional specialities, diners can enjoy a reworked papet vaudois, a traditional leek and potato hotpot served with a seitan sausage, Malakoffs, and an all-day buffet.

Just down from the station, L'Assise serves simple, tasty food from the restaurant area in their creative space, which is also home to yoga classes, meditation sessions and other workshops. Dishes are available to eat in or take away, and are made with locally-grown ingredients. The same goes for cute little café Racines, not far from Place de la Riponne, which is also a new arrival onto the Lausanne vegan scene. This take-away café is run by the same family that works behind the bar, lovingly preparing cold-pressed fruit and vegetable juices, hot food, buddha bowls and tasty treats made with organic, local ingredients.



Tibits
Place de la Gare II, Lausanne
www.tibits.ch

L'Assise – Third Place Av. de Cour 103, Lausanne www.l-assise.ch Racines
Rue Neuve II, Lausanne
www.racines.ch

#### 

#### **EHL TAKES TOP SPOT**

Lausanne's Hospitality Management School (EHL) has been ranked number one in the world by QS World University Rankings 2019.

#### GAME, SET, MATCH

After the Ladies
Championship Gstaad,
Lausanne is flying the
flag for international
women's tennis and
taking up the torch for
the event. The first Ladies
Open Lausanne will take
place from 13 to 21 July.

#### **RALLY IN THE CITY**

On 29 June, Lausanne is joining Porto, Brussels and Geneva in hosting its very first Pop In the City, an all-women race where the 55O participants will explore the city through a series of different challenges.

# Lausanne locals' favourite artisan ice cream

In terms of artisan ice cream makers, Lausanne now has just as much to offer as its Italian cousins. We hit the streets this spring and asked locals to tell us where to go.



Student Andrea Turrisi, 23, loves the cornets at Veneta in Ouchy.

"I've been going to Veneta since I was tiny. I go at least once a week over the summer. I love the location next to the lake, and the huge range on offer – it means that every time I go I can choose a different flavour. In a cornet, of course! Today I got amaretto and mint chocolate. It was delicious."

Veneta, Quai d'Ouchy, Place du Vieux-Port, Lausanne



Rachele Lamanna, 33, works in a bank and loves the tiramisu at GeA.

"I'm Italian, and I searched Lausanne for a good gelato place for ages. I found out about GeA two years ago from a friend who worked there. I come once a fortnight for a cup of my favourite flavour, tiramisu. I never get anything else because the tiramisu is so good! The fact that the ice cream there is handmade is really important for me. I also like the atmosphere – it's very Italian."

GeA,
Rue Enning 8, Lausanne

Aurélien Oggier, 30, is a lab technician at EPFL and has a soft spot for Loom's chocolate ice cream.

"I always get a scoop of chocolate in a cornet. If I'm getting a second flavour then it'll be salted caramel, passion fruit or stracciatella. I prefer artisan ice cream to the mass-produced stuff, especially at Loom where it really is excellent."

Loom, Boulevard de Grancy 45, Lausanne



Student Amandine Kaeser, 23, gives her seal of approval to Intrigo.

"I came across Intrigo by chance a few years ago, just by walking past their shop front. The ice cream is excellent, and the Italian staff are really friendly. Today I tried the hazelnut-cookie flavour. I would also recommend my go-to: a mango and coconut cornet."

Intrigo, Rue Pichard II, Lausanne

### HISTOR)

## The Ouchy wind vane

Over the past 25 years, Eole has established itself as the city's most famous piece of public art. We take a closer look at the monument, which conceals an astonishing amount of engineering under its seemingly weightless exterior.

While Geneva has its Jet d'Eau water fountain, Lausanne has its own lakeside icon in the form of its famous Ouchy weather vane. Christened Eole, the 2O-metre-high masterpiece was created by Clélia Bettua and has stood out on the horizon since 1994. The aluminium and fibreglass crescent changes direction with the wind and was installed during the redevelopment of the Place de la Navigation, which was a car park in its former life. Now the square is home to water features and pontoons, as well as four stone blocks that are part of the structure. The semi-circular weather vane changes position with the wind to visually complete the cavity carved into each monolith and form a perfect circle.

The sculpture's meteorological poetry even goes as far as the stones which have been sourced from quarries located at the four points of the compass, reflecting the four main winds that blow across Lake Geneva. Bettua remembers the human and technical feat her 4.5-tonne sculpture entailed all too well. "The helicopter carrying it out had to make two attempts. The pilot told me that if it spun, he would have to drop it in the lake. It was incredibly stressful." With these precarious origins now a thing of the past, her work – which was tested in wind tunnels at the École polytechnique fédérale de Lausanne (EPFL) – encourages reflection, and invites onlookers to become one with the elements.



## Fiction and fondue



The former watering hole of famous Swiss writer Jacques Chessex, the Café de l'Évêché is well-loved for its fondue and – during the summer – its fabulous terrace.

With its medieval fresco-inspired walls, the Café de l'Évêché has been a favourite haunt of students from the neighbouring school, writers, and day-trippers since 1952. During the summer months, everyone's desperate to nab a seat on the gorgeous terrace out at the back. This little oasis of greenery, with bushes clinging all along its walls, is the perfect place to shut out the hustle and bustle of the city over a meal.

But if anything, most people flock to "l'Évêch" – as the popular café is known by the city's residents – for its fondue, be it the beerinfused, Armagnac-spiked, or unadulterated Vacherin Fribourgeois version, for which it is one of the most famous spots in the city. More recently, the luscious hot chocolate which was once served in the legendary Café Barbare nearby has also been a draw – that café is now closed for refurbishment, but the recipe has happily made its way into the capable hands at l'Évêché.

Café de l'Évêché
Rue Louis Curtat 4, Lausanne
www.leveche.ch

# Tired of being bored

The Lausanner's "Lausanne in Motion" section is a heartfelt nod to the Lôzane Bouge protest movement of the early 1980s. To make sure we give credit where credit's due, here's a flashback.

Similarly to the May 1968 events in France, Lausanne's Lôzane Bouge movement can be summed up in a single flagship slogan: "We don't want a world where the guarantee that we shall not die of starvation brings the risk of dying of boredom". Former environmental politician Anne-Catherine Menétrey was part of the advocacy group that mediated between the protesting youths and the authorities. She remembers the first protest, which took place during the Comptoir Suisse National Fair in September 1980: "Young people were

protesting in the street about Salazar, the Portuguese dictator, being invited as a guest of honour to Switzerland's event". The force with which the police cracked down on the protest was the straw that broke the camel's back. "Over the course of several months, more and more demonstrations took place in Bellerive and elsewhere, every Saturday ahead of the 24 Heures paper being written, with a range of demands being made."

These demands included calls to open an autonomous centre, lower cinema ticket prices, liberalise cannabis and end the process of keeping records on homosexuals, all accompanied by leaflets, chants and songs in the street. Menétrey describes it as "a build-up of dreams and, ultimately, a sort of existential need". It was these events amongst others which led to the creation of pop-up independent concert venue Cabaret Orwell – which went on to become La Dolce Vita – and, although they caused several violent clashes and arrests, undeniably made Lausanne a much happier place to be.



The first page of a manifesto which the young people behind Lôzane Bouge presented with their demands.

### VEGETARIAN RESTAURANT

& BAR

tibits Lausanne Place de la Gare 11, 1003 Lausanne www.tibits.ch | 7 💆 🚳 🔘 tibits

## Florists budding with fresh ideas

For every new edition, The Lausanner swings by a different market stall at the Place de la Riponne market, which takes place on Wednesdays and Saturdays and fills every pedestrian street in the city centre and, since recently, Place Saint-François. The Visinands' bouquets, near Place de la Riponne, created from locally-picked flowers, are a firm favourite there and have been for years.

Interview by Trinidad Barleycorn

#### How long have you been coming to the Place de la Riponne market?

Chantal Visinand: My husband started coming 35 years ago. I joined him after we met in 1998. We sell seasonal flowers and we don't have a heated areenhouse, so we don't come over the winter.

#### What flowers do you sell?

CV: We sell perennials, like peonies, roses, forsythia bushes, pussy willow, asters and aconite, as well as biennials and annuals like dahlias and sunflowers. We love simple, rustic-looking flowers.

#### Where do you grow them?

CV: In Blonay. We grow everything as naturally as possible. We treat oidium when we need to, but we tend to choose varieties which are not susceptible to the disease.

#### What's your favourite thing about the Lausanne market?

CV: We love the exchange between the city and the countryside – it's incredible. This is a lively market, and you find people of all ages here. Our customers are very loyal, and we have built up really good relationships with the other stallholders. It's like one big family.

#### What made you decide to grow flowers instead of salads?

Pierre Visinand: We inherited a bit of land in Blonay which I used to work on with my parents. They used to sell vegetables at the market in Vevey. One day we just asked ourselves – why not sell flowers instead?



#### What would your perfect bouquet look like?

*PV*: Harmony is key for me, and I do love round bouquets. But we enjoy arranging every single flower. We've learnt that even flowers that we don't like as much play an important role when you put them all together in a bouquet.



#### **ELAUSANNER**

Serge Guidoux catches perch, pike, Arctic char, and – most importantly – fera, the local fish which he has helped to promote. We visit the port to meet the famous fisherman of the Lake.

Interview by Odile Valmont

The owner of the Pêcherie d'Ouchy is something of a local celebrity, with top chefs such as Anne-Sophie Pic at the Beau-Rivage Palace and Stéphane Décotterd at Le Pont de Brent singing his praises.\* His traditional smoking techniques won him a gold medal for regional produce back in 2016. The only fisherman currently operating out of Lausanne harbour, he is also one of the last to use a type of active gillnetting technique known as fishing "à la monte". At 57 years old, he is beginning to wonder what will happen after he is gone...

#### What is fishing "à la monte"?

Serge Guidoux: It's a type of active fishing – you drop the net and lift it out straight away, unlike with passive fishing where you place the nets in the evening and they fill up with fish while you sleep. But this type of gillnetting is gradually disappearing: I am the only one in Lausanne still fishing this way.

#### Why?

It's very technical and requires a lot of skill. You need to understand the currents and the places where you'll find the fish, known as "traits de monte". Each place has its own name. Near Ouchy you've got La Tour, La Relevée, Mirella, and Le Général, which is the best corner of the lake, outside of General Guisan's house.

#### Who taught you all this?

I was lucky enough to find old pros to teach me. Jacky Bovet is one of them, and lives in Ouchy – his father was a fisherman, but Jacky gave it up to go and work in the city. When I got in touch he was so pleased to see a young man interested in fishing à la monte, and took it up again so he could show me how to do it.

#### Your family wasn't into fishing though...

My father was a lorry driver and I did an apprenticeship as a postman. But an office job just wasn't for me. I used to look at the clock and it was ten past two, then look again an

hour later to find it was twenty past two! When I turned 3O, I decided it was time for a change. My parents told me I would starve. I didn't listen to them, and good job too: now I'm a happy man. Fishing is freedom. For the past 25 years, time has flown by.

#### You've worked hard to raise awareness of Lake Geneva's star fish, the fera. Has it paid off?

Yes! When I started out, my customers wanted fillets of perch, and nothing else. When I caught fera, I couldn't sell it. Then, when I was working to promote fish from the lake, I convinced some top chefs to get behind fera as an option. The message trickled down. Now, I don't have enough fera to go around! It's a delicate, tender fish which is difficult to export: when there's fera on the menu, you can be sure that it was caught domestically. Not like perch, which is very often imported.

#### Will there be more fishermen in Ouchy after you?

I don't know. I would love to find someone to follow in my footsteps. But even if I do, what kind of job will they be left with? There are more and more CGN boats out and about on the lake – pleasure boats too, along with pedalos and paddle boats. Everyone acts like they're the only ones out there, and I get insults thrown at me when I tell them to be careful not to plough into me. It doesn't make sense: when these people go into a restaurant, they all want fish from the lake. But it seems to be getting more and more difficult for them to understand that they have to make room for a fisherman to actually do the job.

\* Serge's fish also features on the menu at Lausanne restaurants La Brasserie de Montbenon, Le Mirabeau and the Château d'Ouchv.

The Pêcherie d'Ouchy is open to the general public from Wednesday to Saturday between O8:00 and 12:00. Ch. des Pêcheurs 9 (at the end of the harbour, opposite Mövenpick) Tel.: +41 (O) 21 617 72 O6.

## An artist's perspective of Vidy Beach









Vidy and the beach become a central part of Lausanne life over the summer – what with students celebrating the end of the year, families looking for a bit of space and people playing games, the shores of the lake (or the "bordul" as they are known here) are crammed with people from all walks of life. Lausanne photographer Loan Nguyen has affectionately immortalised this little world and its haze of sausages sizzling on barbeques, in "Vidy/Rivage", which will be displayed at the Vidy-Lausanne Theatre this spring.







### A haven of peace

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Best Western Plus Hôtel Mirabeau Avenue de la Gare 31 1003 Lausanne, Suisse T +41 21 341 42 43 contact@mirabeau.ch The hotel is one of the unsung treasures of the city. It is located just 400 meters from the train station and Lausanne's Métro. The 4-star hotel offers 75 quiet rooms.

www.mirabeau.ch









### A BREAK-DOWN OF VAUD DRESS

During the summer, Vaud folk traditions are everywhere in Vevey with the arrival of the Fête des Vignerons winegrowers' festival. Villagers dress up in traditional outfits for the occasion, so we thought we'd take a look at a couple which were worn by most people in the Vaud region during the 18th century. They were updated to the current versions' in 1916.

Aurélien Barrelet/LargeNetwork

#### Shirt

White with long, old-fashioned sleeves.

#### "Tsausses à portettes"

This is what these thin woollen breeches, worn without a belt, are called in the local dialect. They stop just below the knee when worn for dancing, but vintners wore them down to their ankles.

#### **Shoes**

These needed to be slippy for dancing the waltz.

#### Vintner's hat

One of these is presented to the winner of the Jean-Louis wine-tasting competition. A lady won it in 2016!

#### Waistcoat

These are made of wool and are always brightly coloured

#### "Borne" hat

People say the grape pickers used to leave their straw hats on the stakes used to support the vines. Coupled with the heat and humidity, this is what's meant to have given them their iconic shape. There's only one place in Switzerland that makes them nowadays.

#### **Bodice**

This is made from "galette", a type of heavy woollen cloth from German-speaking Switzerland.

#### Skirt

The pleated Empire skirt is shorter now than it was in the 19<sup>th</sup> century, where it fell below the ankle.

#### Basket

These were oval and made of wicker, with two lids and one handle. They were just big enough to slip in a bottle of wine and a corkscrew.

#### Jewellery

Protestant austerity meant that ladies couldn't wear more than a single pendant, which had to be made of garnets – precious stones found in the Vaud mountains.

#### **Blouse**

This is the only piece of Swiss clothing to have Empire-style starched balloon sleeves.

#### Gloves

These crocheted gloves were worn with the plain outfit as Sunday best.

#### Apron

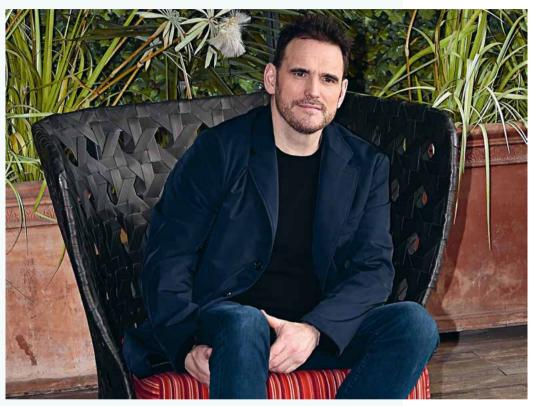
Contrary to popular belief, this silk garment was a sign of wealth.

\*The Cantonal Association of Vaud Clothing (ACCV) has outfits available for hire. If you want to make your own outfit, they also sell patterns.

**₹** 

### GAZETTE

## Matt Dillon at the close of the Rencontres 7<sup>e</sup> Art festival



It was just like Cannes all over again in Lausanne with the March film festival founded by Vincent Perez.

After having rolled out the red carpet for Christopher Walken during his first event in 2018, local comedian Vincent Perez excelled once again this year, inviting French actress and director Agnès Jaoui, Spanish actress Rossy de Palma, French director Jean-Jacques Annaud and American writer and producer Joel Coen to take part in screenings and talks at Rencontres 7e Art. The festival ended on a high too, with the closing film *Drugstore* Cowboy introduced by its lead actor, Matt Dillon. During their free time, VIPs were invited to explore the region with visits to the Rolex Learning Center, the Collection de l'Art Brut and the HR Giger and Charlie Chaplin museums, as well as a wine tasting in Lavaux.

Matt Dillon during a promotional tour for the Lars Von Trier film, The house that Jack built in 9018

#### A LAUSANNER BACKPEDALLING IN VENICE

Lausanne artist Pauline Boudry (on the right) and her sidekick Renate Lorenz have taken over the Swiss Pavilion for the 58th Venice Biennale. Their Moving Backwards exhibition looks at how people put space between themselves and the unfamiliar, or the Other. The artists will put on a literal representation of this desire to retreat, and will be withdrawing behind other performers in a choreographed piece accompanied by films and animated objects.

Swiss Pavilion, Giardini della Biennale, Venice, until 24 November





#### BRAHIM TAKIOULLAH, SECOND-TALLEST PERSON IN THE WORLD, IN VIDY

Standing at 2.46 m. the French-Moroccan Chocolat actor did not go unnoticed during his time in Lausanne. He was in the city for a performance at the Vidy-Lausanne Theatre late last year and, according to the manager at Hôtel Aulac where Takioullah was staying, Jean-Philippe Fleury, he enjoyed walking along the edge of the lake and visiting the Olympic Museum during his free time: "He appreciated how discreet people here were, and how he didn't get stopped in the street every two seconds".



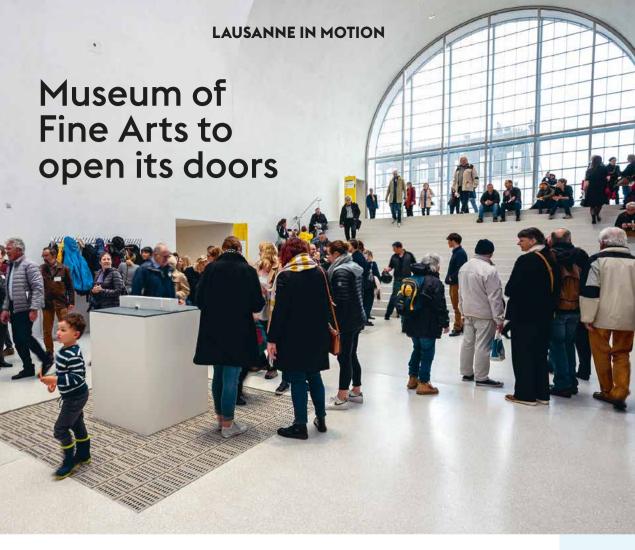
#### WYCLEF JEAN JAMMING LAKESIDE

On his way through Lausanne last summer, the star accepted a last-minute invitation from Couleur 3 radio station to take part in the Toutouyoutou show, which was broadcast from the Jetée de la Compagnie. The result was an improvised jam session from the former Fugees rapper overlooking the lake. Onlookers enjoyed a brief anthology of tunes before he ended the session, shouting: "I gotta go take a swim now!"



#### DENITSA IKONOMOVA KEEN TO EAT IN LAUSANNE

After her book signing in Lausanne in February, the fourtime winner of Danse avec les stars, the French equivalent of Strictly Come Dancing, enjoyed looking round the Sous-Gare neighbourhood before catching her train. Captivated by the ambiance at the Royal Savoy, where she enjoyed a cup of tea, the performer - who will soon be appearing on stage in the Vaud capital – vowed she would be back to sample the five-star hotel's menu, created by chef Marc Haeberlin.



After several years of work, the big day has finally arrived: the new Cantonal Museum of Fine Arts (m-cba) will open to the public on 5 October in Plateforme IO on the Place de la Gare.

Its new home, which was designed by Spanish architecture firm EBV, is of an international size and standing, giving the museum the opportunity to accept plenty of donations from collectors and patrons. The inaugural display returns the favour by making artwork provided over the years by private donors the star of the show. The Atlas – A Cartography of Donations exhibition will run until 16 February 2020, filling the entire building with loaned and donated pieces along with works by Vallotton, Rodin, Klee, Balthus, Giovanni Giacometti and many more.

February will see a change of scenery with the first of the year's nine temporary exhibitions, À fleur de peau (Under the Skin), Vienna 1900, Klimt, Schiele and Kokoschka, and the opening of the permanent collection. This free exhibition will display 300 works of art from the Vaud region, dating from the 18<sup>th</sup> century all the way up to the present day, for which there was no room in the m-cba's smaller former premises at the Palais de Rumine. The Jardin d'Hiver biennial exhibitions will be launched in June 2020, and will showcase the work of local contemporary artists.

Cantonal Museum of Fine Arts, opens 5 October: Plateforme IO, Place de la Gare I6, IOO3 Lausanne www.mcba.ch







## TRIATHLON ADDICTS IN ACTION

From 29 August to I September, the eyes of the sporting world will be riveted on Lausanne, where the ITU World Triathlon Grand Final will be taking place. The trials, which act as qualifiers for the 2020 Summer Olympics in Tokyo, will see 4,000 international athletes pitched against each other in Ouchy. The open competition takes place on a Friday and involves a 400 m swim, a 15 km bike ride and a 4 km run, carried out either solo or as part of a relay team.

Registration open until 28 August at: www.trilausanne.ch

#### **EPFL GOES BACK IN TIME**

Time Machine, the European cultural heritage digitisation project developed by the École polytechnique fédérale de Lausanne (EPFL), has been awarded a €I million grant from Brussels to demonstrate its feasibility.

Just like a time machine, this ground-breaking new scientific venture aims to use Big Data to manage the continent's extensive cultural heritage. By offering free and easy access to the past, its developers are hoping to get a better idea of what the future holds. Venice was the first city to take the leap back in 2012. EPFL digitised its archives as part of the Venice Time Machine project, with a view to creating an exact replica of the city through the ages.





#### FINALLY - A BEACH IN OUCHY

Brand-new for this summer, get yourself down to the newly-developed beach facilities between the Jetée de la Compagnie and Le Minimum in Ouchy. Now it's all safe, boats are forbidden from passing through, and a platform means you no longer have to climb over the rocks to get to the water. Another official beach is set to open next summer at the Place du Vieux-Port.



YAN LUONG, FOUNDER OF THE POP-UP RESTAURANT "LA CANTINE".

# The smartphone and chopsticks strategist

Between being a digital evangelist, communicator and educator, Yan Luong's at his happiest wearing a number of hats. He also enjoys adding "chef" to the mix when the opportunity arises.

Interview by Erik Freudenreich

A pioneer in digital communication, Yan Luong has worked for Couleur 3 radio station, as well as various other institutions and multinationals around the Vaud region. He is also involved in the restaurant scene where, amongst other things, he organises supper clubs. He has just got back from a trip to Vietnam, and his head is bursting with new recipe ideas.

### Three years ago, you launched pop-up restaurant "La Cantine". Can you tell us how that came about?

Yan Luong: The story about that goes back to an event called Restaurant Day, where people from around the city can pretend to be restaurant owners

for a day – it's organised by an association called Lausanne à Table. In 2015, one of my friends suggested I take part, knowing I live in a building with a large patio which is perfect for hosting lots of people. The long and short of it is that on the day it rained, and we had to empty out my living room as quickly as we could to accommodate our auests. That was when I cauaht the bua. After that, we started getting in touch with actual restaurant owners, asking them if we could come and cook in their kitchens on the day the restaurant was closed every week. I kept cooking on my own after that, and one year ago I organised Zinéma's brunch season.

#### And then you went to Vietnam to help open a restaurant?

Yes, a childhood friend who had just opened a new place in Saigon contacted me last year. My job was to create a gourmet menu for a pretty edgy nightclub, located up on the IO<sup>th</sup> floor of a building

in the city centre. I was also in charge of PR and finding partners, and helped to set up a management solution too. After weighing everything up we settled on a series of supper clubs, which would take place one Sunday every month. We based the design around a range of street-foodstyle dishes, and we always tried to invite a restaurateur alona who was a fan of the DJ that would be playing. It was a great experience, and it taught me a lot about managing large venues.

#### What one Vietnamese dish should everyone try?

When you go through the menu at Vietnamese restaurants in Lausanne, Bánh xèo is always there. It's a sort of fried pancake made from rice flour and coconut milk and filled with meat and prawns. It's really crispy and tastes incredible. People who haven't travelled wouldn't necessarily consider trying it, but I can't recommend it enough.

#### **FLAUSANNER**

#### Did this experience inspire you to take on new culinary adventures in Lausanne?

It goes without saying. I am planning for the season as we speak, and can already announce one date for Lausanne: 15 June. The details are all on the Facebook page, at www.facebook.com/ lacantinepopup. In Vietnam I got the opportunity to go to the countryside and meet some fisherman. Heft with many new ideas. I would love to elevate traditional recipes with local, sustainablyproduced ingredients - using seasonal vegetables in a Bánh mì sandwich, for example.

#### What is the most noticeable difference between Vietnam and Lausanne?

Saigon is a city which moves at IOO miles an hour, and the idea of noise pollution there is all relative. There's a permanent buzz of scooters and horns. There are also a lot of loudspeakers there which spew music out onto the pavements. Coming from quiet little Switzerland, that's quite a big change.

#### And what are your first stand-out memories of Lausanne?

They're all to do with music and the rock scene here. As a teenager I went to a few

concerts, especially at La Dolce Vita, and I often found myself having to wait for the first morning train to get back home. After that, I was lucky enough to play quite a few school gigs with different groups. Then I came here to study before settling down for good. Lausanne is my home now. It has a rich cultural scene. whether you're after modern. alternative or classic. As if that wasn't enough, my favourite region in the world, Lavaux, is iust a 15-minute bike ride away. Now that's luxury!

#### HIS TOP PLACES TO GO



#### **MY SANDWICHES**

Rue Saint-Martin 9. Lausanne 8 +41 21 312 O2 32

L'ATELIER



#### Avenue de France 39, Lausanne

8 +4I 2I 624 I6 37

"They serve Vietnamese specialities like Bánhmì, soups and rice-based dishes, all traditionally prepared using fresh ingredients."

CAFÉ DES ARTISANS

8 +41 21 311 O6 OO

"This is a great café where you come across both older locals and uni students from ECAL. They regularly host art exhibitions. There's a small menu of sharing platters, sandwiches and soups, all made with local ingredients."

Rue Centrale 16. Lausanne

"A new kitchen team set up in this restaurant a year ago. They treat their produce with huge respect and creativity, and everything is prepared on site."



#### **ÉLIGO RESTAURANT** Rue du Flon 8, Lausanne

8 +41 21 320 00 03

"This bistro is a little bit more upmarket, and offers a fine dining experience. It's run by Anne-Sophie Pic's former chef."



## Taking art to the streets

The Festival de la Cité is a cutting-edge festival for the people, filling the old town for six early-summer days. It is becoming Lausanne's must-visit cultural event, as well as a place for locals to hang out with friends. Interview with its director, Myriam Kridi.

Interview by Viviane Menétrey

Founded in 1972, the Festival de la Cité is the top cultural event of the summer season. Both Lausanne locals and tourists alike love meeting friends there to grab a drink or a bite to eat, and watch a show in the old town's streets and squares. From architecture to literature, dance, circus, theatre and music, the festival crosses all sorts of boundaries to explore every type of art imaginable, catering for both art buffs well-versed in new forms of artistic expression and the general public.



Pont Bessières was closed to traffic and lined with rows of seats for César Vayssié's show in 9017

#### Is there anything about this latest event which you are particularly proud of?

Myriam Kridi: Yes – how local residents have got involved with some of the shows. This started in 2017 with Bouchra Ouizguen's show Corbeaux, which around 40 women took part in. It was yet another step towards making art more accessible, offering people the opportunity to work directly with the artist and help create the piece.

#### And in terms of what's on, what can people expect to see?

Some new faces as well as some familiar acts. One of the new shows for this year is a circus tent at the Friche du Vallon, where the Trottola company will be performing Campana. Here, instead of the experience being about surrounding the audience with impressive numbers, it focuses on drawing them into the characters' world. →

#### **INTERVIEW**



The aerialist Chloé Moglia will be coming back – she brought us *Horizon* in 2017, and this year she'll be performing *Spire*, a new show where five female performers hang in mid-air and a musician, Marielle Chatain, invites the audience to follow along on an extraordinary ascent. Finally, Hummus Records – a record label that represents Swiss artists – and Three: Four Records have been given a double slot for artists of their choice.

#### How did the Festival de la Cité come about?

It was born back in the late 196Os, when a number of residents were asking for culture to be made more accessible, especially in terms of the cost. The idea was to break down financial and social barriers and take art into the streets. They started with a small-scale event on the esplanade in front of the Cathedral and, little by little, it has grown to become the institution that it is today.

#### And, 48 events later, does it still have the same focus?

Offering culture that is accessible to everyone is still our main mission, even if today our work focuses more on looking for new forms of expression. This is because makina culture more accessible doesn't mean offering shows which the public can get into easily - it means giving them the opportunity to discover art and forms of expression which are usually brought to life in places where the vast majority of people do not go. To make it a success I focus especially on points of reference – or, making sure that no matter how much people know about contemporary theatre, music or dance. the shows are accessible. There's got to be something offered for everyone. If there's not, we're not being true to the idea of putting a festival on for the people.



Opened last year, the Châtelaine stage offers shows (such as Monstres by the Baninga company, left) with spectacular sets

## Does the way the public seems to enjoy a programme that is often quite progressive surprise you?

No, because offering a free festival in a public space, and open stands that people don't have to book in advance, means that we can make it accessible. People meet up for a drink, come and see a show and leave if they're not taken by it, but they stay in the area and always have the option of coming back. This clearly shows that cultural democratisation is primarily based on removing barriers, be that money or etiquette. The location obviously plays a huge role in the success: the old town is a part of the city that Lausanne locals know well, and which suddenly gets transformed into an open-air theatre.

## What effect do these street performances have on the artists?

Sometimes it's difficult for them because they're not used to performing with so much noise around them and having people coming and going during their act, especially in Europe. But they're all really happy when the public turn up and are keen as they have often never performed in front of such a huge crowd, and such a diverse audience. They feel like they have a real role to play in delivering a message which will end up reaching a huge number of people.

## Does the fact that they are performing in a place with so much history have anything to do with it?

Whether consciously or unconsciously, you often get a dialogue developing with this or that building, and we have been known to choose a specific building for a specific show. The old town also once represented a lot of political, religious and academic power. You can't just put on a show anywhere. We have had shows from some artists that have been strong political statements – like *Monstres* last year, for example, which was performed by the Congolese dance company Baninga. That was about an appeal to build a place for dance in a country with no real political culture or resistance against the monsters forced upon it by its dictatorship.

## You lived in Geneva for a long time before coming to Lausanne. What was your first impression of the city when you grived here?

Lausanne seemed much more Swiss than Geneva – slicker and more civilised, and also less divided, especially in terms of culture, which is great. The region is really sunny, and the view over the lake and the mountains from Ouchy is unbelievable! The fact it's all on a slope can make getting from A to B tricky, and it takes a bit of time to get to know the geography of the city.  $\rightarrow$ 

## **INTERVIEW**

## What type of person would you say is typical of Lausanne?

I think the cool 3O-somethings and older people who are just enjoying life. They know how to appreciate good food and conversation, and there's just something friendly and open about them that is typical of Vaud.

## Which area has your favourite vibe?

I love the market because it's not contained in a single place:

it sprawls down all the streets in the city centre. You come across all sorts of people there, you chat, you wander; it's full of life.

#### What is your favourite view?

The one I see when I walk down from the Place de la Cathédrale, which is where my office is, towards the Café de l'Évêché. All of a sudden you see the mountains surge up in the distance behind the city.

## A terrace that you enjoy?

The one at Bar Tabac on the Rue Beau-Séjour for the lateafternoon sun, and La Grenette in the Place de la Riponne, which is always really vibrant.

## A walk you like?

From Parc de Milan to the Vidy-Lausanne Theatre. I love walking down the Chemin des Plaines. There are so many incredible houses along there – I'd love to live in one of them one day...



## **IN FIGURES**

Founded in 1972
Festival lasts 6 days

Arts on show Dance, music, theatre, circus,

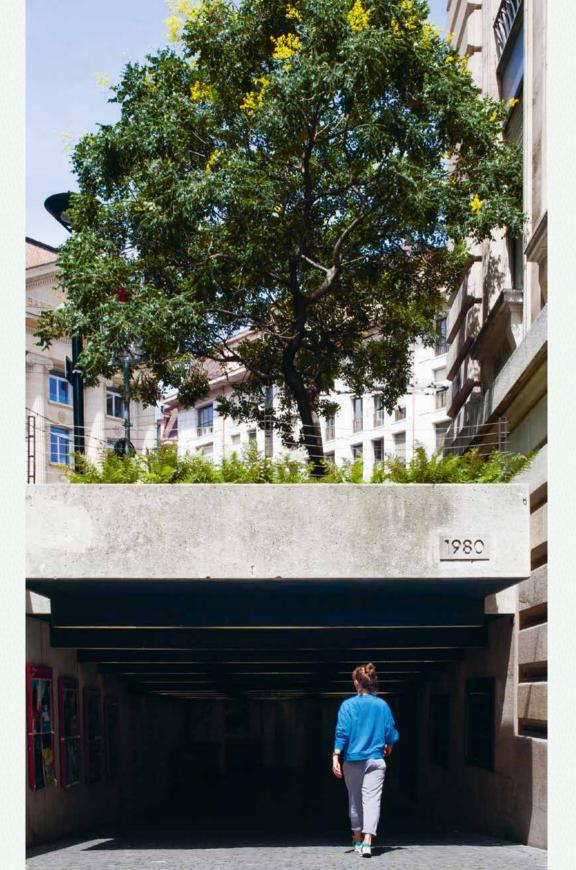
architecture, literature, performance and more Over 100,000 visitors

Attendance
On offer
Over 80 shows
Price
Over 80 shows
Over 80 shows

48<sup>th</sup> Festival de la Cité, 9 → 14 July 2019 www.festivalcite.ch







# THE GARDEN CITY

The capital of the Vaud region decided very early on to let nature flourish in public spaces around the city. Today it's one of the greenest cities in Europe, and puts on a contemporary garden show like you've never seen before.

A dossier written by Viviane Menétrey and Sylvain Menétrey

Lausanne feels like one big garden. Not just because the city hosts the Lausanne Jardins landscape art festival every five years, with the sixth event taking place between June and October this year, but because for almost three decades the region's capital has been something of a trailblazer in managing green spaces.

With its poppy-speckled meadows, ancient parkland and century-old trees, flowerbeds teeming with perennials that jostle for space with the traditional annuals, native hedgerows and urban gardens, the city's countrified slopes are not only avantgarde, but eco-friendly too. Thanks to the varying degrees of maintenance introduced in 1992 (which are based around the needs of each individual green space), the city has managed to successfully preserve its biodiversity. For all that, these green lungs are no nature reserve − from forward-thinking games areas to summer garden parties, visitors can expect to see them being put to a myriad of uses, both day and night. →

## THE GARDEN CITY



View over the Cathedral from a meadow in Hermitage Park.

## Nature bounces back

As far back as the 1990s, Lausanne was making a name for itself by opting to leave nature to its own devices in even the most built-up of places. This approach to managing the environment has transformed the urban landscape.

## ROMANTIC MEADOWLAND

"Can you really walk through the tall grass?" This question, asked by an Asian tourist who wasn't sure about stepping onto the openaccess meadowland in Hermitage Park, made Etienne Balestra smile. The head of Lausanne's parkland and estate management department (SPADOM) is proud of this little piece of city-centre countryside, which he says is "almost better than the countryside

itself". Some south-facing meadows with good drainage are left to grow as they please, and poppies and other native species are gradually taking root as a result. Some of them are up to a count of 6O plants!

## **PROGRESS WITH PERENNIALS**

Traditional, precisely-planted flowerbeds are practically a thing of the past in Lausanne, with these ordered displays having been replaced by perennial creations. Balestra points to the rose garden outside the Beau-Rivage Palace in Ouchy as an example: "These plants need less water and upkeep than annuals do, and visually the effect is practically the same".

#### NATIVE HEDGEROWS

In Switzerland, cedars are to garden hedgerows what geraniums are to balconies. In Lausanne, gardeners' efforts to diversify have consisted of systematically replacing laurel and cedar hedges with native species. Viburnum, hawthorn and honeysuckle now add a touch of local flavour to the borders in parks and schools. These native hedge varieties are great for birds and insects, providing them with both food and shelter.

## **PAVEMENT GARDENS**

Lausanne is also encouraging city residents to grow their own vegetable gardens: over the last 2O years, around 15 community vegetable gardens have popped up in some of the most tightly-packed areas. The stony Place de la Riponne, for example, is home to fruit, vegetables and herbs, all sprouting up in enormous containers outside the La Grenette bar.

#### **GUERILLA GARDENING**

The "Sauvageons en ville!" initiative was a recent attempt to get Lausanne's residents to engage in a little civil "disobedience" and let nature loose in the city. Set up by the "l'Éprouvette" public lab at the University of Lausanne (UNIL), it calls for people to grow aromatic herbs under the trees, encourage plants and flowers hiding under paving slabs out into the open, and basically – open their eyes to the untamed nature to be found hiding in cities.

The Grenette community café in its



## THE GARDEN CITY

# Gardening tips 2.0

Whether it's online or in more traditional media, Tom le Jardinier shares all sorts of tips and tricks for looking after your garden. Originally from the Jura, Tom is a big fan of the biodiversity to be found in his adopted home town of Lausanne.

Interview by Sylvain Menétrey

Tom's just got an email come through from Algeria – there's a follower there who's worried about their seedlings. The young gardener from Lausanne. 26, is an internet phenomenon and messages like this arrive in their droves. People from all over the world look to him for guidance, all the way to the Azerbaijani who wanted help with growing spinach. There's no getting around it: Tom is a media wizard. He has Instagram and YouTube accounts. writes for the Terre & Nature farming magazine and even appears on a local Jura radio station, teaching people how to sow, plant, water and even mulch their gardens. On top of all that he has his carefully-constructed image, with his iconic straw hat and vintage braces. It's a persona which Tom created after a struagle with cancer that forced him to put his physicallydemanding horticulture studies on hold and take up an apprenticeship as a graphic designer.



## You can tell a lot about a gardener from their garden – what's yours like?

Tom: It's in Mont-sur-Lausanne, at an altitude of 800 m. I took it over from a pensioner about a year and a half ago, so it's still a work in progress. I had to restore the soil before I did anything else – it had been turned over every year with either a spade or a rototiller, which meant that the different layers had all been mixed together and the quality wasn't great. I've used pine boards to mark off some little areas for permaculture. Generally speaking, gardens mainly interest me in a very "Louis XIV" sense – in other words, as a space for growing vegetables to eat and flowers to decorate your château.

## How would you define a modern-day garden?

A modern garden has to be part of an ecosystem, and support and provide for everything else around it. Studies have shown that in the nineties, people's gardens were heavily polluted by fertilisers

and treatments. People are changing the way they do things now, and it's so much better. Also, historically, workers who lived in the cities used to hide their gardens because growing vegetables for food was looked down on – nowadays people love showing off what they've grown.

You're all over social media, aren't you? You've got me – it's my guilty pleasure.

# What do you think is the secret of your success? I'm not a journalist. I talk to people like friends in my tutorials. That breaks down barriers. I get

in my tutorials. That breaks down barriers. I get around 400 messages a day and dozens of collaboration offers – it's scary!

## What are some of the most frequently asked questions?

Lots of people want to know how to look after orchids and basil.

## Do you have an answer for everything?

Being humble enough to admit it when you don't know something is important – I don't know much about nurseries, for example. I point people who get in touch towards specialists.

## What are your thoughts on the urban gardening trend?

I often help out in gardens around the city, like the one on Rue de la Borde for example. These are spaces that the city has provided for people living in high-density neighbourhoods so they can have a little space to grow things in. You have to live less than a five-minute walk away to be eligible for a plot. It's all quite free and easy there. People swap different types of tomatoes. I also really like the seedling exchange in Vallon. You all bring your seedlings along, and then you swap them.

## What are your favourite green spaces in Lausanne?

Along the Allée Ernest-Ansermet towards Montbenon, the flowerbeds outside the Swedish consulate are beautiful in a kind of showy way, and there's plenty of greenery. There's also a flower garden in Ouchy near the Beau-Rivage Palace which I really like, with lots of pastel flowers and climbing roses. Generally speaking, Lausanne has done an incredible job in choosing a real range of varieties. There are still a few red geraniums here and there, but there are more varieties of geranium about now than ever, too. I've actually even taken a few cuttings.

www.tomlejardinier.com

## TOM'S TOP SPOTS



FESTIVAL DE LA TERRE Parc de Montbenon

Parc de Montbenon Allée Ernest-Ansermet 3, Lausanne "Where you'll find all sorts of crafts, yoga workshops, meditation and a yurt."



LA JETÉE DE LA COMPAGNIE

Ouchy-Bellerive, Lausanne His favorite terrace.



RESTAURANT

AU COUSCOUS Rue Enning 2, Lausanne "For their classic merguez, and because it's open on Sunday evenings."

## THE GARDEN CITY

## Park life



Lausanne is home to 16 big public parks. Each has its own identity, and offers a range of facilities for children, parents, night owls, BBQers and dogs alike.

#### HOW IT ALL BEGAN

Most of the city's parks – like Montbenon or Mon-Repos – belonged to wealthy families' private estates. The city bought up or inherited these top-quality green spaces over the course of the 20th century.



#### THE MOST POPULAR

During the summer, Parc Bourget – with its beaches and vast expanses of grass on the edge of the lake – is definitely the liveliest, with festivities continuing until late in the evening. But the Parc de Montbenon in the city centre is a hit year-round – day, night, winter or summer.

## Mysteries and curiosities

The parks in Lausanne are full of surprises. Here are a few of the weird and wonderful constructions, pavilions and trees waiting to be explored.

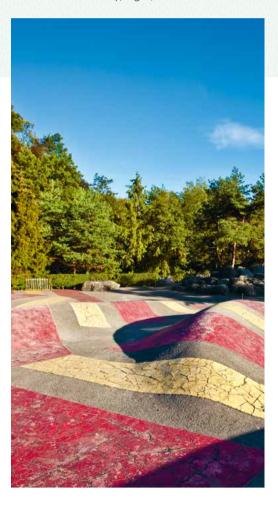
## VALLÉE DE LA JEUNESSE

An oddity in itself, the Vallée de la Jeunesse was left over from Expo 64. Its most distinctive features are its gentle slope and mogul-like circuits, which have made it a top spot for skaters. Children can explore the Invention Area under the concrete cupola, where science awareness exhibitions are organised.

#### THE HERMITAGE BEECH TREE

Planted when the park was being fitted out (1855–1857), the weeping beech in the Parc de l'Hermitage, which is home to the exhibition site of the same name, has evolved into practically a whole forest over the centuries. Branches that have fallen off go on to take root, creating an endless cycle of regrowth.

Parc de l'Hermitage,
Avenue Louis-Vulliemin, Lausanne







#### **JOGGING**

The Parc de Milan attracts plenty of runners with its flat, tarmacked outer edge. For a shadier, more rural run, a IO-minute bus ride from the city centre is all it takes to get into the vast Sauvabelin Forest.



## **CHILDREN**

Lausanne has pulled out all the stops with its play areas. The more recent facilities are super creative, and based around themes – in the green area to the north of the Palais de Beaulieu, for example, most of the games are water-based, so children can do things like activate jets of water with pedals. There's also outdoor gym equipment for older children in the same area.



#### DOGS

Lausanne is proud of its dog-friendly policy, which has earnt it fifth place in an international study of the best European city destinations for dogs. Some leash-free areas have recently been enlarged so pooches too can have playtime in the park. Elsewhere, you'll need to keep your dog on a lead. The only places they're not allowed in are the playgrounds.

## THE MON REPOS AVIARIES

The two birdhouses at Mon-Repos are home to over I5O feathered occupants. You'll find all sorts of exotic birds there, like this African parrot from Benin which greets passers-by, as well as a few farm animals, cared for in partnership with the ProSpecieRara association.



Parc de Mon Repos, Avenue de Mon-Repos, Lausanne

#### THE TWO STONE TOWERS

The Haldimand Tower was not built for its views. This Genoesestyle tower, which was erected at the entrance of the Parc du Denantou in the 19<sup>th</sup> century, is purely decorative. You'll find a similar neo-Gothic-style ruin in the Parc de Mon-Repos.



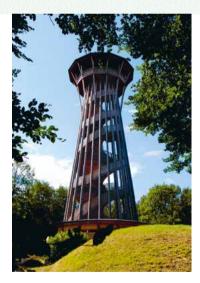
Parc du Denantou and Parc de Mon-Repos

#### THE BLING DENANTOU PAVILION

The late King Bhumibol of Thailand had happy memories of his youth spent in Lausanne. As a sign of thanks, he gifted the city a Thai pavilion which was installed in the Parc du Denantou in 2005. It is decorated with 150,000 pieces of gold leaf, painted woodwork, and an ornately-carved roof.



Parc du Denantou, Quai d'Ouchy, Lausanne



#### THE WOODEN SAUVABELIN TOWER

It's a climb of 3O2 stairs to reach the top of this 35-metre-high wooden tower, which was built in Sauvabelin Forest in 2OO3. But if you make the effort, you'll be rewarded with a stunning 36O° view.

Tour de Sauvabelin,
Bois de Sauvabelin, Lausanne

## THE GARDEN CITY

## Sunset and beyond

Parks in Lausanne are open 24/7. This freedom means that people can party, or just hang out with nothing more than a guitar or a didgeridoo.

#### **NUIT DES IMAGES**

The highly popular Nuit des Images event, which takes place on 22 June, is an opportunity to discover the lovely park, with its view out over the lake. The photography museum will present a series of still and moving images in its gardens.





#### **GARDEN PARTIES**

The Lausanne culture department organises pop-up garden parties both lakeside and around the parks all summer long, complete with music, dancing and kids' activities.



#### **BBQS IN PARC BOURGET**

While disposable BBQs on grass aren't allowed, Lausanne now has more permanent BBQ facilities, especially in Parc Bourget in Vidy, where the haze of sizzling merguez mingles with the fireflies all summer long.

Parc Louis-Bourget,
Promenade de Vidy I, Lausanne

## Park terraces

There are plenty of refreshment kiosks scattered around the parks' squares and standing in the shade of their huge trees.

## LA GRENETTE

Location: Place de la Riponne Offers: bar and restaurant, play area Style: urban, family-friendly

Place de la Riponne IO, Lausanne www.facebook.com/lagrenette

#### L'ESQUISSE

Location: Parc de l'Hermitage

Offers: seasonal menu, coffee, brunch,

play area

Style: picturesque English cottage, family-friendly

Route du Signal 2, Lausanne

www.lesquisse.ch



#### LA FOLIE VOLTAIRE

Location: Parc de Mon-Repos

Offers: coffee, ice creams, seasonal menu,

play area

Style: young, family-friendly

Parc de Mon-Repos (pool side), Lausanne www.folievoltaire.ch

# The beautiful buds of Lausanne Jardins

An open-air laboratory and the perfect excuse for a wander, the new landscape displays for the sixth Lausanne Jardins exhibition are set to be revealed on 15 June. Its curator, Monique Keller, tells us more about the "open ground" theme selected for this year's festival.

Interview by Viviane Menétrey

Every five years, the Lausanne Jardins landscape display invites the public to explore a route through the city scattered with landscape displays. The festival is the only one of its kind, and has been a popular attraction for many tourists in previous years. This year, Lausanne Jardins will run from June to October and follow the No. 9 bus route east to west. Architect and journalist Monique Keller is curating the event, and has chosen to showcase open ground through a series of around 30 contemporary gardens, 24 of which were selected at an international competition, Parks. squares, underpasses, courtyards, a crossroads and even a parking lot have been invaded by the chosen teams of landscape artists, who will be portraying these places in a new light. The gim of the project is to restore nature which has become invisible and the earth that has been suppressed, and to remind us that. without these things, city life would not be possible.

## Can you tell us a bit more about the "open ground" theme that has been chosen for this year's event?

Monique Keller: First and foremost, it's a key issue in times like these where climate change is such a problem. By choosing it, we wanted to show that even if open ground – those few urban spaces which have never been concreted over – is often invisible in towns and cities, it provides a valuable service to their inhabitants. Great trees need it to be able to grow, and provide shade and coolness during heatwaves. It helps to control flooding by absorbing water when it rains, and ensures biodiversity thanks to the organisms and insects that live in it, which also serve as food for birds and mammals. Without open ground, life would quite simply not be possible. All this is without mentioning that the earth also holds our memories; it tells our story. →



## THE GARDEN CITY



With its fountain in the midst of traffic at Place Saint-François, the Water and you project promises to liven up motorists' journeys.

## Did you want to make people more aware of this?

Yes, because green spaces play a key role in reducing the urban heat island effect, which a lot of people are talking about right now. But, paradoxically, things are moving incredibly slowly in terms of urban planning. We tend to forget that the earth is a vital, non-renewable resource and that as time passes we will need it more and more - that goes for cities, too, All too often we view the last remaining open spaces as reserves of building land, for the sake of densification. Making cities denser is important, of course, but it shouldn't be to the detriment of the last remaining areas of "living" ground. We'd be better off focusing on land that has already been built on, and trying to avoid concreting over anywhere new.

## Why have you chosen to base this sixth event along the No. 9 bus route?

We were looking for an easy-to-access route with a clear underlying theme, and we wanted to cross Lausanne from east to west and not north to south as people are normally inclined to do given the natural slope of the city. The route runs along a ridge between the Parc de Valency out towards Prilly and the Parc Guillemin in Pully, which overlooks the lake and the Alps a bit like a balcony and offers some spectacular views. It also follows the city's artificial centre line, which is a highway built in the mid-19<sup>th</sup> century between these two points that features the iconic Grand Pont bridge. The building of this bridge hugely altered the appearance of the city.

## Were you particularly excited by any of the 30 or so projects presented?

That's a tough one. I really like the Water and you installation submitted by the Zurich architecture firm USUS, with its iet of water spouting up in the middle of the traffic outside of St-Francois. I like the idea of the water piercing through the tarmac, surging up where no one expects it to disrupt both the traffic and our train of thought. Visiting the Mercier family, which was proposed by the Dutch duo Joost Emmerik and Tomas Degenaar is also a great project. Their piece on the Promenade Jean-Jacques Mercier is a printed wrap depicting a house, which would have hidden the view from sight if it had actually been built in the park as was the norm for large city-centre properties in the 19<sup>th</sup> century. Its temporary presence reminds people that the landscape is a precious thing. I also really like the projects about trees, like  $9 m^3$ . That one reminds us that subterranean overcrowding doesn't leave enough space for big trees to grow properly.

#### What links the pieces together?

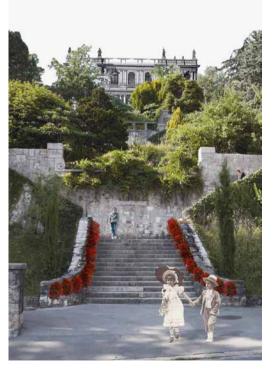
Aside from the earth theme, we wanted to highlight to visitors that it's the place which shows off the project, and not the other way around. To do that, we decided to focus on a number of sites that are thought of as "problematic" to show that, if they are fitted out properly, they could become spaces that are really enjoyable to be in. The *Terreau incognito* garden in the Placette des Terreaux is a good example of this: it looks at how the street fixtures and various concrete installations could be covered back up with plants

to soften the appearance of the stony-faced thoroughfare. Broadly speaking, all the projects encourage people to think about how they could reappropriate this sort of public space. The idea is to remind people that towns and cities can be just as pleasant as a corner of the countryside, and that the various areas within them can be used for all sorts of different things.

# You've made this year's event interactive so the gardens "come alive" for visitors. How have you gone about doing that?

There will be events happening all over the place throughout the summer. These include lectures and sessions with artists around the Cambium project trees in the Parc de Valency, scientific mediation workshops, earth-themed meet-ups, and even a big end-of-summer party around the Pranvera garden on the Promenade Jean-Jacques Mercier. We want these gardens to also be spaces which the public can make their own and experience in different ways.

At the top of Avenue du Léman, Visiting the Mercier family, with its master house facade printed on tarpaulin, addresses the notion of perspective.



## How you do visit the exhibition? Is there a recommended route?

We suggest a walking route, which takes around three to four hours in total. The west-east route is shown in our guide and leaflet. But you can also start from the Grand Pont in the city centre, or at the eastern end. At the Parc de Valency end. visitors will find a family-orientated neighbourhood which is becoming more and more gentrified. a little bit boho, with a few trendy boutiques. There's still plenty of nature around there, and as you continue along the Avenue d'Échallens you start to see less and less of it. The city centre is characterised by its expansion underground. creating a contained area where asphalt has taken over, and only a few areen spaces remain. As you go down the Avenue de Rumine, and then the Avenue du Léman towards the Parc Guillemin in Pully, the houses start to look more opulent. and the views across the lake and the Alps are incredible. Little by little, you start to see nature coming back into its own.

## Will any of the creations remain in place after the event?

A piece of Lausanne Jardins always gets left behind. This one-of-a-kind festival works a bit like an open-air laboratory, offering space for people to experiment in. The event has already changed the city's appearance considerably. The plant-covered walls of the municipal building on Rue de Genève, for example, are the legacy of a previous event, as is the La Grenette urban garden. We'll be leaving some artwork behind this year, too – the city's authorities have actually specifically asked us to do so.

## PRACTICAL INFORMATION

#### FROM 15 JUNE TO 12 OCTOBER 2019

THIRTY projects spread across 25 sites along the No. 9 bus route, between the Parc de Valency to the west and Parc Guillemin to the east.

Guide and route map for sale in bookshops and the Tourist Information Centre.

Geotagged map and full description on the website at www.lausannejardins.ch



With a new Museum of Fine Arts, a new Cantonal parliament building and a new Opera House, Lausanne has been a hotbed of architectural innovation in recent years. Here we take a two-hour stroll around the city to admire some of the most attractive new builds.

By Blandine Guignier

Héloïse Gailing is an architect specialising in architectural outreach. She took us on a guided tour of Lausanne's slopes to introduce us to a few of the city's most successful examples of contemporary architecture – for although the city is already tightly packed, that's never stopped it from going for a brand-new look. Several of the recent creations have been inspired by old industrial buildings which still remain today. They were selected from entries to architecture competitions, which have been widely used in Lausanne since the late 1990s, and make delicate use of rough materials such as brick and corrugated iron. Gailing is particularly keen to support renovations which respect the ethos of the area around them, and in doing so create a kind of continuity within the city.

The tour begins in front of a harmonious ensemble. On the Avenue de la Gare 39, at the foot of the Edipresse building, two administrative buildings sprang up between 2011 and 2016. The vertical elements used for their façades mean there is a definite resemblance to their older sibling next door. The first, which houses a bank, is "a little bit of luxury" according to Gailing. "It was designed by the Neuchâtel firm GD Architectes and it hugs the slope it was built on, making it look like its huge glass panels and metallic structure are actually just sitting on the ground," she explains. The second building, courtesy of Lausanne-based office RDR Architectes, sits across the street and is home to the head office of the International Gymnastics Federation 1.



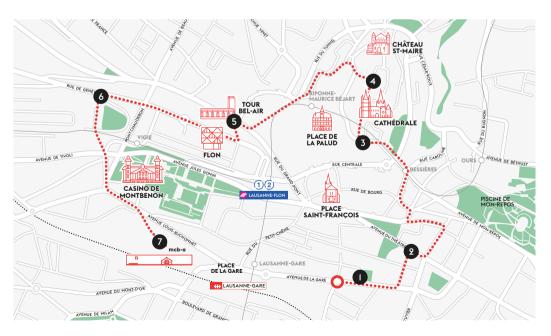


As we're always up for a climb in Lausanne, we take the Rue Charles-Monnard up to the Opera House ②. This gleaming, 3O-metre-high cube, which offers glimmering reflections of the sky, the mountains, or the surrounding buildings depending on where you stand, "is now part of Lausanne's skyline", says Gailing. Fun fact: its creator, the Geneva-born Inès Lamunière, is the daughter of Jean-Marc Lamunière, who designed the Edipresse building we saw earlier. Thanks to this extension, which was carried out in 2012, the Opera House – which was built in 1871 – is now in a position to accommodate a line-up of large-scale productions.

The keenest of beans will take advantage of the passageway from here through to the Avenue Georgette to make a little detour to the Lausanne Forum d'Architectures on the Avenue Villamont. There are regular exhibitions held here, and the Vaud office of the Swiss Society of Engineers and Architects (or SIA, Avenue de Rumine 6) is a great place to learn even more.

## PAST THE CATHEDRAL AND ON TO THE OLD TOWN

The second climb, which needed more puff than the first, takes us to the Pont Bessières, on the other side of which waits the historic la Cité neighbourhood. Renovation work on the façade of the Musée historique Lausanne (MHL) ③ in Place de la Cathédrale finished last year, and the delicacy of the leafy motif against its ochre →



## **SCENIC STROLL**

wall draws the eyes of onlookers. "These leaves reflect a pattern in one of the museum's rooms that has been modernised," our guide tells us. "It's similar to a traditional technique called sgraffito, which was used to decorate walls with designs during the Renaissance." The Lausanne-based firm Brauen Wälchli Architectes, which oversaw the project, didn't stop at the building's external walls: it redesigned all the exhibition rooms, too. "The collection pieces are showcased with black walls and pools of light, whilst glimpses of the outside world offer incredible views over the city and Lake Geneva."



After a well-deserved rest in the charming Frenchstyle garden of the MHL café, we head off again towards the parliament of the Canton of Vaud 4. a hub of legislative power which burned down in 2002. Its massive roof, which towers 15 metres above us, makes quite an impact. The initial project would have had it even higher, irregularly shaped and made of tin-plated stainless steel so that it could house a high-tech energy installation! It has ended up looking like a tiled pyramid with the top cut off. Given that the roof is only supported by the base, with not a beam in sight, this is actually a considerable technical feat which has been made possible by a technique developed at EPFL. The new building, which was completed in 2017, was designed by Spanish architectural firm Bonell δ Gil, in partnership with Lausanne-based Atelier Cube. Out of the windows on the Rue Cité-Devant 13, you can see a great hall where concrete walls intermingle with the old stone of the original building. This dates back to 1803, which was when the canton of Vaud joined the Swiss Confederation.

"Alongside these stony elements, a great sculpted stairway adorns the space. It leads to the hall where representatives to the Grand Council of Vaud sit."

## LITTLE MANHATTAN

Next, we hurtle down the hill along the Avenue de l'Université before crossing through the Place de la Riponne and the Rue Haldimand to the Bel-Air Tower ⑤, Lausanne's version of a skyscraper. "It never fails to stand out to international architects passing through Lausanne," Gailing tells us effusively. It's a little bit of Manhattan in Switzerland!" The offices and apartments it houses were renovated in 2017, a project which was overseen by CCHE. Its façade was also restored to its former glory. We pass the 78-metrehigh beauty, which was designed in 1931, to continue along the Rue des Terreaux and turn left onto the Pont Chauderon.

We take the lift down at the other end of the bridge and take the footpath to the Théâtre de l'Arsenic ③. Gailing informs us that "the building was wrapped in this lacy black metallic net in 2013. It was the result of close collaboration between the City of Lausanne, the architects at Renens-based Pontl2, and the theatre team." It has an industrial style which means it blends seamlessly into its surroundings; a neighbourhood of warehouses undergoing conversion. What's more, its cafeteria is a sight to behold for neighbours and onlookers alike.

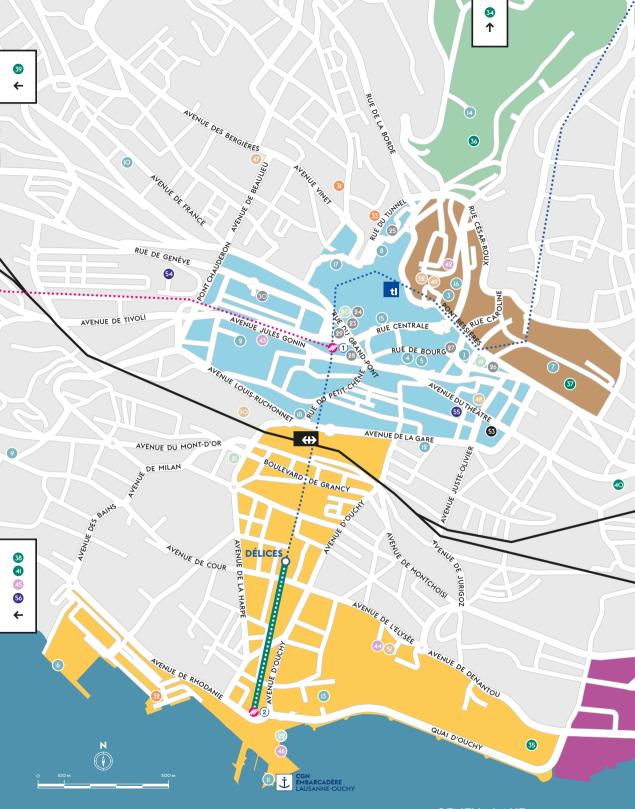


The last stage of our journey before we reach the station is the new Cantonal Museum of Fine Arts (mcb-a) , which was designed by Fabrizio Barozzi and Alberto Veiga and is set to open in October. It is a precursor to the drastic transformations which are planned for the area around the station, which a number of architects will be working on over the next few years. ■



En tant qu'assurance mutuelle suisse, nous ne vous laissons jamais seul. www.vaudoise.ch





## THE ADDRESSES IN THIS EDITION

## BARS, CAFES & RESTAURANTS

- Au Couscous
  Rue Enning 2
  IOO3 Lausanne
- 2 Brasserie de Montbenon Allée Ernest-Ansermet 3, IOO3 Lausanne
- 3 Café de l'Évêché Rue Louis-Curtat 4 1005 Lausanne
- Café des Artisans
  Rue Centrale 16
  1003 Lausanne
- 5 Eligo Restaurant Rue du Flon 8 IOO3 Lausanne
- Jetée de la Compagnie Bellerive IOO7 Lausanne
- 7 La Folie Voltaire Parc de Mon-Repos (pool side) IOO5 Lausanne
- 8 La Grenette
  Place de la Riponne IO
  IOO5 Lausanne
- L'Assise Third Place Avenue de Cour IO3 IOO7 Lausanne
- © L'Atelier (L'A-T-E-L-I-E-R) Avenue de France 39 IOO4 Lausanne
- Le Lacustre
  Quai Jean-Pascal
  Delamuraz I
  IOO6 Lausanne
- Le Mirabeau Avenue de la Gare 31 1003 Lausanne
- Le Restaurant
  Hôtel Beau-Rivage
  Chemin du Beau-Rivage 21
  1006 Lausanne
- L'Esquisse
  Route du Signal 2
  IOI8 Lausanne
- (5) Loxton Rue du Pont 22 IOO3 Lausanne
- My Sandwiches Lausanne Rue Saint-Martin 9 IOO3 Lausanne
- Racines
  Rue Neuve II
  IOO3 Lausanne
- (8) Tibits
  Place de la Gare II
  1003 Lausanne

## ARTISAN ICE CREAM

- GeA Rue Enning 8 IOO3 Lausanne
- Intrigo Rue Pichard II IOO3 Lausanne
- 2 Loom galeteria 1900 Boulevard de Grancy 45 1006 Lausanne
- Veneta Quai d'Ouchy Place du Vieux-Port IOO6 Lausanne

## NIGHTLIFE & CONCERTS

- Bar Club ABC
  Passerelle du Grand Pont
  Passerelle du Flon
  1003 Lausanne
- D! Club
  Place Centrale
  1003 Lausanne
- Place de la Riponne IO IOO5 Lausanne
- Jagger's
  Rue Etraz I
  IOO3 Lausanne
- **Le Bourg**Rue de Bourg 51
  IOO3 Lausanne
- Le Romandie
  Place de l'Europe IA
  IOO3 Lausanne
- 29 Les Arches Route de Bel-Air IOO3 Lausanne
- MAD Club
  Rue de Genève 23
  IOO3 Lausanne

#### SHOPPING

- 31 Café des Patronnes Rue du Valentin 43 1004 Lausanne
- Pêcherie d'Ouchy
  Chemin des Pêcheurs 9
  IOO7 Lausanne
- QWSTION Store
  Rue du Tunnel 7
  IOO5 Lausanne

#### **OPEN-AIR**

- Bois de Sauvabelin IOI8 Lausanne
- Parc du Denantou
  Quai d'Ouchy
  IOO7 Lausanne

- Parc de l'Hermitage
  Avenue Louis-Vulliemin
  IOI8 Lausanne
- Parc de Mon-Repos
  Avenue de Mon-Repos
  IOO5 Lausanne
- Parc Louis-Bourget
  Promenade de Vidy I
- Parc de Valency
  Route de Prilly 18
  1004 Lausanne
- Promenade Jean-Jacques Mercier Avenue du Léman 26 IOO5 I ausanne
- Vallée de la Jeunesse

## **EVENTS**

- Festival de la Cité Cité 09.07 → 14.07.19
- (3) Festival de la Terre Esplanade de Montbenon 14.06 → 16.06.19
- Nuit des images
  Avenue de l'Elysée 18
  22.06.19
- Ladies Open Lausanne
  Tennis Club du
  Stade Lausanne
  13.07 → 21.07.19

Pop in the City Through Lausanne 29.06.19

46 **Triathlon**Ouchy
29.08 → OI.09.19

Garden-Parties Various parks 19.07 → 18.08.19

Lausanne Jardins Various places 15.06 → 12.10.19

#### **MUSEUMS**

- Collection de l'Art Brut
   Avenue Bergières II
   IOO4 Lausanne
- Forum d'architectures Lausanne Avenue Villamont 4 IOO5 Lausanne
- mudac
  Place de la Cathédrale 6
  1005 Lausanne
- Musée cantonal des Beaux-Arts PLATEFORME IO Place de la Gare 16

- Musée de l'Élysée
  Avenue de l'Élysée 18
  1006 Lausanne
- Musée historique Lausanne Place de la Cathédrale 4 1005 Lausanne

## MONUMENTS & ARCHITECTURE

Société Suisse des Ingénieurs et des Architectes (SIA) Avenue de Rumine 6 IOO5 Lausanne

#### **THEATRES**

- Théâtre de l'Arsenic Rue de Genève 57 IOO4 Lausanne
- Opéra de Lausanne Av. du Thèatre 12 1002 Lausanne
- 50 Théâtre de Vidy Avenue E.-H.-Jacques-Delacroze 5 IOO7 Lausanne

#### **TRANSPORTATION**

- Gare Lausanne-CFF
  Place de la Gare
  IOO3 | ausanne
- tl Transports-publics

ml Metro

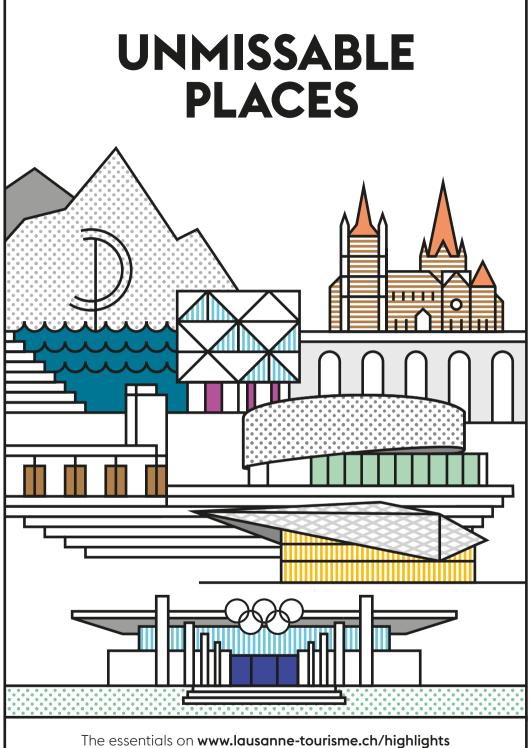


m2 Metro



## **DISTRICTS**

- TOWN CENTRE
- RÔTILLON
- FLON
- CITÉ MON-REPOS
- TRAIN STATION OUCHY
- SAUVABELIN
  - PULLY



The essentials on www.lausanne-tourisme.ch/highlights and on the blog www.my-lausanne.com "Seven spots you absolutely must see"



DISTRICTS

## CITÉ/MON-REPOS

It is around the Cité hill, sculpted by the Flon and Louve rivers, that the medieval town grew.

Its cobble-stoned pedestrian streets as well as its monuments bear witness to this. Then, as soon as you cross the Bessières Bridge, the scenery changes completely. The Caroline district possesses a shopping mall, many bars, restaurants and boutiques. A bit further to the east, the Mon-Repos Park offers a green and tranquil haven, interrupted from time to time by the twittering of birds in its aviary.

## PLACES YOU MUST VISIT



## LAUSANNE CATHEDRAL

The Cathedral, considered one of the most beautiful Gothic buildings in Switzerland, was consecrated in 1275. Don't miss the rose window, the painted portal, the 13<sup>th</sup> century choir stalls, the ancient and modern stained glass windows and the great organs. The bravest will admire the panoramic view from the belfry (entrance fee) after climbing the 224 stairs. Open tours of the Cathedral and free guided tours during the summer.



## MUSÉE HISTORIQUE LAUSANNE

Within the walls of the Old Bishop's Palace, this Lausanne historical museum – newly renovated – speaks of the town's rich past and features a famous model that offers an exceptional view of the I7<sup>th</sup> century Cité. Temporary exhibitions, inspired by the research conducted on its collections, explore the thousand years of this heritage. A novel approach to the town's history: smart multimedia!



## mudac

This space is dedicated to design and contemporary applied arts. You set off on an intense and surprising journey where antique Egyptian and Asian art stand side by side with current designers' latest creations. The museum organises encounters and themed guided tours, and regularly welcomes performing arts such as dance, music and other types of performances.

## **UNMISSABLE PLACES**



## **ESCALIERS DU MARCHÉ**

A direct but abrupt route between the Cathedral and the town centre, this wooden stairway first mentioned during the 13<sup>th</sup> century exists in its present form since the beginning of the 18<sup>th</sup> century: roofed and winding, with a very steep cobbled street running alongside. An integral part of Lausanne's popular iconography, it is lined on the west with a picturesque row of boutiques and cafés.



## **MON-REPOS PARK**

Open to the public, it's one of the most popular parks for Lausanne inhabitants of all ages, with its huge lawns, aviaries of exotic birds, playgrounds and ephemeral sculptures.

Stroll down its various alleys to catch a glimpse of an orangery as well as a neo-Gothic tower overlooking a cave and a waterfall.



DISTRICT

## **TOWN CENTRE**

This is where the city's energy is most animated both by day and night.

From ancient buildings to trendy new districts, tread the cobblestones and broad avenues to make the most of shopping amongst major brands and local designers. It's also the axis of nightlife with concert halls and an opera, plus bars and clubs that will keep you awake until the early hours of the morning.

## **PLACES YOU MUST VISIT**



## PLACE SAINT-FRANÇOIS & CHURCH

Lausanne's residents like to meet up in this central square dominated by a mediaeval church that has become a hub for music and dialogue with contemporary art in all its guises.

## RÔTILLON NEIGHBOURHOOD

In the intertwining lanes of one of Lausanne's oldest neighbourhoods that was recently renovated, works of art, a Titeuf fresco, small, original shops and bohemian cafés now attract the trendy crowds. One of the trendy new neighbourhoods in Lausanne, the Rôtillon feels like a corner of Italy in the heart of the town.





## FLON DISTRICT

It's the town's architectural success: this district of former warehouses that begins at the Place de l'Europe was rehabilitated as a living area with a wide array of restaurants, bars, clubs, boutiques, cinemas and exhibition spaces. A must is to enjoy a drink on one of the rooftop terraces.

## PLACE DE LA PALUD

A polychrome statue, symbolising justice, stands imposingly on the Renaissance fountain in the centre of this pedestrian square, where the Town Hall is also located. Opposite, tourists and children wait, every hour on the hour from 9 am to 7 pm, for the ballet of animated figures to the sound of the carillon.





## MONTBENON ESPLANADE

Making the most of one of the town's most beautiful openings on Lake Geneva and the Alps, you can lounge on the lawns in front of the District Court or enjoy a meal on a terrace. If it's raining, you might like to visit the Swiss Film Archive in the Casino de Montbenon.

## PALAIS DE RUMINE

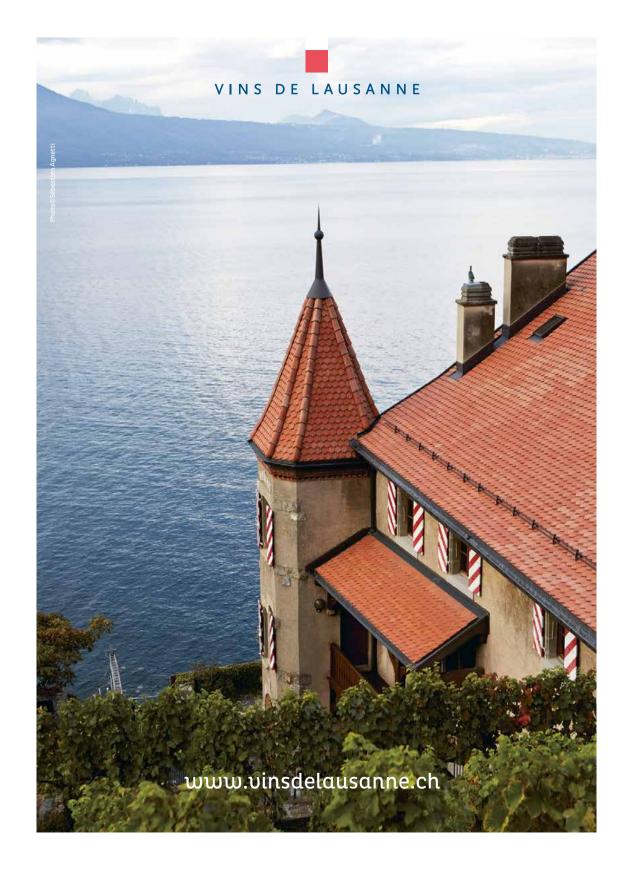
Erected at the end of the 19<sup>th</sup> century on the Place de la Riponne, this Italianate-style building houses a host of treasures in its various museums of art and science, such as the largest naturalised great white shark.





## COLLECTION DE L'ART BRUT

The town created this museum, unique in the world, in 1976 in exchange for the legacy of 5,000 works of outsider art belonging to artist Jean Dubuffet. Located opposite the Beaulieu Palace, this institution today owns over 70,000 works, 700 of which are displayed permanently, and exports its exhibitions all over the world.



DISTRICTS

## TRAIN STATION/OUCHY



The neighbourhoods located between the Ouchy quays, by the lakeside, and the Lausanne train station are perfect for a revitalising stroll.

They unveil several green oases, elegant Belle Époque dwellings bordering broad avenues and two internationally renowned museums. Since 2008, the rubber-tired m2 metro has replaced the "Ficelle" (the "String"), which was, in 1877, one of the first metropolitan railways in the world.

## PLACES YOU MUST VISIT





## CRÊT DE MONTRIOND & PLACE DE MILAN

Inagurated at the end of the I9<sup>th</sup> century, this square's vast lawns, football fields, playgrounds, fountain and shady alley draw in families in all seasons. Reach the Crêt de Montriond by a winding path to discover a 360° panorama of the Lavaux vineyards, Lake Geneva and the Alps. A little corner of paradise, the Botanical Gardens boast a stunning array of almost 4,000 alpine, medicinal, tropical and carnivorous plants (free entry).

## DENANTOU PARK

Initially privately held, until opened to the public in 1928, this park was laid out during the 19<sup>th</sup> century in the English fashion by a banker. Allow your children to caper about in the wild meadows surrounded by copses, flower bed displays and statues, or to play with the water from the pond. Since 2007, a Thai pavilion with a golden roof adorns this green area; it was given to the town by His Majesty the late King of Thailand in gratitude for the years he spent in Lausanne between 1933 and 1951.



# Vos défis, notre métier

Tissons des liens

- Conseil de direction
- Expertises
- Evaluations d'entreprises
- Conseils et services fiscaux
- Gestion fiduciaire et administration de sociétés
- Conseils et services juridiques
- Révision
- Révision de comptes des collectivités publiques
- Gestion financière et comptable
- Comptabilité et gestion des salaires







Ofisa S.A.
Siège social de Lausanne
Chemin des Charmettes 7 • Case postale 7063
CH-1002 Lausanne • Tél. +44 21 341 8111
Fax +41 213113 51 • Email faidu@Ofisa.ch
Succursales à Genève et Sion



## ÉLYSÉE MUSEUM & GARDENS

This 3O-year-old museum, one of the first to be entirely dedicated to photography, gained its international aura thanks to the quality and originality of its exhibitions in Lausanne, then exported all over the world, as well as the dozen complete collections and archives, amongst which are those of Charlie Chaplin, Nicolas Bouvier and Ella Maillart. Don't miss its new discovery space, "The Studio", dedicated to young visitors and families. The beautiful mansion, that welcomed Mme de Staël in 1807, is surrounded by a French formal garden laid out in terraces with a spectacular view of the Alps and Lake Geneva.

\*The exhibitions are temporary. Refer to the programme.

## OLYMPIC MUSEUM & PARK

Unique in the world, the Olympic Museum forms Lausanne's main cultural attraction. Each of its three levels is dedicated to a particular aspect of modern Olympism, largely featuring new interactive communication media. You may need several visits to explore everything. In any case, a pause at the Tom Café is welcome, with its terrace on the uppermost floor that offers a splendid view of Lake Geneva and the Alps. In the park, admire the collection of sculptures and test your speed on a proper running track. Strolling through the landscaped terraces, you'll reach the monument on the shores of the lake







## CRUISES ON A BELLE ÉPOQUE OR SOLAR BOAT

It's impossible to leave Lausanne without having sailed on Lake Geneva aboard one of the Compagnie Générale de Navigation's vessels. In addition to crossing the lake to the French shore, its Belle Époque fleet – the largest in the world – takes you on board for a gourmet cruise.

From May to September, you can sail closer to the coastline on board the solar-powered boats "Les Aquarels du Léman", to observe the fauna and flora in tranquility.



Située au cœur de Lausanne, la Clinique de Montchoisi fait partie des cliniques privées les plus réputées de la région lémanique. Entièrement rénovée, elle dispose de 27 lits. Près de 130 médecins agréés et 90 collaborateurs y offrent aux patients un suivi médical de tout premier ordre et une prise en charge personnalisée dans un environnement agréable.

#### SPÉCIALITÉS MÉDICALES

- Ophtalmologie
- Orthopédie et traumatologie
- ORI

- Neurologie et neurochirurgie
- Médecine interne
- Gynécologie

- Chirurgie digestive mini-invasive
- Chirurgie esthétique

La clinique dispose également d'un centre dédié à la radiologie diagnostique et interventionnelle, équipé d'installations de dernière génération.



#### SWISS MEDICAL NETWORK MEMBER

Clinique de Montchoisi · Chemin des Allinges 10 · CH-1006 Lausanne · Tel. +41 21 619 39 39 · www.montchoisi.ch



Afin de garantir à chacun un accès à des traitements ophtalmologiques de qualité, Swiss Visio a ouvert un tout nouveau centre au coeur de Lausanne, équipé d'instruments à la pointe de la technologie et d'infrastructures médicales de dernière génération. Swiss Visio Montchoisi compte un réseau de médecins hautement qualifiés, renommés au niveau national et international.

## SPÉCIALITÉS MÉDICALES

GlaucomeCataracte

- Maladies de la rétine
- Maladies de la cornée

• Chirurgie réfractive

Le centre peut également absorber toutes les urgences en ophtalmologie (baisse de vision, inflammations, douleurs oculaires, etc.).



DISTRICTS

## **VIDY/UNIVERSITIES**



The western part of Lausanne is dominated by the university campus that includes the University and the Federal Institute of Technology.

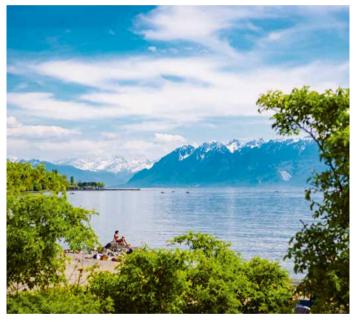
A location close to the lakeside loved by the 25,000 students who can take part in a broad array of nautical sports.

## PLACES YOU MUST VISIT



## BELLERIVE SWIMMING POOL & CRAZY GOLF

This outdoor swimming pool, open from May to September, is equipped with large pools, up to IO metre diving boards and fun paddling pools for children. Would you rather chill out? Lounge on the large lawns or on the (supervised) beach with direct access to the lake. Restaurants and refreshment stalls on the spot. Next to the pool, the Bellerive crazy golf is an invitation to playful relaxation ideal for families or friends.



## PARC LOUIS-BOURGET & PLAGE DE VIDY

Between shoreline forest and meadows, the Louis-Bourget Park is a nature reserve that hosts a bird sanctuary, a pond bordered with fireflies, a fitness trail and a large playground. It's also an ideal destination for hot summer evenings: come and use the barbecues and grills set on the lawns before enjoying a game of football or relaxing on Vidy beach! You'll also meet many walkers strolling on the pleasant path that runs along the lakeside.

## **UNMISSABLE PLACES**



## ROMAN MUSEUM & GALLO-ROMAN RUINS

The Lausanne-Vidy Roman Museum offers a presentation of the Gallo-Roman Lousonna (Lausanne), as well as various temporary exhibitions. In a bucolic setting that blends greenery, a body of water and ruins, don't miss the walk around the remains of the Lousonna vicus (village) dating from I5 BC, one of the largest in Switzerland.



## **ESPACE DES INVENTIONS**

Are your children budding scientists? The Invention Space is a place for them! Housed in a strange building with a concave roof dating from the National Exhibition, its

vocation is to arouse young people's interest in science and technique thanks to interactive and entertaining exhibitions that are regularly renewed.

## UNIVERSITY CAMPUS & ROLEX LEARNING CENTER

The university campus includes the Lausanne Federal Institute of Technology and Lausanne University, the first buildings of which were erected in the 1970s. Since then, the site has rapidly expanded and integrated buildings, the architecture of which is admired beyond Swiss borders. It's the case of the Rolex Learning Center's gentle undulations, created by the Japanese architecture firm SANAA, that serves as a place of learning, meeting and exchanges, and includes a library housing more than 500,000 volumes.





DISTRICTS

## SAUVABELIN/CHALET-À-GOBET

North of the town, vast expanses of forest, representing 40% of the municipal surface area, offer many opportunities for walks and outdoor sports activities.

At an altitude of 873 m, Le Chalet-à-Gobet is the culminating point of the Lausanne urban area, 500 m above Lake Geneva. Sauvabelin's bucolic setting, with its lake, park and tower, will delight you.

## PLACES YOU MUST VISIT



## **AQUATIS**

This innovative architectural complex, easily reached by metro, integrates the largest freshwater aquarium in Europe and the Lausanne Vivarium. Follow the discovery

trail that includes 50 tanks displaying about 20 aquatic ecosystems from across the five continents.





## "OUTPATIENT SERVICES OPEN TO PATIENTS WITH BASIC MEDICAL INSURANCE"

- Emergency centre 7/7
- Radio-oncology centre
- The largest private Radiology institute in the Vaud canton
- · Breast imaging centre
- Multidisciplinary outpatient centre
- Physiotherapy institute
- 24-hour Medical laboratories
- Medical and surgical centre for obesity





## CHALET-À-GOBET & MAUVERNAY **SPORTS CENTRE**

This village includes a hotel school, a ski slope, an equestrian centre as well as a golf course. Its sports centre offers running and mountainbike trails (chanaina showers available).





## SAUVABELIN PARK & LAKE

Created in 1888 in the heart of an oak forest. the Sauvabelin lake rapidly became a soughtafter strolling area for Lausanne people. You can rent a small boat during the summer or walk along its shores. The surrounding park is very popular with children, who discover unusual animals such as woolly pigs, grey cows, booted goats and mirror sheep.

## **#LAUSANNER**

## HERMITAGE COUNTRY ESTATE **& FOUNDATION**

In the centre of the Hermitage Estate sits an imposing mansion built around 1850 and which today houses a famous museum of paintings. In the English-style gardens populated with majestic trees, benches invite you to contemplate a unique panorama of the old town, the lake and the mountains.





## **SAUVABELIN TOWER**

This tower built of solid, local wood in a spirit of environmental respect is one of the many destinations for a hike above the town since 2003. Enjoy the 360° view from a height of 35 metres after climbing the I5I steps of its double spiral staircase. Free access.

## **AGENDA**

## LAUSANNE SURROUNDINGS

## The calendar of not-to-be-missed events

May → December 19	Lausanne à Table!	www.lausanneatable.ch
11.06 → 16.06.19	Béjart Ballet Lausanne (BBL) shows	www.bejart.ch
I5.O6 → I2.IO.I9	Lausanne Jardins 2019	www.lausannejardins.ch
2O.O6 → 23.O6.I9	EEM World Longines Masters	www.longinesmasters.com
O5.O7.I9	Athletissima	www.athletissima.ch
O9.O7 → I4.O7.I9	Festival de la Cité Lausanne, 48 <sup>th</sup> edition	www.festivalcite.ch
13.07 → 21.07.19	Ladies Open Lausanne	www.ladiesopenlausanne.ch
19.07 → 17.08.19	Les Garden-Parties of Lausanne	www.gardenpartieslausanne.ch
23.O8 → 24.O8.I9	3x3 Lausanne Masters	www.fiba.com/3x3worldtour
29.O8 → OI.O9.I9	ITU World Triathlon Grand Final	www.trilausanne.ch
O6.O9 → O8.O9.I9	Equissima Lausanne, 23 <sup>rd</sup> edition	www.equissima.ch
08.09.19	The Color Run, 5 <sup>th</sup> edition	www.thecolorrun.ch
12.O9 → 16.O9.19	BDFIL - Lausanne Comic Strip Festival	www.bdfil.ch
21.09.19	Lausanne δ Pully Museums Night	www.lanuitdesmusees.ch
24.O9 → O9.IO.I9	Knie Circus	www.knie.ch
I6.IO → 2O.IO.I9	Lausanne Underground Film & Music Festival	www.luff.ch
27.10.19	Lausanne Marathon, 27 <sup>th</sup> edition	www.lausanne-marathon.com
3O.IO → O3.II.I9	JazzOnze+ Festival Lausanne, 32 <sup>nd</sup> edition	www.jazzonzeplus.ch
2O.II → 3I.I2.I9	Bô Noël Lausanne – Christmas Markets	www.bo-noel.ch
2O.II → 3I.I2.I9	Festival Lausanne Lumières	www.festivallausannelumieres.ch

www.lausanne-tourisme.ch/big-events

Non-exhaustive list; dates are subject to change



### *ELAUSANNER*



May → December 19 **LAUSANNE**À TABLE!
www.lausanneatable.ch



I5.O6 → I2.IO.I9

LAUSANNE

JARDINS 2019

www.lausannejardins.ch



O9.O7 → I4.O7.I9

FESTIVAL DE LA CITÉ

LAUSANNE

www.festivalcite.ch



I3.07 → 2I.07.I9

LADIES OPEN

LAUSANNE

www.ladiesopenlausanne.ch



29.08 → 01.09.19
ITU WORLD TRIATHLON
GRAND FINAL
www.trilausanne.ch



2O.II → 31.12.19 **BÔ NOËL – LAUSANNE LUMIÈRES** www.bo-noel.ch www.festivallausannelumieres.ch



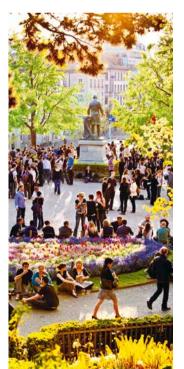


### LAUSANNE CAPITALE OLYMPIQUE

# (RE)DISCOVER THE ADDRESSES OF LAUSANNE TOURISME

### **TOURIST INFORMATION**

Three Tourist Office information and welcome centres are at your service at the CFF train station, the Cathedral and by the lakeside at the m2 metro "Ouchy-Olympique" station. You will find a host of services at your disposal there – public transport passes, maps, recommended routes and excursions from Lausanne, various brochures, lists of hotels, help and emergency services, etc. – as well as culture and leisure news.



### PUBLIC INFORMATION

### LAUSANNE TRAIN STATION

Pl. de la Gare 9 CFF train station main hall September to May: every day: 9 am → 6 pm June to August: every day: 9 am → 7 pm

### METRO STATION "OUCHY-OLYMPIQUE"

September to May: every day: 9 am → 6 pm June to August: every day: 9 am → 7 pm

### LAUSANNE CATHEDRAL

LAUSANNE CALIFIERAL
April, May and September:
Monday to Saturday:
9.30 am  $\rightarrow$  1 pm/9 pm  $\rightarrow$  6.30 pm;
Sunday: 1 pm  $\rightarrow$  5.30 pm
June, July and August:
Monday to Saturday: 9.30 am  $\rightarrow$  6.30 pm;
Sunday: 1 pm  $\rightarrow$  5.30 pm
October to March:
Monday to Saturday:
9.30 am  $\rightarrow$  1 pm/2 pm  $\rightarrow$  5 pm;
Sunday: 2 pm  $\rightarrow$  5 pm
www.lausanne-tourisme.ch/tourism-



### LAUSANNE CONVENTION BUREAU

Av. de Rhodanie 2 Case postale 975 CH-1001 Lausanne **2 +41 21 613 73 73** 

www.lausanne-tourisme.ch/en/info@lausanne-tourisme.ch



### TOWN OF LAUSANNE - INFO CITÉ

Information point for the town of Lausanne, the "info cité" office's mission is to inform, orient and guide Lausanne people and passing guests. Place de la Palud 2 IOO2 Lausanne

Monday to Friday: 8 am → 5 pm 8 +41 21 315 25 55

www.lausanne.ch/infocite infocite@lausanne.ch



### GENERAL INFORMATION

### LAUSANNE IN SHORT

Lausanne benefits from a privileged location in the heart of Europe. It is easily reached by train, car or boat. If you fly in, you can choose between Geneva International Airport (40 minutes away) and Zurich Airport (2 hours 30 minutes away).

# LAUSANNE, CAPITAL OF THE CANTON OF VAUD AND FOURTHLARGEST TOWN IN SWITZERLAND

Lausanne sparkles with energy, by its capacity to innovate and the diversity its tourism offers. It hosts the headquarters of several multinational companies, renowned universities and research centres, dozens of international sports federations and many cultural institutions.

### **POPULATION**

Town of Lausanne 145,000 inhabitants
Urban area 400,000 inhabitants
Vaud Canton 800,000 inhabitants

### **LANGUAGE**

Official language French

### **GEOGRAPHY**

Latitude 46°32' N Longitude O6°40' E

### ALTITUDE

372 m by the lakeside 495 m in the town centre 852 m north of the town

### **LOCAL TIME ZONE**

GMT+1 (summer time +1 = March to

October)

### CLIMATE

Average annual temperature 14°C Average summer temperature 24°C

Due to the city's wide altitude range (500 m), the climate changes according to the district as a 1°C temperature disparity is recorded for every 100 m. For example, in winter it is quite common for the upper part of the city to be snowbound for many weeks.

# faire une craquée d'achats



Parking de 1'190 places. Pour vos achats au centre-ville.

www.parking-riponne.ch

Parking Riponne



### PRACTICAL LAUSANNE

Here are useful contact details to keep at hand and make your stay easier. You have access to all the necessary information at our three information offices spread across the town.

### EMERGENCY PHONE NUMBERS

- 2 112 International number for emergency calls
- 2 117 Police (crimes and theft, emergencies only)
- 118 Fire brigade
- 8 140 Roadside assistance service
- **144** Ambulance

### **USEFUL PHONE NUMBERS**

- \*+41 21 314 11 11 CHUV (Centre Hospitalier Universitaire Vaudois)
- +41 848 133 133 Centre for on-call doctors
- **1811** Directory enquiry services
- **162** Swiss weather forecast
- 2 163 Road traffic information

### LOST PROPERTY OFFICE LAUSANNE POLICE STATION

Pl. de la Riponne 10 **2 +41 21 315 33 85** 

Monday to Friday:  $1 \text{ pm} \rightarrow 4 \text{ pm}$ 

www.lausanne.ch/en

### **USEFUL MOBILE APPLICATIONS**

Find here the applications that are useful for your stay in Lausanne. Calendar, hotels, self-service bike rentals, public transport and much more!

### MORE INFORMATION AT:

www.lausanne-tourisme.ch/mobile-apps



### CURRENCY

Swiss franc (CHF)
1 euro = 1.15 Swiss Franc (indicative rate)

### **EXCHANGE OFFICE**

Lausanne train station Monday to Friday (except Thursday): 8 am  $\rightarrow$  6.30 pm; Thursday: 8 am  $\rightarrow$  8.30 pm; Saturday: 9 am  $\rightarrow$  6 pm; Sunday: 9 am  $\rightarrow$  1.20 pm

### POST OFFICES

### IN THE TOWN CENTRE

Pl. Saint-François 15

**8 +41 848 888 888** 

Monday to Friday: 7.30 am → 6.30 pm; Saturday: 8 am → 11.30 am

### AT THE TRAIN STATION

Pl. de la Gare 1/Av. de la Gare 43 bis

**8 +41 848 888 888** 

Monday to Friday:  $8 \text{ am} \rightarrow 8 \text{ pm}$ ; Saturday:  $8 \text{ am} \rightarrow 4 \text{ pm}$ ; Sunday:  $4 \text{ pm} \rightarrow 7 \text{ pm}$ 

www.poste.ch/en

### **ULTRA-CONNECTED LAUSANNE**

The town is constantly developing hotspots providing free internet access. Currently, IO WiFi hubs are available in the town's main squares: Flon, Palud, Riponne, Gare, Saint-François, Montbenon, Navigation, Port, Service des automobiles (Vehicles Service), Blécherette Airport.

### MORE INFORMATION AT:

www.lausanne-tourisme.ch/good-to-know



### LAUSANNE, AT THE HEART OF THE LAKE GENEVA REGION

Situated in the heart of Europe, the Olympic Capital is also the ideal departure point for exploring the charming lake, mountains, countryside, vineyards and forests of the surrounding area.

### **MOVE IN LAUSANNE**

You can reach Lausanne across land, air or even water. This model town for sustainable development possesses a network of public transport that makes it ideal to set off from and explore.



### PUBLIC TRANSPORT IN THE LAUSANNE REGION

The "tl\_live" application lets you purchase your ticket, look up itineraries and real-time schedules (in French only).

### HALDIMAND POINT OF SALE

Rue Haldimand 3

+41 21 621 O1 11 (price of a local call)

Monday to Friday:  $7.30 \text{ am} \rightarrow 7 \text{ pm}$ ; Saturday:  $8 \text{ am} \rightarrow 5 \text{ pm}$ 

### FLON CUSTOMER CENTRE

Pl. de l'Europe 5b

# +41 21 621 O1 11

Monday to Friday: 7 am → 7 pm; Saturday: 9 am → 6 pm www.t-l.ch/en



### "GRAND LAUSANNE" MOBILIS DAY PASS

Full fare: CHF 9.30; reduced fare: CHF 6.90.
This pass entitles you to whole-day-use of all the public transport companies belonging to the Vaud tariff community present in the Grand Lausanne perimeter (i.e. Lausanne and its immediate surroundings).
Available from ticket dispensers or points of sale. For more information, see:

www.mobilis-vaud.ch

### A CARD THAT OFFERS YOU TRANSPORT AND DISCOUNTS!



Don't forget to ask the establishment providing your lodging for your personal Lausanne Transport Card & More (LTC)! You can use public transport (bus, train, metro) as you please during your whole stay (maximum 15 days) in Lausanne and its surroundings. But that's not all! Thanks to our partners, you benefit from exceptional discounts and advantages from many museums, shops and other leisure activity providers.

### MORE INFORMATION AT:

www.lausanne-tourisme.ch/ltc



### **USEFUL INFORMATION**

### CHEMINS DE FER FÉDÉRAUX (CFF)

Consulting the timetables for national or international connections from or to Lausanne, preparing your trip and buying tickets to travel in Switzerland becomes child's play with "Mobile CFF" application.

CFF information - Passenger service:

Pl. de la Gare 5a

🖀 **+41 848 44 66 88** (within Switzerland)

2 +41 51 220 11 11 (calling from abroad)

www.sbb.ch/en

Second in Switzerland after Zurich, Geneva Airport is a 45-minute train ride from Lausanne (five trains every hour). It benefits from a network serving I42 direct destinations, 23 of which are intercontinental. Rte. de l'Aéroport 21,

Grand-Saconnex

8 +41 900 57 I5 OO

(information about departures and arrivals)

**GENEVA INTERNATIONAL AIRPORT** 

www.gva.ch/en

### COMPAGNIE GÉNÉRALE DE NAVIGATION (CGN)

From the simple lake crossing to go to France to a gourmet cruise on a Belle Époque paddle-wheel vessel, every experience on the Lake Geneva waters becomes an unforgettable memory.

Av. de Rhadanie 17

**8 +41 900 929 929** 

www.cgn.ch/en

### LA BLÉCHERETTE LAUSANNE AIRPORT

This aeronautical facility – that celebrated its hundredth year in 2016 – is located nearby Lausanne's town centre. First flights and air-taxis.

Av. du Grey II7

**8** +41 21 646 15 51

www.lausanne-airport.ch

### **LEB RAILWAY**

Would you like to spend a day in the countryside? Embark on the Lausanne – Echallens – Bercher train that departs from the Flon. Bikes and pushchairs are welcome on board.

Gare Lausanne-Chauderon

8 +41 21 621 OI II

www.leb.ch

### **PUBLIBIKE - SELF-SERVICE BIKE RENTALS**

You will find all the information on the offers and the networks to Lausanne-Morges on the PubliBike site.

848 O9 O8 O7

www.publibike.ch/en/publibike

www.lausanne-tourisme.ch/getting-around



### FIND ACCOMMODATION IN LAUSANNE

Would you like to stay at a centrally located, low-priced establishment after enjoying Lausanne's nightlife, or do you dream of spending the night in a 5-star hotel overlooking the lake? Do you need a comfortable room near the EPFL congress centre? How about a hotel with seminar rooms and high-tech facilities? Or do you imagine a romantic weekend in a boutique hotel? With more than 7,000 beds from 1- to 5-star superior spread over 60 or so establishments, the city of Lausanne allows all its guests to be put up in the best conditions, whether they are here on business or for leisure.

### MORE INFORMATION AT:

www.lausanne-tourisme.ch/hotels (for hotel bookings)



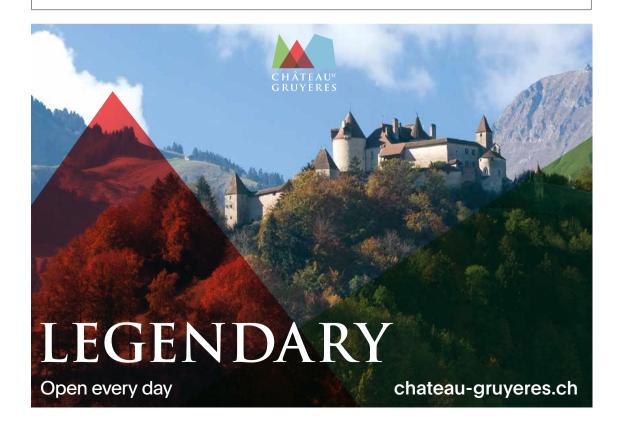


DISCOVER A 360 DEGREES PANORAMIC VIEW OVER LAUSANNE, LAKE GENEVA AND THE ALPS

Reopening on May 1st 2019

Royal Savoy Hotel & Spa Lausanne Avenue d'Ouchy 40 1006 Lausanne T. +41 (0)21 614 88 88, info@royalsavoy.ch www.royalsavoy.ch







### **SWEET LAUSANNE**

Discover the magic of the city and its secrets accompanied by a certified guide. Explore all the subtleties of Lausanne: its centre, its antique and modern architecture, its picturesque spots and its famous trendy district. As a finale and to make this experience unforgettable, a tasty surprise will be waiting for you. Yummy!

www.lausanne-tourisme.ch/activities

### TASTE MY SWISS CITY LAUSANNE

A journey of culinary discovery. The starter, the main course and the dessert are served in 3 different locations in the heart of the city, all recommended by local experts. Choose your culinary experience and indulge your senses!

www.lausanne-tourisme.ch/activities

### A TRAVEL JOURNAL FOR YOUR FAMILY VISIT TO LAUSANNE

To entertain your children while you visit the town, Lausanne Tourisme offers them a Travel Journal packed with fun and creative activities, together with colour pencils, a pencil sharpener, an eraser and a tube of glue, all in a very light pouch.

Come and pick up a Travel Journal for each of your children aged five to IO in one of our tourist information offices, making sure you bring your LTC.

www.lausanne-tourisme.ch/ltc



TAKE ADVANTAGE OF OUR SPECIAL PACKAGES AND GOOD IDEAS AT:

www.lausanne-tourisme.ch/activities





Information offices:
Ouchy, Train station, Cathedral
## +41 21 613 73 73
info@lausanne-tourisme.ch

### ACTIVITIES FOR THOSE ON TIGHT BUDGETS

A leisure offer accessible to all

TO ENSURE THAT ITS RANGE OF RECREATIONAL ACTIVITIES REMAINS ACCESSIBLE TO ALL, THE CITY OF LAUSANNE PUTS ON VARIOUS ACTIVITIES FOR THOSE ON A MODEST BUDGET. HERE ARE A FEW EXAMPLES OF OUTINGS TO BE ENJOYED AS A FAMILY OR AMONG FRIENDS:

### **FREE OF CHARGE**

- · Vidy Bowl for skaters
- Concert at Saint-François church every Saturday at 5 pm
- Hundreds of multi-coloured birds at the Mon-Repos Park aviary
- Free entry to most museums on the first Saturday of the month
- Midday concert every Wednesday from October to March at the Haute École de Musique de Lausanne
- · Mountain biking at Chalet-à-Gobet
- · Climbing the Sauvabelin Tower

### BETWEEN CHF O AND CHF 8.50

- AquaSplash with 5 giant flumes, Renens (between CHF 4 and CHF 8)
- Climbing the Cathedral tower (from CHF I to CHF 5)
- Vidy bowling alley (between CHF 4.5O and CHF 7.5O per person)
- Flon bowling alley (between CHF 5 and CHF 8.5O per person)
- Bellerive minigolf (free up to age 4, CHF 6 until age 16, then CHF 8)
- Vidy miniature train (CHF 3 per journey)





### **MORE INFO:**

www.my-lausanne.com/en/visiting-lausanne-small-budget-tips-pointers



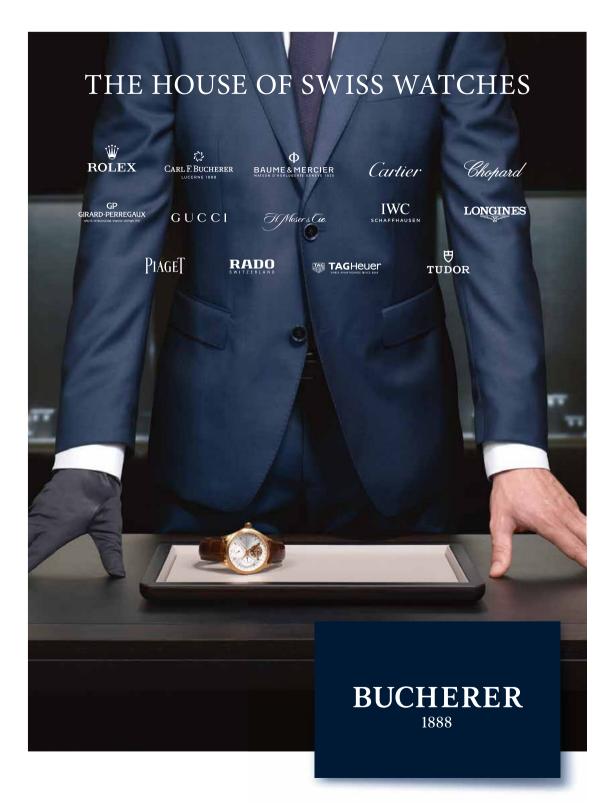
## THE CITY IN TOWN

flon.ch f



QUARTIER DU FLON

LAUSANNE - SWITZERLAND



WATCHES JEWELLERY GEMS

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